

SAMARPAN

OCT 2015







Editorial

By: Sabina Bablani

Here we meet again and bring to you yet another edition of your Samarpan Magazine. I have been associated with Samarpan and the forum for almost last 6 Years now and have read all the editions of this magazine, including the book.

The purpose of bringing this magazine to all readers has not changed since, which is to share with you all real life experiences of Baba's devotees. By reading these experiences we feel greater connection with Baba and our Faith in Him grows deeper and deeper.

If you have realized the essence of each one of these experiences is the same, to have complete Faith in Him and Surrender to Him. He is there with us always but we feel His presence the most when we are caught in difficult situations and don't know the way out. That's when He comes as a saviour, gives us the protective shield to ward off all the dangers and mis-happenings. Other times He responds to our love and devotion to show that He is looking at us and to make us believe that He resides in Bhakti that is, where true love and devotion is. Baba does not require any paraphernalia. He only looks at our bhaav or feelings towards Him. As Baba has said in Sai Satcharitra I'm bhakta Paradheen. Baba is omnipresent, He is in everything, He fills this universe, He is present in each living and non-living thing. He has no gross body, mind, intellect or sense organs. He has no beginning nor an end as He is the ancient seer.

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He always remain like our Atma / Soul which never dies. In numerous experiences He has taught us that in this lifetime the sufferings or hardships that we face is due to our own deeds in our past life or several lives and it's better to face these smilingly and pay the price so that we are done and over with it. This is well explained by the story of Dr Pilley in chapter 34 of Sai Satcharitra where Baba explains the remedy to Dr Pilley who was suffering in excruciating pain. Baba says "True remedy is that the result of past actions has to be suffered and got over. Our karma is the cause of our happiness and our sorrow therefore, put up with whatever comes to you. God is the sole Dispenser and Protector, think of Him always. He will take care of you. Surrender to Him with body, mind and speech and then see what He does."

Dear readers we thank you all for sharing your experiences and please continue to write and talk about these as we all need the strength, awareness and have to learn and master this art of ' Complete Surrender - SAMARPAN'. OM SAI RAM



SAI BABA-My Savior

By: Pooja Nagpal

I have come across many devotees of Sai Baba since my studies in my job but I never thought that one day Baba would choose me to serve Him. It was in the year 2005 when one of my friends gave me the Sai Satcharitra and after reading this I found myself inclined to Baba's feet automatically. Since then I have been devoted to Baba.

I have been working in an engineering college for the past 12 years and all through this tenure, I have never come across any big problem by the grace of Baba. In 2014 some people filed a complaint to senior management targeting a few people and unfortunately I was one of them, for no reason. I was totally shattered. I thought my 12 years of hard work, doing my job



with honesty and dignity was all in vain. I kept on requesting Sai Baba to get me out of this. While I was going through this turbulence, I do not know from where I got a Samarpan subscription in my mailbox and hence I decided to write an article in the Samarpan magazine after I successfully got out of this problem. So here I am now sharing my experience as it was only by Baba's grace that every inquiry went well and I was not even once called to clarify anything. It is not me but Baba who has guided me to write this article.

Sai Baba is savior to all His children. We, as His children make mistakes but He is always there to protect and guide us. Baba please forgive us for our sins and mistakes. We should all seek for only aastha at His lotus feet.

May Baba bless all.



Better to face life than run away from it

By: Rajiv Kaicker

At some stage in our lives, we encounter problems which can shake our confidence and we are unable to visualise any solutions to overcome them. It seems like a vicious circle and we are driven to a point of running away from the scenario of our lives. However, we are under an illusion that running away shall bring an end to our troubles.

In fact running away from our problems is a race we can never win, so one should just face them head on, and overcome them. Our problems will always catch up and we'll have to face them anyhow. Therefore, the more prudent course of action is to face them from the onset. This allows us to be at our strongest, and they at their weakest. We run away because of what we fear might happen. Yet we allow our fear to rule us, and make the decisions for us. That's not good.

Most often, the harsh realities we know are present within ourselves. The fear of facing our own fears leads to a vicious cycle of self-defeating behaviors. Rather than looking within, we focus on the outside world and the external factors that we can blame on for things going wrong, but when it comes to introspection and looking into ourselves, we want to run away and continue to run without looking back.

Avoidance of searching within for the answers to challenges and errors in our life can be a great stress accumulator, leading to compounded problems that become even more difficult to overcome the longer we run. Learning how to stop running away from ourselves can make all the difference between a life that speeds along without us or a more contented life that has us in greater control.

We need to stop and reflect. At the level of your subconscious, these issues will soon crop up to be met with again and again, interfering with our regular level of functioning until we finally face them.

The correct course of action is to acknowledge the problem or patterns of problematic behavior. Introspection and looking into the weaker side of our personas takes great strength because you have to face things about ourselves that we either dislike or don't truly understand that well. However, to explore our own weaknesses sets us up to develop good character.



Life brings both its ups and downs and sometimes going nowhere, transitioning and starting all over again are the normal parts of being human; if we measure our worth only by what is gained in life, we will be knocked over whenever there is loss and lack of achievement.

It is imperative to work through our negative thoughts with greater concentration and improving our levels of self-confidence. If we take something in our stride, we deal with it even though it is difficult or unpleasant without letting it bother or upset us.



From the spiritual point of view, when we sow a seed of Karma and whenever it yields the result and become the fruit, whether it is sweet or bitter, rest assured that we alone will have to eat it, whether we like it or not, and no one else will be able to eat it on our behalf. Sai Baba guides us by telling us that whatever work we are doing and in whatever capacity we are doing it, we should keep in mind, that it is an act of God, done for the sake of God, and dedicated to God, and whatever the results, are gladly acceptable to us. By feeling thus, we will not be bound by the cause and effect of the Karmic Law.

In Chapter 26 of Sai Satcharitra, we come across the tale Mr. Gopal Narayan Ambadekar of Poona, a devotee of Baba who was overtaken by other calamities and his condition grew from bad to worse. His story from Sai satcharitra is as follows:

~ 7 ~

In 1916 his (Mr. Gopal Narayan Ambadekar's) plight became worse and he decided to commit suicide in Shirdi. However, when he was about to end his life, Mr. Sagun, a devotee of Baba, came and accosted him to read Akkalkotkar Maharaja's life. Ambadekar took that book from Sagun, began to read it and providentially he came across a story which narrated the plight of a certain devotee of Maharaj who suffered very much from an incurable disease and when he could not endure the agony and pain any longer, he became desperate and decided to end his life to get rid of his miseries. However, the Maharaj came there, saved him and advised him thus - "You must enjoy the fruit - good or bad - of your past actions and finish up your store of the fruit of your past deeds and be done with it once and for all." Ambadekar learnt the secret of life and he became a staunch devotee of Sai Baba. With Baba's blessings, his prospects began to improve and passed his after-life in ease and comfort.

Therefore, we have to face life as it comes and bear all the trials and tribulations with courage and fortitude. We pray to our Sadguru Shirdi Sai to bless us with the strength and succor to traverse the path of life with equanimity and not be perturbed by unforeseen and difficult situations.



Lord God, Sai Baba - The Divinity

By: Kumar Sujan

Straight forward, nothing dramatic from me. From one who has seen GOD for the benefit of those, yet to understand. Since 2005, I have been visiting Shirdi, in the beginning only occasionally, then, since 2008, almost every month. It's been my great fortune that I have got these opportunities.

At first, I did believe that Sai Baba is a great saint. But over the last four years I have fully understood and believed that Sai Baba is actually GOD who manifested here on earth as a mortal to transform his devotees into spiritual souls, redeemed for ever, as the lucky ones to have been granted permanent abode at His feet.

God has indeed come down to live amongst His mortals at various times- as Ram, Christ, Krishna, the Prophet Mohammad... But the simple difference is that when Sai Baba came, we had photography invented too, and we have now some rare original photos taken of Him. That makes us truly fortunate.

We now have at least one face of God, as he came to live amongst us for perhaps 80 years.



I won't repeat all that has been so correctly stated about the SAI SAT CHARITA, that it is His dictates and words and a chronicle of much that happened near Him during the last 10 years or so of his earthly life, before His Maha Samadhi. All that is the absolute truth. But what is important- is the lessons we take away from all that is written and known. Now, how does a simple mortal like me write about so important, profound an occurrence on planet earth?

There is not one single report of anything that concerns Sai Baba's utterances, acts, gestures, during His entire sojourn on earth that is even remotely short of absolute perfection. That is something that needs to be understood and then you don't have to look beyond yourself to find your GOD. He is there for you, caring for you, protecting you, guiding you and taking you under his umbrella. You are saved- from all that is unreal, illusory and irrelevant.

It is not easy but attainable if you single mindedly strive to beseech Him, Pray for His mercy and guidance and do His bidding, all very clearly laid down in the SAI SAT CHARITA, in His own precious words.

His leelas of times, till the present i.e. to date, are numerous and make us realize the stuff miracles are made of. Miracles, because such occurrences are impossible without His Grace, Blessings or Intervention, if you like. No one has ever been the same, once touched by His manifestations. Are we really so lucky? YES.

I have personally been granted his leelas on several occasions. Have been saved from devastating situations and then humbled by His kindness, His ever present blessings and protection. All of them can be ordinarily UNBELIEVABLE. But I won't call them that. That would be a great disservice to ONE SO LOVING AND EVER PRESENT AS THE LORD GOD- SAI BABA.

Sai Baba often sat here in this room, at the estate of Seth Khushalchand, his loving devotee, whom He loved so much at this very spot on the right, at Rahata, near Shirdi, whenever He visited him. This room is preserved, just as it was 150 years ago. Not many know about it.

I could write a book on all that He means to me. But this is a brief narrative and I will keep it brief.

A year ago, I was involved in a blatantly false legal suit against me, with clear signs of going very wrong for me. I prayed and prayed. Then, as the time for judgement drew near, I prayed desperately to Sai Baba, wondering whether justice could be done and a court order of the kind I 'imagined' could possibly result. I had imagined words that are normally just not seen in legal judgements. A month later, my lawyer sent me a copy of the order. The words and the language were EXACTLY as I had imagined, as though the Lord Sai Baba had dictated it to the judge!

Simply say "Sai" "Sai" with heart overflowing. I care not for show of respect and forms, I rest in such devotees - Baba's own words.



How can we gain the grace of Shirdi Sai Baba?

By: Shruti Gopal

How many of us, at some point in our lives, have asked “Has Baba forgotten me?” “Where is My God?” These have definitely been my thoughts. But then I remembered the wise words of Albus Dumbledore, who said, “Happiness can be found even in the darkest of times, if one only remembers to turn on the light”. It is true that if we are more proactive in the spiritual realm, we can get through our hard times more easily. I believe that we need to put in some self-effort to gain Sai Baba’s grace. His grace then forms a protective bubble around us through our difficult times.



Think of this scenario. We are coasting on the sea in a boat when suddenly a storm hits the sea and overturns the boat. Now if we have made some effort beforehand to learn to swim, then we would be more likely to withstand the effects of the storm. We all know that life is not smooth sailing, but a series of peaks and lows. However, if we make a small effort beyond the daily hustle and bustle and take some steps towards our Lord Sai Baba, we would be less likely to get lost or disorientated during the difficult times.

We have all heard the story of ‘Footprints in the sand’, where a man dreams of himself on a beach. During his comfortable times there are two sets of footprints in the sand, but during his difficult times there is only one set of footprints. Then God explains that it is during the bad times that God carries him in His arms. This is how Sai Baba’s grace is. Calming and reassuring. It can even protect us from the consequences of our karma, so that we do not feel the pain. We take one tiny step towards Him and He stretches His whole Self to hug us. But we have to make some sort of effort to gain His grace. This is fine, but what practical steps can we take to win His grace? I have described the two that I believe are most important.



Firstly, Sai Baba says, “Look at me whole-heartedly and I, in turn, look at you”. He does not ask us to do difficult sadhanas, but simply says that we should need Him from the heart. Well, it cannot be any easier! All we have to do is turn to His beautiful form, His famous pose with right leg on left knee and we become bedazzled. His calming radiance penetrates through us and we are drawn to Him that we never want to let go. It is this kind of yearning, this craving and this pining for Him that pleases Him. Let us be like the Gopikas of Vrindavan who had never-ending devotion for Krishna. Let us do our daily mundane tasks only to please Baba and with Him in our thoughts. Baba says “Simply say ‘Sai Sai’ with heart overflowing. I care not for show of respect and forms. I rest in such devotees”.

Secondly, Sai Baba says, “Cast all your burdens on Me and I shall surely bear them”. By this He means He wants us to completely surrender to Him. We should trust in His Master-plan, as He can see the helicopter view of our lives, which even we cannot. His timing is always perfect. On the surface, we may feel we are suffering, but looking deeper it may be a blessing in disguise. It may be only with hind-sight, later on, that we realise this. So, let us leave the fruits of our actions to Baba and accept what He gives us, knowing that He knows what is best for us at that time.

Sometimes He seems to be moving away from us, but that is the time that He is drawing us closer. For it is distance that makes the heart grow fonder. So let us have that intense devotion for Him and surrender to Him. When we yearn for Him and when we let go of our worries, then Sai Baba Himself comes and steers our boat!

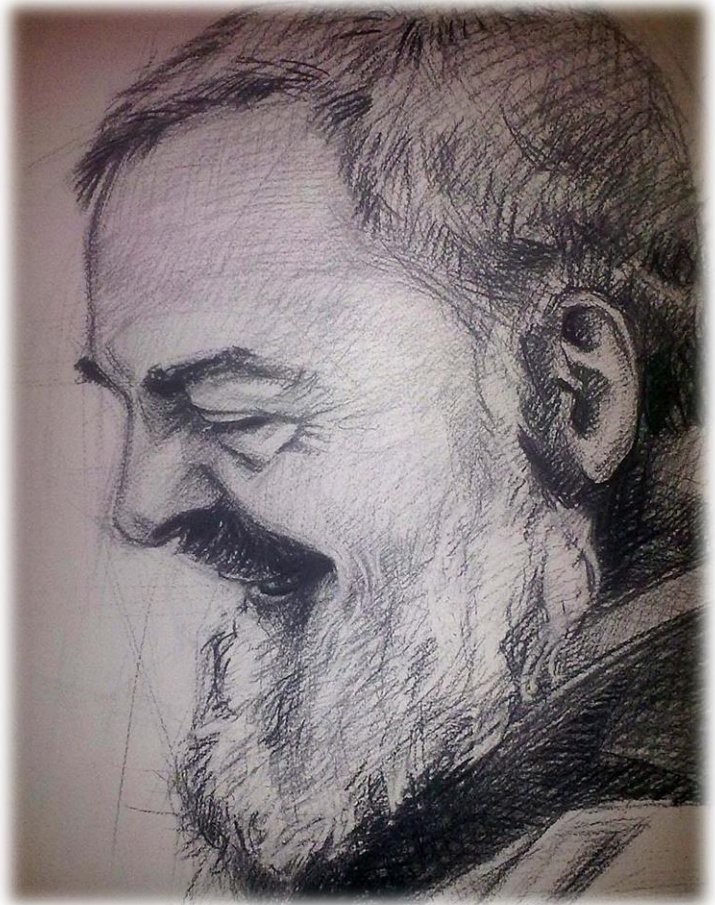


Padre Pio

By: Lorraine Walshe-Ryan

This morning upon arising, I uttered the name Padre Pio aloud, startling myself somewhat, as I usually utter the name Shirdi Sai on waking. The image of Padre Pio kept following me for most of the morning, especially when I went to the PC to yet again try and forward some editing that I had done for the Samarpan team. The editing was not going through yesterday, I was getting very addled and upset, prior to once again trying to forward the editing this morning, I bent my head in prayer and said "Padre Pio please help me to get this editing through to Ashok today". The editing then went through without any hitches as an attachment.

I then kept getting visions of Padre Pio, as Thursday is HIS day too. Perhaps I should explain here that I have always likened Shirdi Sai Baba and Padre Pio as having similar personalities and even looking very much alike, and I have also been passionate about Papa Pio from my childhood days, I still prayer to Padre Pio. My mother would correspond with Papa Pio (as I lovingly refer to Him) and upon my mother's demise, three years ago - the day prior to her leaving her mortal coil, I approached my mother in her hospital room and asked for her blessings and in return I asked if I could bless her one more time in the name of my God, Shirdi Sai Baba. The Catholic priest in attendance, had just finished giving my mother the "last rites", after he left the room I said to my mother "I ask for your forgiveness of me and may I bless you in the name of Shirdi Sai Baba". My mother never acknowledged (when she was well) my belief in Shirdi Sai Baba, neither do any of my other Baba to any of them. My mother,



family members. And I do not mention turned to me in her dying moment and



uttered "Shirdi Baba and Papa Pio are all under the same umbrella, no need to forgive you my beloved daughter, you are a very good girl". At that moment I could have died. My mother passed away that night.

Coming back to today, Padre Pio kept coming into my mind again and again, so I googled Saint Pio - there it was, yesterday was the feast day of this great and humble saint. I immediately decided to utter the name of Padre Pio for the rest of today and into the night, which I am now doing. I opened up to read a page of the Sai Satcharita page 105 (the old red book version) Encouraging Good Thoughts to Fruition - where Hemadpant uttered the Rama Nama with Baba's grace, here was Baba affirming to me it was the right thing to utter today Papa Pio, perhaps it was also a timely reminder from my mother.



My Sai

By: Shantha

You, my Sai, are so close,
yet so far.
Some say, to see You, just
look at a Star.
You, my Sai, are very
simple.
Whenever, I walk into
your temple;
You, my Sai, look straight
at me, from above the
bee-line of devotees.
With all the heaps of
flowers and garlands that
are brought to you;
You, my Sai, adorn
Yourself with just that one
garland I offer.
Even amidst the crowd
that throngs for Your
Darshan;
You, my Sai, give me a
garland to show me I am special.
To show that You joyfully accept what i give You,
You, my Sai, pour honey in Your Holy bath!
Sorry, my Sai, yet I fail in treading Your path.
When I am deep in distress;
You, my Sai, reach me through SMS !!!
The love that You display chokes my throat with joy;
Yet I am not content, because I want you more, my Sai.
You smile, my Sai, when I call you by pet names
My Love for You, is true my Sai.



Shlokas on Sai Baba

By: TR. Madhavan

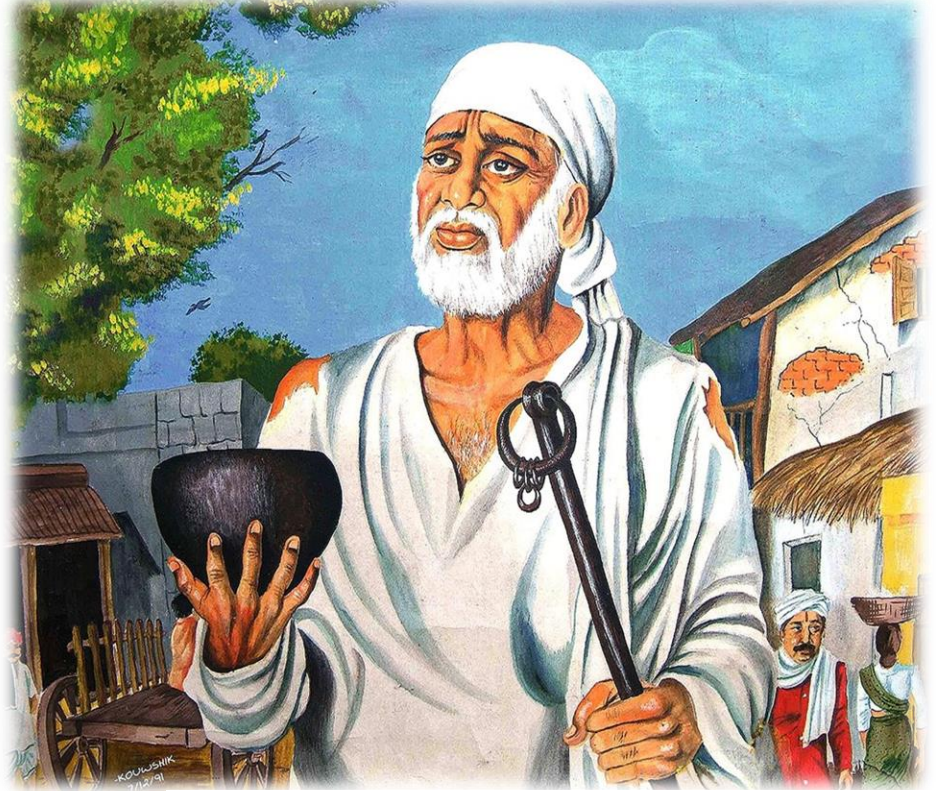
1. ओम श्री शिरडि भगवते
भक्तजन पिरायाय,
शानताय शक्तिपरुशाय साई
परमात्मने।

ओम योगक्षेम गरुडापार
पुसानी,
सूलभाय दुलभाय असहाय
सहाय।

ओम नमो भगवते शिरडि
सिद्धेशवरय,
शरणागत वढसलाय ओम
गूरुदेवाय।

शिरडि अक्षय रूपाय सकल
देवत संगमाय,
सत्य सिद्धसंकलपाय श्री
साई महाराजे स्वाहा।

2. ओम शानतम शूशीलम, दयालू हिरुदयम,
तेजसवि मुखम, श्री शिरडि साई नातम।
गूरुदेवम शरणागतम, मिरुतयूर मिरुत्यम,
श्री साई कमल चरणम।



PS: the painting is drawn by Sri Kaushik and was taken from below link:
<http://www.shirdisaibabakripa.org/2008/07/shirdi-sai-baba-paintings.htm>



3. ओम नमो भगवते, महा शक्ति सरूपाय,
सरव विपतति निवारणाय, महा कुपाकराय,
ऐईशवरय आयुर आरोगय परसादाय,
दूशटजन समहाराय, परभात परनति
श्रीसाई शरन शरन।

4. निततम साई नाम जपम,
कुले सूख शानति ध्वारम,
साई अभिशेख आरती दरशनम,
हर मन से हटाए करोदम ध्वेशम।

5. लूभावन नैनम तेजसवी मूखम,
आकरशित सनिदानम भक्त शरण धोशम ।

साई निरमल मूखम कमल पाद दर्शनम,
करदे ये जन्म सफलीभूतम ॥

6. जय जय शिरडि साई सूवन,
मंगलाचरन चाहे कुरपाल ।

भक्त के दुख दुर करी,
सबके जीवन कीजिए निहाल ।

जय जय श्री शिरडि गूरुदेव,
भक्तन विनैय सून महाराज।

कुपा चाहे हे साईनात,
रख भक्तजन कि लाज।



Baba's blessings

By: Madhu

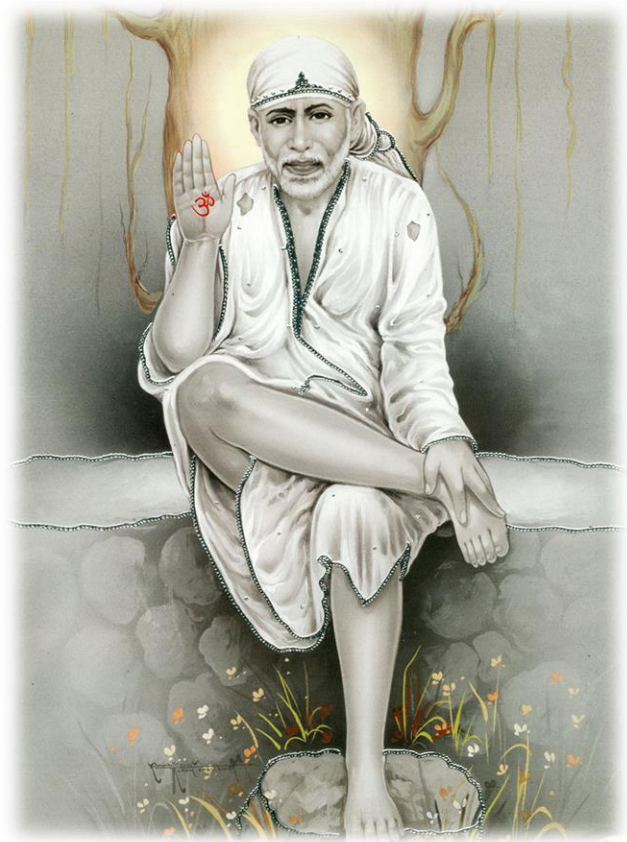
From past six years I have been reading Sai Samarpan magazine's articles and I can't express in words the kind of happiness I have felt whilst reading each devotee's real life experience and how Baba has saved them. Since then I also promised myself to write about my miracles and Baba's grace that has saved me and helped me in difficult and complicated situations. I have noted down a few of these miracles that I have experienced during many instances and one of these is narrated below.

Last year when my family was in India I was staying in a rented room as a paying guest with a South Indian family from Tamil Nadu. In my room I always kept Sai Satcharita and Sai's Vibhuti from Shirdi. Most of the days during free time I used to read Satcharita and apply Vibhuti.

One day I realised that my Vibhuti packet was missing and when I checked with the house owner, they informed me that by mistake his sister had taken it along with her stuff which was kept in the cupboard.

That same day I was in a bad mood due to office issues and was unhappy to have missed the Vibhuti. Coincidentally that day was Thursday so I visited the Sai temple which was near to my place. I had Darshan and Prasad and was sitting before Baba with closed eyes and chanting "OM SAI RAM" when suddenly a middle aged man came and touched my hands. He gave me a Vibhuti packet which he had got from Shirdi. During that moment I was absolutely dumbfounded and had no words to express my happiness; tears fell from my eyes.

It's a real miracle, that how Baba knew what I was craving for and the reason for my unhappiness. Friends this is just one of the incidents, there are many more to relate, where Baba has helped me a lot.



Om Namah Narayanaya - The healing of Josh

By: Lorraine Walshe-Ryan

My sister's only grandson Josh, is 10 years old, a beautiful, clever, quiet boy. At school last Wednesday (September 2025) Josh was unable to stand up, nor could he take any steps forward, he just collapsed. Josh was then taken to a medical center, unable to detect what the problem was, Josh was sent to Emergency at our Local hospital. The hospital took some tests but they were coming up normal. They then sent Josh to the Children's Hospital at Westmead by ambulance, where he was admitted. Thursday and Friday were followed through with a lot more tests, MRI's etc. being taken, but they too were all normal. The doctors were baffled, as Josh had painful legs and could not even stand on his own. His father was now carrying him to the toilet etc. In the meantime my sister was praying to whoever she believes in and I was praying to Baba and the Divine team (i.e. Jesus, Ganesh etc.) to help and heal Josh. I had literally focused everything on Josh being healed by Baba.

Yesterday - Saturday, as the doctors do not attend any patients in the hospitals here, Josh, his grandmother and his father came to visit me as Josh was allowed out for the day, but had to report back to the hospital at night. I was saddened to see this beautiful boy carried into the house by his father. He sat quietly and focused on his iPad. While the adults discussed the whys and wherefores of what Josh was going through and what we were going through too as a family. At one stage, I quietly took some Udi in my hands and placed it on Josh's head as well as his legs, I asked Josh to stretch his legs out and just gently patted them, whilst asking Baba to help and heal Josh. I could not let Josh or his father or grandmother be made aware of what I was doing as they are absolutely AGAINST Baba and Udim, and if I have ventured to explain that I was blessing Josh in the name of Baba with Udi, they would have objected, hence it was done discreetly.

Monday - I just received a call from my sister saying Josh, at the hospital, is now WALKING normally and unaided. I KNOW it was Baba and His Udi who healed my grandnephew. He is still in the hospital and will be assessed by the medical team tomorrow. Allah Malik Hai. Since this story has been narrated, Josh is now back at school and normal again. Inshallah!

I just received another sms from my dear friend Roshni, who was also praying fervently to Baba for Josh. In our discussions she reminded me of Baba's first cure to her father-in-law in Goa in 2012.



This miracle cure of Mr L's eczema on his hands and head was done in my hotel room. I was the MERE instrument blessing on behalf of Baba. To date Mr. Lotliker is completely CLEAR of any rashes eczema which he has had for many years. Readers please remember, I am a MERE instrument of Baba – for the Doer/Healer is our Shirdi Sai, but Baba has also narrated in the Saisatcharita – “Everything you do is known to me”. Indeed, for Baba DOES and KNOWS all. I am humbly grateful eternally for my Shirdi Sai Baba.



PS: May I be so bold here to kindly refer to the beautiful story related by Kumar Sujan whereby he states about the place in Rahata that Baba used to visit.

With Baba’s blessings, I was very fortunate to have visited that place last year in January, and even more fortunate to have met one of Khushalchand’s relatives who resides nearby and opens up the house for visitors.

My joy knew no bounds when I sat on the cushion that Baba used to rest on, where Baba used to walk, where Baba WAS and still is. I was going to narrate this story in a later episode of Samarpan, but it is Baba’s will that I do so now. If you are in Shirdi readers, please do visit this beautiful memorial, the presence of Baba can be felt too. Across from this abode is the Idgah, which again Baba used to visit whilst at Rahata. Here the presence of Baba (for me personally) is ever felt, especially when I do namaz to Baba against the Idgah wall.



Articles Are Invited

Please send your articles by 1st December, 2015 for publication in January-2016 edition of Samarpan E-magazine.

Please send your articles in word document only.

Please do not send your article as pdf document.

Please follow below guidelines for submitting your articles for next edition of SAMARPAN.

1. इस वेबसाइट को प्रयोग में लाएँ, हिन्दी में लिखने के लिए.
<http://www.quillpad.in/index.html>
Use above website to write in Hindi.
2. Please give a suitable title and write your name or the name of the author (if you are not the author).
3. Please keep your articles in the range of 150 to 1500 words. Please provide enough details in your article about your experience.
4. Please do not type sentences all in capital (upper case).
5. Please do not use short forms (SMS style of writing)
 - Write "you" and not "u"
 - Write "because" and not "becoz"
 - Write "and" and not "n"
 - Please use full stop "." and not "..."
6. Please write complete sentences in your article.
7. Please keep in mind following while writing "Sai Baba" in your article.
 - Sai Baba
 - Saibaba
 - Sai-Baba
 - ~~sai baba~~
 - ~~SAIBABA~~
 - ~~SAI BABA~~
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