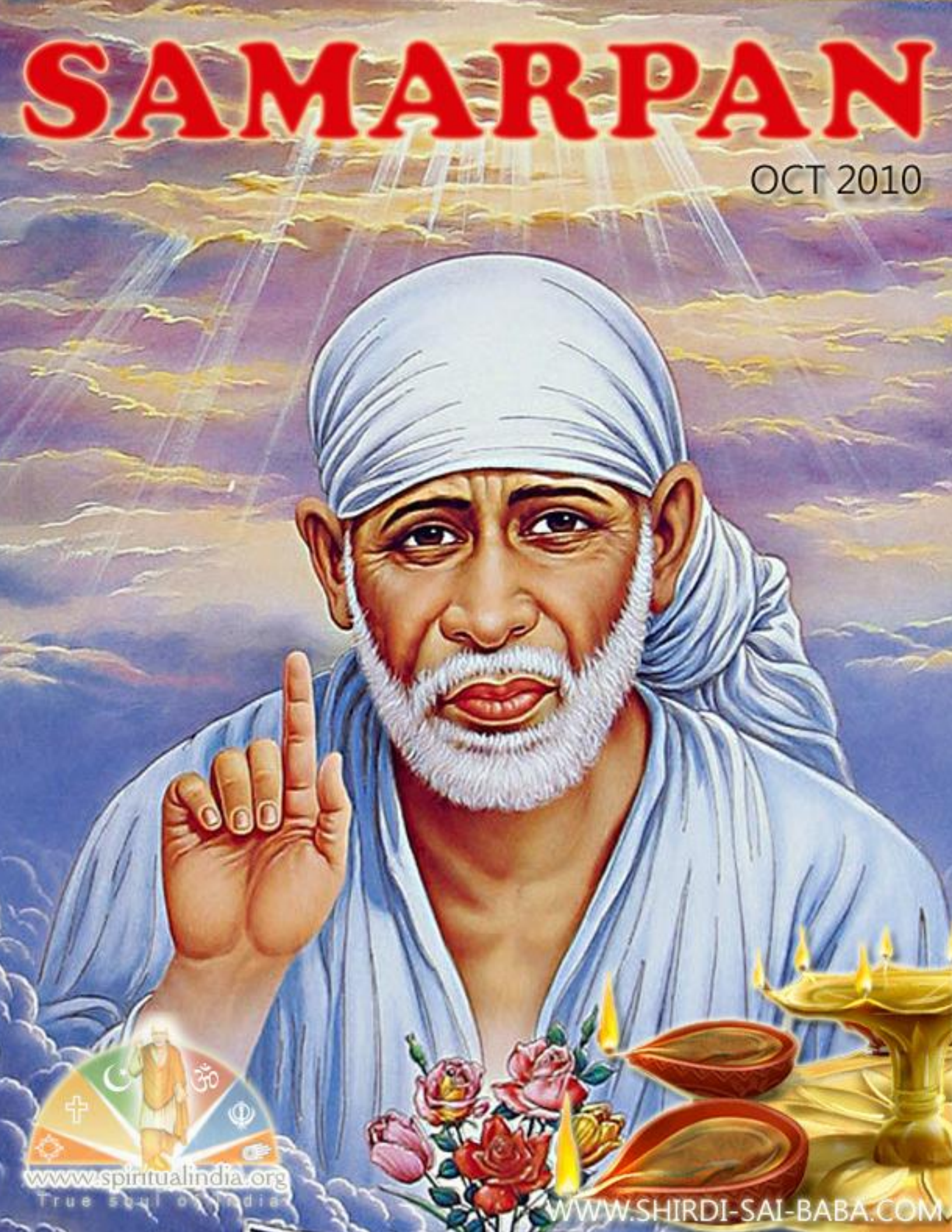


SAMARPAN

OCT 2010



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Editorial

By: Mythili K

If each one of us were living like islands in this world, probably there would not have been any development of culture and the concept of God also would not have taken form. However, we live in social setup where we need to adapt, adopt, adjust and sometimes compromise for larger good. Since time immemorial mankind is looking for answers to eternal questions like why we are here, what is the purpose of life, what is life?

Our culture begins at this point and the need arises for a formless, an all powerful, super intelligent impersonal entity (God) that can explain everything and for us to fall back on. Though many of our saintly leaders claim to have seen, heard and even talked to God, nobody could ever demonstrate it to another person. This is because truth cannot be described, it can only be experienced. The vastness of eternal truths surpasses all expressions. And all these saints have pointed towards the truth. Arriving at the truth is our individual journey. The nearest we have heard of is arranging a feel of God, like what Sri Sai Baba did for his devotees, Sri Ramakrishna Paramahansa did it for Swami Vivekananda. The underlying truth is that God is not a separate entity who is directing our actions, keeping a log of everyone's activities and ever vigilant about what all of us are doing. God has no rewarding or punishing mechanism for sending us to heaven or hell after our death. God is something that exists among everything in this entire universe which neither cares nor bothers about what we do. But its very existence must definitely mean something to each one of us. It is entirely up to each individual to reach out and realize God in any form or in type of help we get from others. God is not creator, God is creation and that means that you, me and each one of us is God in true sense. God has always been there and will continue to be there. If God can utter words, it must be meaningful, never ending and must continue at all times. It should be theoretically possible for any living being to interact with God at any time without

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any mediators and agencies. This is exactly what happens in the case of those who demonstrate miracles and unexplained capabilities.

Our failure to clearly define something which cannot be defined is not an impediment to our progress. The nearest we can reach in terms of defining God is by analogies. One such wonderful analogy is that of God with Electricity. In today's world, there is no place where wonders of electricity are not visible. It is invisible, all powerful, but only when used or misused, to each according to their intentions. To me, God is something like this. An all pervasive and all powerful energy that can be used for our own good (misused for our own bad). It is estimated that the number of electric impulses generated in a human body on a single day is much more than those in entire telephone network in the world. In a similar fashion, the energy or logic of God is all pervasive and all our actions call for a reaction that fits into the overall logic of the universe. We are all born with a piece of that logic and what we achieve individually and collectively are based on the fuzzy logical results of all those in interaction. I believe that we are all like metal tops rotating on a magnetized environment. It can collide and fall off or it can rotate till the starting energy gets exhausted.

There are over six billion people in this world and each person has his or her own thoughts about God. How can a person know for sure what He is really like? At various points in our life in spite of all knowledge and theories, the eternal questions like whether there is God, whether there is a heaven and hell and which path is the right approach to God exist and just do not seem to go away.

Let us tell you that God is your potential, God is your future. As every seed is a tree of future, so every soul is God of future. God is the soul which has all knowledge of the universe, which has all bliss, which has no bias; God is that soul which is always compassionate yet does not interfere in your karmas. And yes souls exist in various planes of this universe, this universe is big enough and our soul is a spark of energy which has always been into existence. Realising our potential i.e. becoming God or finding God in ourselves is highly individualistic process. There are multiple ways, each suitable to the state of the soul. The best way is the one which is best for you. We all are sitting on the edge of the circle and even though our acts of walking towards the circle are along different paths, our goal is the same and someday as we reach closer to the circle our paths will appear closer. We will find that the distance between the paths are narrowing, the outer differences are disappearing. We just need to walk towards the centre – turning inwards into our own self and we will get all knowledge slowly. Let us realise the fact that each one of us is capable of being God and so let us see good in all human beings.

Thanks for sending articles, thanks for being reader of Samarpan and thanks for being part of Samarpan family.

Peace and love.



Articles are invited for Jan 2011

Samarpan is the first online magazine on Sai Baba of Shirdi. If you like to publish your articles in Samarpan, please send us an email to mag@spiritualindia.org with your entry. All the approved entries will be published in Jan 2011 edition. You can send the following types of items:

- Spiritual Article
- Mythological stories
- Poems
- Bhajans
- Spiritual Experiences with Sai Baba
- Spiritual Experiences with any other God/ Goddess
- Information about religious events
- Spiritual Photographs

Your article should be original. Please do not submit any copyrighted article. Please send your article **latest by December 7, 2010**.

Please follow below guidelines for submitting your articles for next edition of SAMARPAN.

- Please give a suitable title and write your name or the name of the author (if you are not the author).
- Please do not copy someone else's article.
- Please keep your articles in the range of 100 to 1500 words.
- Please do not type everything in capital (upper case).
- Please do not use short forms (SMS style of writing)
 - Write "you" and not "u"
 - Write "and" and not "n"
 - Please use full stop "." and not "..."
- **For Hindi articles**, use <http://www.google.com/transliterate/indic/> for translation.

Please do spell checks before you submit the article and correct all spelling mistakes.



Following Dharma

Contributed By: B.R.Kumar

To reach the Feet of Him, who had nothing!!!

“My hands do not run! My legs too! I do not know what to do?” is the chant of many, especially when they are under stress and strain. They would be stunned or perplexed after hearing an unbelievable story at their personal level or they would have themselves landed in a piquant situation, without their knowledge. Then only their hands do not run or their legs!

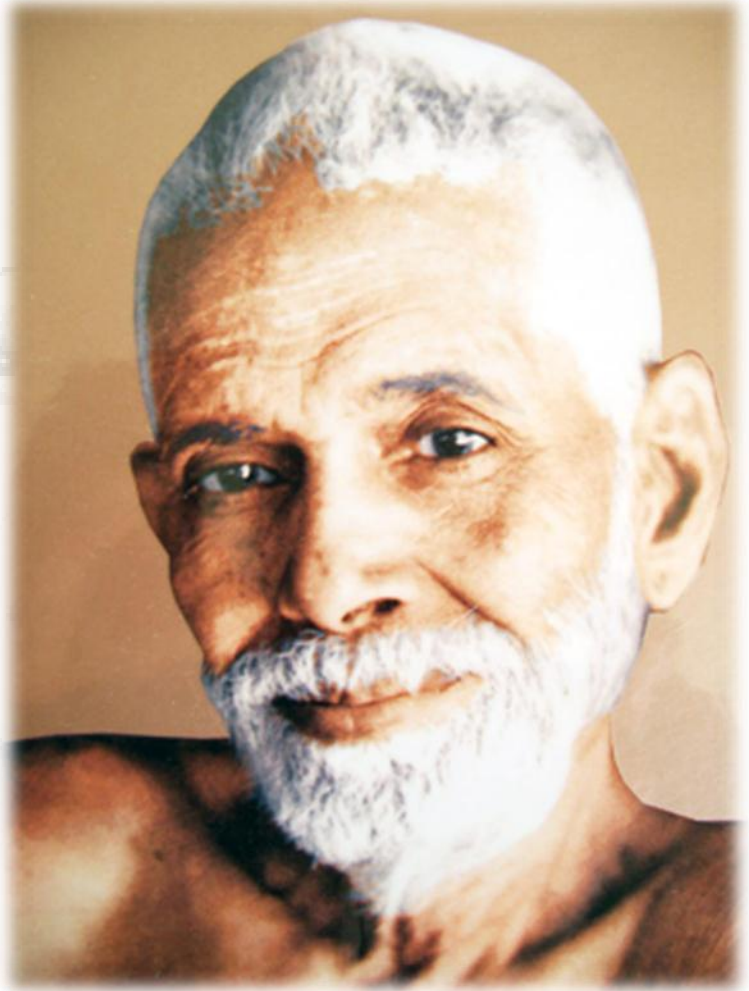
That is alright. We run only using our legs. How the hands would run? Some may ask. If thought deeply, when the legs run, our hands also would move at the same pace. Is it not? If only the hands move in equal pace, one can run. If the hands are tied in the front or at the back, one cannot run at all!

That is why, the policemen, when they take the accused in their custody, tie a metal chain and lock it up around the hands of the accused, in order that he does not run away. This is as per the criminal law. In a country like India, this is applicable only to the male accused. Also, the accused when he is chained cannot attack any one in front of him, with his hands. Sometimes, the legs of the accused are also chained, in the case of grave offences. Even when it is certain that the mankind is highly civilized and advanced in many ways, chains, locks, padlocks have great relevance in the lives of the mankind even today. In fact, they have acquired new dimensions, due to the advancement of the science and technology. Now automatic and electronic locks are available to keep the possessions safe from burglary and theft. “Let us protect ourselves” is the motto now and accordingly, if someone tries to tamper with a lock, there are equipments which would raise an alarm. The alarm is loud and clear and the cops would rush to that place, where a thief is attempting to break open a lock or a safe vault. These burglar alarms are fitted in places like banks and residences. Thus the humanity is extremely careful in protecting itself and its assets and valuables. But inspite of all these precautions, burglaries are still carried out by super-efficient thieves, in many parts of the globe. Research is going on to invent newer and newer gadgets and equipments, for fool proof security measure every where. Even then plans are being continuously and carefully drawn by mischief makers, to loot and scoot, money and material that someone has acquired through fair and proper means. Man says that he is advanced in several respects, but his mind-set to steal remains firm and perfect.

In 1922, when the Ashram at the foot of the mountain was established, Bhagavan Sri Ramana Maharshi started to stay in a small room by the side of a tomb-stone of his beloved mother, who just passed away. Before that Bhagavan was staying at the Skanda Ashram on the mountain of Arunachala. An old hall, from where Bhagavan gave darshan to innumerable devotees for nearly twenty years, was the first brick and mortar structure built in the Ashram.



Before this hall was built, the residents of the Ashram along with Bhagavan were put to a great hardship on a day in year 1924. Some bad elements witnessed that several devotees entered into the Ashram premises with various kinds of offerings to Bhagavan, every day, and they planned an attack on the Ashram on 26th June 1924. Three burglars entered the premises at night, when Bhagavan and some of his devotees were resting at 11.30 p.m. The room where Bhagavan was resting had glass panel on a window. The thieves first smashed the glass panel. On hearing the sound, Bhagavan got up and told them to come inside and take whatever they wanted. He said that the door was open but the thieves did not care to listen him. They started hitting the window frame, through which they could enter the room. Some Ashramites, who also got up, wanted to rush out of the room, catch hold of the miscreants and give a severe thrashing to them. But Bhagavan stopped them and in a soothing voice told them as follows:- “ No! None should go outside. They do not know what they are doing but we should not deviate from our prescribed route (Dharma). We must be patient and peaceful. Don't do any harm to them”. Thus Bhagavan stopped his followers from committing a major blunder by taking revenge on those vandals, who were disturbing their peace.



Bhagavan's followers made another appeal to the thieves. “Do not damage the building. You can come inside and take whatever you want”. They appealed, but they did not listen. They shouted back saying that they will set fire to all the thatched huts in the premises. Then Bhagavan said, “Do not fire the sheds. We will vacate this place. You come inside and take whatever you want”. The thieves agreed. There was a dog inside by name “Karuppan”. Bhagavan was concerned about its safety. For he thought, the thieves when they see the dog, may beat and kill him. So he carefully saw to it that the dog is taken away to a safe place. After making this arrangement, Bhagavan and his followers came out of the room. When they were crossing the door step, each one was severely beaten by the thieves. Bhagavan received a severe blow on his left thigh. But Bhagavan stood there and said, “If you like you can inflict a blow on my other thigh also!”. But as luck would have it, the thieves did not thrash Bhagavan further. They let him go. The



Ashramites went out and sat at the adjoining shed. At that a thief came out and wanted a lamp to see what was there inside. Bhagavan immediately ordered a devotee to bring a lamp and hand him over the same. What a personality with a real intention. But the thieves could not find anything worthwhile for them to take away. The total value of the things would not be more than Rupees Ten. There were six rupees, as a donation given by a devotee who visited Bhagavan. The rest were a handful of broken rice and a small unripe mango. The thieves were sorely disappointed. They perhaps expected to lay their hands on a lot of things. They became angry and raising the wooden stick, one of them shouted, "Where have you kept all the money? Where is the money?"

Bhagavan coolly said, "We are all beggars. We beg for our daily food. How can you expect money with us?" But the thieves did not believe him. They went inside again and started searching for money in each and every corner.

"Alright! You all go away and take care of the wounds that you had suffered" – said Bhagavan to his followers. At that time, Ramakrishnan, a devotee asked Bhagavan, "What happened to you Swami?". "Swami also had received severe Puja" jocularly remarked Bhagavan. But Ramakrishnan became sad to listen to this. He saw the deep wound suffered by Bhagavan on his left thigh. He immediately collected a big log of wood, which was lying there and said that he would go inside and thrash all the thieves. But Bhagavan stopped him again and said, "No No, You should not indulge in this. We are all Sadhus. We cannot violate the rules and regulations prescribed for us. If you go and beat them, one of them may even die. Then the entire blame will fall on us only. They are ignorant. They are all stooped in darkness but we are all knowledgeable and well read. We should follow our Dharma only. By chance if our teeth bite our tongues, shall we break the teeth and make them into pieces? Bhagavan spoke with a lot of peace and calmness. When the thieves were busy inside searching for valuables, Bhagavan spoke to the devotees thus. The thieves completed their job and went away collecting what little they could have. It was two in the morning. Later after some days, the thieves were caught and they were suitably punished by the police.

We saw that Bhagavan showed extreme care and concern towards the safety of "Karuppan" the dog, when the thieves had entered. This is just an example of Bhagavan's benevolence towards other living beings. In his daily life, Bhagavan used to take care of the cow, a peacock, monkeys, squirrels, dogs and various kinds of living beings that surrounded him. Bhagavan considered all the living beings as his own. He never distinguished himself with other living creatures. New visitors to the Ashram used to be surprised at the affection shown by Bhagavan towards the animals. He used to call them as "Pasangal" and the visitors used to think that he is referring to some boys in the Ashram. He referred only to the animals and birds that were found there. Bhagavan never used to call them as "it". Bhagavan never tolerate if anyone is found showing disrespect or disregard to the animals and birds. Who knows which Atma is living in the bodies of those animals and birds? – Bhagavan used to remark frequently. Perhaps they are here to complete their next part of their Karma. Who knows? This would be the chant of Bhagavan always.



Once my friend asked me thus. "Tell me. Is there any place in our country, where there are no thieves and no fear of theft?" "Yes. There is place." Saying thus, I took my friend to Shani Shiganapur in the Ahmednagar District of Maharashtra state. Those who make a trip to Shirdi, where the tomb of Sai Baba is located, they used to come back to Pune, via the famous place called Shani Shiganapur, where there is a popular shrine of Lord Saturn (Shani Bhagavan). "Here in this place, those who want to worship Shani Bhagavan, must wear a red dhoti and take a dip in the water. Before taking the dip, you can remove your clothes, purse and other valuables and leave them here and go to the temple", said a person in the shop where we were given the red dhoti. My friend hesitated for a while. His worry was that if he left his wallet, wrist watch etc., in that place, will it remain safe? Until we come back, will it remain there or someone will take them away, while we are in the Shani temple? He was greatly confused.

"Do not worry at all Sir. You can leave your gold ring, wallet, wrist watch etc. here and they will be safe, till you return. Here in this place, no person touches the belongings of others. You can take it from me. It will remain here as you have left. That kind of place is this. There are no thieves here, no fear of theft." said the shop keeper. We did as he said and entered the premises of the temple. There we could see a big black stone and that was Lord Saturn. We must carry a bottle of gingerly oil and we ourselves must pour the oil on the stone and that was the way of worship. Around that stone there are temple Mandaps and a beautiful garden full of flowers. One can sit in the lawns and do peaceful meditation. Such a beautiful place it is. Even the black thoughts that are inside us, fly away and never come back.

"I feel like remaining here forever" My friend remarked. "Come on, the bus in which we arrived is ready to start!" I shouted at my friend. My friend did not utter any thing. He quietly came inside the bus and sat beside me.



God bought my son's sponsor papers

Contributed by: Katyayani Gulur

Recently we had confronted a tough time that gave rise to an endless worry which later on turned into an immense tornado. I regularly worshiped and prayed to all our Gods to help me find solution for the problems that piled up on us one after another. As always I once went to Baba's temple in our colony with our Horoscopes. I surrendered them in his padukas and pleaded him to find us a way. I truly feel that Baba wanted to help me through temple's Pujari and through him Baba assured me that all our family's anguish shall come to an end for which we need to practice patience. He asked me to recite Sunderkand with phalastruti. I never tried to read and understand Sundarkand but a thought that "may be I am not suitable enough to read such auspicious scriptures and so I am not inclined towards them" occupied my mind. I honestly wished someday Baba bless me to read them as he advised Kaka Saheb to read in "Sai Satcharitra". Baba says he is always there for everyone. To be truthful I never felt that I even had a sight of his passing glance. While reading Goswami Tulsidas's narrated Sunderkand I tried to understand and visualize the real happenings in it, though it was very difficult for me to concentrate in an hour that it took me to finish everyday.

Here is another important event that happened in our life. It was in 1998 when my son was waiting for his sponsor papers from USA. It was the last day when he really needed the papers otherwise he would have lost his one complete year and he again has to go for same procedure and may not have succeeded as his first time. The post office



was closed and his papers did not arrive. In afternoon my son went to Post Office to enquire about the papers and inspite of being helped by some postmen's he failed to find them. We only hoped God to do some miracle. At 6.00 pm when we lost all hope sitting morose I saw an old man in kesari clothes coming on a kesari colored vehicle, which was looking very small for his size, towards our house. I pointed it to my son who too found it strange. When those old men halted at our gate and enquired if we were waiting for some important papers, he handed the envelope which contained the sponsor papers, on our affirmation. We were extremely over whelmed with joy that we could not even thank him properly. We are Lord Hanumanji's devotee and we believe that he himself came to deliver the important letter to us that fine day.

While I pen down this incident, to my surprise my little grand daughter handed me her stuffed Lord Hanuman toy as if God wanted to convey something to me.

Jai Hanumanji, Jai Sairamji.



Sai darshan made me fine

Contributed By: Esha Vij

O Lord Sai, I seek your blessing to narrate my spiritual experience.

It is in 2006 with Baba's blessing I got married and me and my husband left for our honeymoon to Singapore, our first destination. I was all fine on the day of our arrival but the very next day I got cramps in my stomach after we had our breakfast. I went weak and unwell. I took a medicine and we cancelled our day tour. We were watching television and my cramps got worse with severe pain. I wondered to myself that "If somehow I get Baba's darshan I will get rid of these cramps" and I prayed to Lord Sai. Baba is kind and was ready with his miracle. At that point my husband was watching Aaj tak news channel and they were showing breaking news of a man in Mumbai who won a lottery and was donating a major share of his winning to Lord Sai of Shirdi and they showed Shirdi Sai Baba and his holy shrine. My joy knew no bounds and tears started rolling down my eyes. I got his darshan and was all fine then. I felt as a



blessed child. Then we were on a month long honeymoon and after that I did not experienced any health problem. This is our Baba, full of kindness and always ready to help his needy child.

In the end I would thank Baba ji for helping me narrate my experience.

Om Sai Ram



Sai saved me from accidents

Contributed by: CN Rao

Oh Lord of Lords Sainatha,

With your grace I miraculously escaped two fatal accidents, one on 6th June 2008 at near 0830



hrs and another on 15th September 2009 at 2030 hrs. Incidentally both the times I was hit by four wheeler. I escaped these accidents because during then I was chanting Sai Chalisa and Lord Sai averted deadly injuries. After my last accident I was unable to sleep for 4-5 days as I was undergoing acute pain in my rib bones. It was so severe that I could not turn over side to side. The next day as usual I recited Sai Chalisa, Abhisekam of Sainath with water i.e chanting 108 names of Lord Sai followed by Sai Ekadasa Gayatri Mantram. After my prayer was over I prayed to Baba asking him the number of days that I have to undergo the agony. And I realized that all my ache and hurting vanished in a moment. It was a real miracle for me.

Lord Sainath has been continually guiding me and my family. We constantly feel his presence at our dwelling. Now my younger daughter's marriage has also been fixed by his kind blessing and we plan to perform the marriage ceremony in March 2011.

Pray earnestly for Sai's blessings.



My Experience with Sai

Contributed by: Swati S

I had my first experience with Sai Baba in year 2004 when my mom was seriously ill. She suffered for almost 6 yrs and left for heavenly abode in February 2010. During her illness she and my family members wanted me to get married. However, that did not happen when she was alive. After she left us, the elders in my house suggested me to get married within a year, so that my mom could get the benefits of Kanyadaan. I was not sure of how it was going to happen. But I was sure that whatever Sai has in his mind is going to be the best thing for us. I am engaged now and will be getting married in the 3rd week of August.

I have had many experiences with Baba and I strongly believe that he is always there with me at each and every step I take. I also believe that from the day I surrendered myself to Sai, his presence is strongly felt in all walks of my life.

Sai's blessings be with all.



Baba bless me with a Child

Contributed by: Deepti Hinduja

It was four years back when I came to know that I cannot conceive and I had to go through assisted reproduction. My in laws agreed to it for the first time but to my hard luck the result did not come positive. After that I tried to convince my in-laws for a second chance but they refused to it saying it will not be your biological child which was absolutely false. A friend of my father in law filled his ears and then started the trouble for me. I was given an option to leave the house and go separate with my husband if I wanted to go through the IVF treatment. For six years now they did not agree and one day I finally gave up and decided to leave the house to start up my own family but due to Sai's grace suddenly they agreed. Now once again I will be going in for the treatment. I seek your blessings this time that I may conceive. Sai Deva you have helped me up till here and in future also I totally depend on you to guard me.

Thank you Baba.

Sai Ram



Baba's words were my Medicine.

Contributed by: Sreevanichandrashekar

When I was in my 1st year of Graduation, my father suffered a Heart Attack which resulted in my family's problematic financial state. It was a financial crisis that we were going through. I did not purchase my course books because I trusted my friends blindly that they would for sure help me out in buying books. Our exams were approaching and one of my friends said something which almost moved me. He asked me "What have you done for me ever that I may help you today? If you need help you should come to me and ask from me". My heart was broken into pieces as I heard him. Days were passing and I was dissolving into depression and I found it hard to concentrate on my studies. I spent sleepless nights, my health deteriorated and I felt I will become mentally disturbed. My entire family was worried for me and one day my father enforced me to stop studying.



One day I was praying to Baba in my house. While I closed my eyes, I sensed a ray of light in absolute darkness which whispered "Believe me and stop taking medicines". I was immensely delighted and I followed what Sai Baba directed me. But to appear in my exams I required books, I was tensed thinking about the arrangement of books and one day my brother-in-law lent books from a library and couriered me all of them. I had a month left with me for my exams and keeping faith on Baba I started preparing for my exams in a bad health. I appeared in all the exams but somewhere inside my heart I had a doubt of whether I will clear them with passing marks or not. After some time I received my result that was unbelievable. I secured 1st class in my exams and my marks were much more than my



friend's marks. After this happening I never felt any illness within me and today I am happily married and working in an organization as an Assistant Manager Accounts. I, my family members Chinna Obaiiah, Nagamani, Nagaraju, Sreelatha, Sai Hanish, Spoorthy and my ever loving husband Chandra Shekar are so thankful to Baba that we will never forget him even in our dreams.

My only suggestion to all Sai Devpteas is that have Shraddha–Faith & Saburi-Patience towards Sai Baba, who only wants this from everybody.

His words will never happen to be false.



Bhagawan Bina Koi Apna Nahi

Contributed by: JKakkar

1) Bhagawan Bina Koi Apna Nahi

In the course of their lives, human beings realise at one stage or another that it is very rare to have relationships or friendships that are permanent in their intensity or extent of involvement and interest. A man may vow allegiance to his wife forever and ever but when she dies, he may soon marry another or think of her less and less as days pass on. The same is true of a woman. Other interests and concerns develop and overshadow the former memories. Similarly, parents shower affection on their children and vice versa but a time often comes when mutual expectations are belied and they are taken to different paths and goals of life. Indeed this is the fate of all relationships and friendships - At the most, they may be maintained in one birth. In the succeeding births, new experiences are sought with different persons for self-realisation or spiritual progress. That is why it is pointed out in this line that except God, there is no one whom you can claim as your own forever. He alone is permanently yours (because He is the essential Self of yourself) and the one on whom you can depend upon for all your needs all the time.

2) Daya Dharma Bina Satkarma Nahi

God says that his darshan is very powerful but its effect can be sustained only if the person follows it up with good actions (Sat Karma) in general and with Daya Dharma i.e., compassionate service to the less fortunate fellow-beings. If one wants help from the Lord, one has to help others; if one wants forgiveness from the lord, one has to begin forgiving others.



External and Internal Growths

Contributed by: Ashok Jain

God is inner flowering, God is your potential, God is the state when you are a realized person, God is the ultimate growth which you can have, God is the maximum bliss you can have, God is the zenith of all success, God is the removal of all pain and sorrow. You, me and everyone are capable of becoming successful, growing and enlarging ourselves. We can be that ultimate thing and it only depends on us and nobody else. Various paths will lead to your growth and with inner growth you will also see sometimes tremendous external growth. Just because body



perishes one day, we do not ignore it and do not forget attending to its needs; similarly we should also learn to balance our external growth which is tightly coupled with our outward duties. Yearning for a balance in life without worries is essential for inner growth. External growth is like the fence which protects the garden inside which represents our inner growth. Flowers bloom even without fences, meadows and gardens come up even without any external protection and security but only in unique situations where there are not many threats to it. Current times in which we are living is unique in many ways, here rumors spread faster and is believed by more people, here ambition of internal growth is marked as a quality of an unsuccessful person or a person who is shrugging off social responsibilities and then there is so much distraction in this world. And to live amidst this chaos and confusion, yet aspiring for inner growth is one of the finest desires which you can have. And to let this desire grow, raise a



flame, brighten your inside, it is important that we do not have too many worries and concerns for everyday living.

So, we should learn to express ourselves well, kindly; how to live in harmony with people around us. We should aspire to enhance our professional skills in our job, our business and do our duty in best possible manner. We should attempt to earn enough money to meet the needs of our immediate family and then if we have surplus, how can we utilize that money for various purposes which will benefit deprived section of society. We should always be open minded and receptive to new thoughts, it is not necessary to take a stand of believer or non-believer in every new idea, we can always try to understand it and give time for it to reveal its grandeur to us in time. We should read, write, play and balance these things as much as possible. We should spend time with children as well as elders and hear them, talk to them and have some fun with them. You can always find sometime everyday to think how is your life going and what you need to do to bring balance to it. God is also its creation and we will find God everywhere when we start looking at it. Meditation is also doing your work diligently, cooking a meal thoughtfully, reading a book while being engrossed in it, doing household work with all passion. And lending a helping hand to a needy person, giving more to your family and your workplace and society than what is due are also prayers. Your inner God is witness to all that. Let us live our life as nicely as possible and do our best without any comparisons and without feeling any need for bringing in equality. None of us is equal to anyone else, none of us is superior or inferior to anyone in this world, we are all unique and have our own paths. It is our journey and each one of us has its own path. But we will share a major portion of this journey with each other in this life. Let us be thankful for whatever we have, let us aspire and work for growth, let us learn to share. Peace and love to you all.



Power of praying

Contributed by: Anisha

Praying is nothing but “Talking to God”. It is telling God how much he means to us, it is telling him how thankful we are to him for giving us this life, it is telling him how much we are indebted to him for his grace on us. It is communicating with him about what we need from him, it is discussing our happiness and sorrows with him. It is asking him for harmony, peace and love. An interesting fact is that it is not time bound. An individual can pray anytime, day or night, any season, any occasion, any moment. Just close you eyes, imagine God standing in front of you and start conversing. I have realized there is lot of Power in Praying. Think that God is listening to you for whatever

you are saying. Think that he is going to grant you what you are asking from him. Expect positive results. Think that you have received what you have asked for. But to think all these while praying an individual should have one thing in him and that is “Faith”. Faith in God, Faith that he is the giver, he is the Father of this universe and we are his children and he will do that is best for us. When we place

ourselves in his holy feet and place our faith entirely in him our Prayer becomes more powerful. Our prayer reaches him directly and He, Our Father, gives us what we ask for. He bestows Peace, Love, Happiness, Harmony, Strength, Courage, and Patience and blesses us with more Power of Praying. We should make it a habit of talking to God, praying him irrespective of time, not only when we need something from him but anytime and everytime to thank him for what all he has given us.



“Realize that when we are praying we are talking to the most Powerful Person in this entire Universe.”



Heroic princess Draupadi & her marriage

Contributed by: Anisha

Draupadi was a heroic princess. A woman with an unbending will and one who was firm. She was greatly devoted to Lord Krishna. Long ago there was a kingdom called Panchala. Drupada was the king. For many years he had no children. So, to get children he performed 'tapas'; that is, day and night he thought only of God and prayed to Him. God blessed him, and two children were born. The first was a son, called Dhrishtadyumna, and the second, a daughter called Draupadi. Draupadi was as good as she was beautiful. When she grew up, she charmed everyone with her soft words and sweet conduct. Her father wanted her to marry the most heroic prince. So Draupada arranged a "Swayamvara". Invitations were sent out to kings and princes of all countries, far and near. The palace was bedecked with sparkling diamonds and other precious tones.

Now, how to find out who among them was the most heroic and valiant? 'Let it be decided in this assembly,' thought King Draupada and arranged a contest. Anyone who desired the hand of Draupadi in marriage had to lift a huge bow, bend it and tie the bowstring, then looking at the reflection, he had to take aim with five arrows and bring down a rotating fish. Many of the assembled kings retreated, as soon as they heard of this contest. Of those who came forward to try their hand, some could not even lift the heavy bow. The hundreds of princes who had come to marry Draupadi were all beaten.

"Is there no hero here to wed my daughter?" the worried Draupada asked.

Then stood up one who was seated among the Brahmins in that assembly. The whole gathering burst into laughter at this. A bow that had humbled so many princes and kings, would it bend in a Brahmin's hands? The man walked boldly towards the bow and saluted it. And he lifted it easily as if it was light like a straw! He twanged the bow-string and aimed five arrows. Looking down at the water, he shot an arrow – and down came the revolving fish!

At once the bands struck. And Draupadi garlanded the hero Arjuna who was an excellent bowman. The Pandavas returned home from the Swayamvara hall. With joy they shouted to their mother, "Mother, we have brought a priceless gift." Kunthi who was inside the house, replied, "Divide it equally among you."

A mother's words must be obeyed. So Draupada was worried. Then the great sage Vyasa said the Draupadi was born to be the wife of the five Pandavas. He said the power of her goodness had brought the Pandavas alive from the burning palace. Draupada was satisfied.



The marriage took place with great splendor in the presence of Shri Krishna. Draupadi became the wife of the five Pandavas. Bheeshma, the eldest of the royal family of the Kurus, and Drona, the royal teacher, were both very happy.

The strength of her character blew all the records when despite having five husbands; she was dragged into the court full of male courtiers and disrobed and humiliated in public. Despite, being so helpless in front of thousand spectators, she could fearlessly fight and raise her voice against the injustice, rather than suffering in self-pity, the way her husbands did.

According to the epic, she was given a chance to get married to a perfect husband, sent to her by Lord Krishna, in the form of Karna. But, she rejected him, because of his low caste and then ended up marrying Arjuna, who shared her with his brothers and failed to protect her, when she



needed him the most.

Draupadi may remain to be one of the most controversial women in the history of epics and mythologies, because of the way her life went through the series of strangest and most outrageous events. Despite, having so much turmoil in her life, she continued to stand with her head held high. Even at an age, when women were not given much regard, she had an authority to govern her husbands at her will. She had the guts to be assertive to her will and could admonish her husbands, whenever they failed her. And she is still worshipped as a goddess, worthy of sacrifice, at many places in India.



Sarada Ma

Contributed by: Ashok Jain

Having studied in Ramakrishna Mission School, I have special and in fact high regard for Sarada Ma. I do not remember how many times I read her quote saying "if you want peace do not see anybody's faults". While growing up from a child to adolescent teenager, I read that quote



everyday as if there was something attractive about that. Ma's entire life is an inspiration; she was the calming influence on everybody who used to come to visit Ma.

Ma's life may not have stories of miracles, may not have incidents of healing; but those who actually are tuned with God knows that spirituality is beyond such feats. She was an extraordinary soul who chose to live a life which would appear ordinary to us in today's times. If you are interested in facts, she was born in a Brahmin family in a village in West Bengal. She was born on 22nd December, 1953. Her parents, Ramchandra Mukhopadhyaya and Syamasundari Devi, were poor but pious. Her father Ramchandra earned his living as a farmer and through the

performance of priestly duties.

An extraordinary event is associated with Ma's birth and her arrival. Once her mother went out for a nature's call near a pond in the evening. There was this sacred tree of Bilvapatra near the pond. She saw a very beautiful divine girl of about 5-6 years old swinging on this tree. The girl came down with soundless footsteps from the tree's branch after which she soon disappeared. On that night, the pious mother felt that a big Force had entered her womb because of which she became unconscious. Such was the power of the Force.



At this time Ma Sharada's father was in Calcutta. After having lunch that day thinking of mundane things he fell asleep. He dreamt that a small girl with a golden glow has jumped up and clung to his back and wrapped her arms around his neck. The girl's looks were extraordinary and she was wearing glittering ornaments. The Brahmin father asked her, "Who are you?" The girl answered gently, "I have come to you, receive me" After he awoke, the father felt he had a darshan of Goddess Laxmi with all the divine aura present around her. Ma was sensitive and very kind soul. This is evident from several incidents of her life and particularly this quote from her: Should anyone ever utter a thing that hurts another's feelings? An unpleasant truth, though true, must not be uttered. For that grows into a habit by indulging in rude words, one's nature becomes rude. One's sensitivity is lost if one has no control over one's speech. And once a man casts all consideration for others to the winds, he stops at nothing. The Master would say, 'if you have to ask a lame man how he became lame', then you have to speak thus: 'How did your leg come to such a condition?'

Ma Sarada Devi was the first disciple of Sri Ramakrishna. She mastered every religious secret as quickly as Ramakrishna had. Impressed by her religious potential, he began to treat her as the Universal Mother Herself and performed a puja considering her as veritable Tripura Sundari Devi. He said, 'I look upon you as my own mother and the Mother who is in the temple'. Ma Sarada Devi looked upon the disciples of Sri Ramakrishna as her own children and affectionately took care of them. Living in the small quarters in the Dakshineswar temple grounds, she provided for the comforts of Sri Ramakrishna and his visitors as an ideal householder and loving mother.

After the passing away of Sri Ramakrishna, Ma Sarada Devi kept the spiritual flame brightly burning and served as a guide and inspiration for his disciples.



Dipavali

Contributed By: Ashok Jain

Diwali or Dipavali is the Festival of Lights. It is widely celebrated by Hindus, Jains and Sikhs. Apart from India, it is declared holiday and celebrated in Guyana, Trinidad and Tobago, Malaysia, Nepal, Singapore, Srilanka and Fiji. Literally, Dipavali means row of lamps. Diwali signifies the triumph of good over evil. People share sweets, wear new clothes and for business



community it is the start of new financial year. They worship Lakshmi hoping for prosperity the following year.

In Hinduism, Diwali marks the return of Lord Rama to his kingdom of Ayodhya after defeating (the demon king) Ravana, the ruler of Lanka in the epic Ramayana. It also celebrates the slaying of the demon king Narakasura by Lord Krishna. Both signify the victory of good over evil. At the age of 42 years Thirthankara Mahavira attained Nirvana in the area known as Pawapuri on the last day of the Indian and Jain calendars, Dipavali. Jains celebrate this as the day he attained liberation or Moksha. Mahavira was the 24th thirthankara of this avasarpini



time-cycle. In Sikhism, Diwali commemorates the return of Guru Har Gobind Ji to Amritsar after freeing 52 Hindu kings imprisoned in Fort Gwalior by Emperor Jahangir; the people lit candles and diyas to celebrate his return. This is the reason Sikhs also refer to Diwali as Bandi Chhorh Divas, "the day of release of detainees".

Diwali marks the end of the harvest season in most of India and Nepal. Farmers give thanks for the bounty of the year gone by, and pray for a good harvest for the year to come. Traditionally this marked the closing of accounts for businesses dependent on the agrarian cycle, and is the last major celebration before winter. Lakshmi symbolizes wealth and prosperity, and her blessings are invoked for a good year ahead. There are two legends that associate the worship of Lakshmi on this day. According to the first legend, on this day, Lakshmi emerged from Kshira Sagar, the Ocean of Milk, during the great churning of the oceans, Samudra manthan. The second legend (more popular in western India) relates to the Vamana avatar of Vishnu, the incarnation he assumed to kill the demon king Bali. On this day, Vishnu came back to his abode the Vaikuntha; so those who worship Lakshmi receive the benefit of her benevolent mood, and are blessed with mental, physical and material well-being.

Diwali is celebrated for 5 days according to the lunar Indian Calendar. It begins in late Ashwin (between September & October) and ends in early Kartika (October–November). The first day is Dhan Teras.

The last day is Yama Dvitiya, which signifies the second day of the light half of Kartika. Each day of Diwali marks one celebration of the six principal stories associated with the festival.

While Diwali is popularly known as the "festival of lights", the most significant spiritual meaning is "the awareness of the inner light". Central to Indian philosophy is the assertion that there is something beyond the physical body and mind which is pure, infinite, and eternal, called the Atman. Just as we celebrate the birth of our physical being, Diwali is the celebration of this inner light, in particular the knowing of which outshines all darkness (removes all obstacles and dispels all ignorance), awakening the individual to one's true nature, not as the body, but as the unchanging, infinite, immanent and transcendent reality. With the realization of the Atman comes universal compassion, love, and the awareness of the oneness of all things (higher knowledge). This brings Ananda (inner joy or peace).



Krishna Janamashtami

Contributed by: Anisha

Krishna means the most attractive. He is the divinity, the energy that pulls everything to it. Krishna Janamashtami also known as Krishnashtami, Saatam Aatham, Gokulashtami, Ashtami Rohini, Srikrishna Jayanti, Sree Jayanthi or sometimes merely as Janmashtami is a Hindu festival celebrating the birth of Lord Krishna who was born to destroy Kansa, the evil king of Mathura. Thus, birthday of Lord Krishna holds much significance in India and celebrated in different forms. It is observed on the Ashtami tithi, the eighth day of the dark half or Krishna Paksha of the month of Shraavana in the Hindu calendar, when the Rohini Nakshatra is ascendant. The festival always falls within mid-August to mid-September in the Gregorian calendar.



This festival offers an Occasion for social get together and exchange of good wishes. So many rituals and customs are followed on this day, some are common and some are very unique to a particular region. Devotees all over sings bhajans, chants hymn “**Hare Rama Hare Krishna**” and offers special pooja and aarti to get the blessings of God. Devotees all over India congregate Krishna temples at Vrindavan, Mathura, Dwarka, to plunge deep in the religious atmosphere.

Mainly the fasting up to the birth of Krishna in midnight is observed. The fast signifies the controlling of the senses and indulging themselves in activities that takes them to the divine enlightenment and destroys the ego within. In the early morning the idols of Krishna is cleansed with curd and Ganga water. After that the idol is decorated with yellow clothe and glittering gems. At day break, ladies draw patterns of little children's footprints outside the house with rice-flour paste, walking towards the house. This symbolizes the entry of the infant Krishna into his foster-home i.e. their homes. Special dishes made of milk are offered to the Lord Krishna and at the midnight devotees have food to end their fasts.

In some parts it is celebrated by breaking Dahi Handi. The handi is a clay pot filled with buttermilk that is positioned at a convenient height prior to the event, the topmost person on the human pyramid tries to break the handi by hitting it with a blunt object, and when that happens, the buttermilk is spilled over the entire group, symbolizing their achievement through



unity. Various Handis are set up locally in several parts of the city, and groups of youngsters, called Govinda, travel around in trucks trying to break as many handis as possible during the day. This is a very popular event which is also televised across the nation and leaves everyone spellbound with excitement.



Savitri

Contributed by: K. Mythili

Savitri was an ideal wife who brought her dead husband back to live by her power of virtue. Every year married women in India observe a vow in her name (Savitri Vrata) for long and healthy life of their husbands.

Savitri was born as a princess, the beloved daughter of King Ashwapathi. She grew up on striking beauty, charming modesty and matchless virtues. One day while coming through a forest she saw a young man carrying an axe on his shoulder and a bundle of wood in his arms. The youth's dignity and brave looks impressed Savitri at the very first sight. He was the son of king Dyumatsena. As the king had become blind, his enemies had attacked the kingdom and had driven him out. The king, along with his wife and son, retired to the forest. They had been living there practicing austerities and meditation. The youth's name was Satyavan. He was living with his parents and taking care of them.

The princess returned from the forest. She narrated to her father about Satyavan and expressed her wish to become his wife. Sage Narada was also in the palace at that time. Narada could read the past and the future. He told the king that Satyavan's life was short. He would pass away exactly one year from that day. But Savitri was firm in her resolve to marry Satyavan. Ultimately the marriage took place.

After marriage Savitri lived with her husband and his parents in the forest. She dressed herself like a simple woman and tenderly served her parents-in-law. However, Savitri could not forget the prediction of Narada. When there were only four days left for the completion of the one year, she took up the very difficult vow of Triratna or penance of three nights. She worshipped Goddess Savitri day and night and begged her to protect her husband. In the midst of her heart-breaking misery and agony, Savitri did not forget to do her daily round of duties. She touched the feet of her parents-in-law and they blessed her saying "May you live long with your husband". Savitri hoped and prayed that their blessings would come true.

On the fateful day Savitri accompanied Satyavan to the forest. Suddenly Satyavan developed a terrible headache while cutting wood. Savitri made him lie on the ground with his head on her lap. The next moment she saw a dark, mighty figure with a noose, standing before her and looking at Satyavan. He was Yama, the Lord of Death. As Savitri was watching, Yama drew out the soul from Satyavan's body and proceeded towards the south. After traveling a short



distance, he noticed that Savitri was following him. He was surprised. He told Savitri, “Dear Daughter, do not follow me anymore. You should go back and perform the last rites of your husband”. But Savitri replied, “O Lord! If one walks seven steps with another, the two become friends. Now you have become my friend. Please listen to me. Allow me to follow my husband. A chaste wife cannot remain parted from her husband. That is the eternal law of Dharma”.

Yama said, “I am pleased with your words and devotion. Ask me any boon except that of Satyavan’s life”. Savitri prayed, “O Lord! Restore the eyesight of my father-in-law”. Yama granted her prayer and asked her to go back as she was tired. Savitri replied, “O Lord! When I am with my husband how could I be tired? Wherever he goes is surely my destination too.”



Savitri’s wisdom filled Yama with admiration. He granted her one more boon. This time Savitri asked for the restoration of Dyumatsena’s Kingdom. This too was granted. But still she followed Yama with pleasing words. Again, Yama told her to ask one more boon, save that of Satyavan’s life. Savitri did not want to lose the chance anymore. She politely prayed, “O Yama! Please grant me worthy sons to carry on the name of their father’s dynasty”. And, lo, Yama granted that too without pausing to think about the deeper implications of Savitri’s request.

Savitri still followed Yama. Yama requested her to depart for no human is allowed to cross that place. Savitri, with folded hands told Yama, “O Lord! Just now you granted me that I will have



worthy sons. But this cannot be fulfilled unless Satyavan comes back to life and joins me. I don't want heaven or wealth without my husband". Yama found that he was defeated by Savitri's arguments. He had to grant back Satyavan's life.

Dyumatsena had got back his eyesight and had become king again. All lived happily.

The story of Savitri is the story of love, single-minded devotion and rock-like determination triumphing over even death. It is a story that enshrines also India's respect for womanhood.



Let's learn something from life everyday

Contributed by: K. Mythili

**“Sometimes when we are generous in small, barely detectable ways”
“it can change someone else’s life forever.” - Margaret**

**Just as water jar is filled up by falling rain, drop by drop,
the wise one is filled up with merit by accumulating it little by little”**

No matter how small a good deed you may get to do, don't think that it is not important, for if you habitually do small deeds, in the long run they will become big ones. I have seen that lot of times we feel like doing good things but we feel we don't have enough time or money or we think if we want to do something then it should be something big forgetting that the small things together that make a BIG thing.

I truly feel that in our daily lives without joining any social organization or spending money (if we can't) we can do numerous things that will affect someone if not many. It has happened with me many a times that very small deed by people around me will touch me and will inspire me to be a better person. Those people might not even realize how much difference they are making in my life. Sometimes those people are your family members or your friends and sometimes just strangers.

For example:

Sometime back I was looking for an ashtothar book in a temple. I was in a hurry so asked a person there if she knows where it was available. I could not find the book. While I was coming out of the temple, I saw her running towards me and said “Here is your book”. Looks like, she found the book and was looking for me. She saw me going out so she bought the book herself and gave it to me without even knowing how much I need. I was touched by her. I wished I became like her.

Sometimes when you are in not so great mood, good attitude and smile of the person at the counter changes your mood. Sometimes when you are in hurry and someone gives you way, it makes you smile.

Some months back I had been to passport office to renew my parents’ passports. But to my shock I came to know that we need to take an online appointment which had not been taken



previously. We were almost out of the office. In mean time there was an old man who allowed us inside and everything went on all. After the process we wanted to thank that person and searched for him. But in vain, we could not find him.

Such deeds need nothing else but a little thoughtfulness, love and concern. In my opinion all of us are capable of such deeds and it affects not only the person for whom you do but so many others.

Let's start by doing very small good deeds!!



The 10 Vedic Restraints

Contributed by: K. Mythili

The below mentioned Vedic Restraints are effective for individual's personal and spiritual growth and helps maintain harmony and order in the society.

1. Ahimsa

Practice nonviolence. Never be a source of dread, pain or injury to anyone. Follow a vegetarian diet. Never harm others by evil thought, word or deed, not even in your dreams. Let go the fear and insecurity of future.

2. Satya

Practice honesty / truthfulness. Admit your failures. Do not engage in slander, gossip or backbiting. Never betray promises. Speak only that which is true, kind, helpful and necessary. Be fair, accurate and frank in discussions.

3. Asteya

Uphold non-stealing. Control your desires and live within your means. Do not gamble or defraud others. Do not renege on promises. Do not use others' names, words, resources or rights without permission or acknowledgement.

4. Brahmacharya

Practice divine conduct. Be restrained with the opposite sex. Dress and speak modestly. Shun pornography, sexual humor and violence. Before marriage, remain celibate. After marriage, remain faithful.

5. Kshama



Be patient with circumstances and tolerant towards people. Be agreeable. Let others behave according to their nature, without adjusting to you. Don't argue, dominate conversations or interrupt others. Be patient with children and the elderly. Don't be in a hurry. Remain poised in good times and bad.

6. Dhriti

Be steadfast and resolute. Be decisive and persevering. Adapt to changes. Achieve your goals with a prayer, purpose, plan, persistence and push. Avoid sloth and procrastination. Develop willpower, courage and industriousness. Overcome obstacles. Never carp or complain.

7. Daya

Practice compassion. Be kind to people, animals, plants and the earth itself. Foster sympathy for others' needs and suffering. Forgive those who apologize and show true remorse. Oppose family abuse and other cruelties. Honor and assist those who are weak, impoverished, aged or in pain.

8. Aarjava

Maintain honesty, renouncing deception and wrong doing. Act honorably even in hard times. Obey the laws of your nation. Pay your taxes. Do not bribe or accept bribes. Do not cheat, deceive or circumvent to achieve an end. Be frank with yourself. Face and accept your faults without blaming them on others.

9. Mitahara

Be moderate in appetite. Don't consume meat, fish, fowl and eggs. Avoid junk food. Follow a simple diet. Enjoy fresh, wholesome vegetarian food that vitalizes the body. Eat at regular times, only when hungry, at a moderate pace, never in a disturbed atmosphere or when upset.

10. Saucha

Uphold purity in mind, body and speech. Maintain a clean, healthy body. Keep a pure, uncluttered home and workplace. Act virtuously. Keep good company, never mixing with adulterers and thieves. Keep away from pornography and violence. Never use harsh or indecent language. Worship devoutly. Meditate daily.



I retain contract

Contributed by: Vijaya Nallari

Koti pranam Baba I thank you for all that you have been doing and giving to my family and today I got an opportunity thru Sai Samarpan magazine to thank you and also share how you showed your miracles throughout my life.

I was so much worried about my contract this year as everyone is aware of recession and from March 16 onwards I was getting e-mails about the criteria of layoffs and I being a visa holder I was not sure about my job as usual. My only father, friend and everything in my life is none other than our beloved Baba and I just sat in front of him and prayed and I knew he doesn't even require us to tell what is our problem because he is only one to solve all our problems. I felt as if he was saying this to me: "I am there for you and my blessings are with you. Do not worry and you will visit Shirdi", but I kept worrying.

I feel myself guilty for the fact that i feel so insecure. But see the krupa and kindness of Baba you believe it or not I got contract on May 28th as Baba told. I am so thankful to him. We had an unplanned visit to India this year and had a good darshan of Baba. I always give some donation to temple in Gujarati lane /kandaswamy lane in Hyderabad. When I asked Maharaj what we could give, he asked to us to buy a idol of Baba in marble. We thought it was the wish of Baba and he only gave us everything and we had vighraha prathista on 6th of august and next day we flew back to USA. Everything went on well with grace of baba. Baba please shower your blessing in making me pass on one of my important exam and I don't have words to thank you Baba, Baba koti -koti pranam and please bless all your devotees and my family, give us strength and be with us .We need you all the time.

Om Sai Ram.



Believe in God

Contributed by: Anushka (10 years)

This article is just to tell you to believe in GOD. He is with you no matter what. If u go to a mind reader and tell him to read your mind and he says something terrible and you believe him then you're wrong. The only real mind reader is our god. There are lots of ups and downs in life but if you believe in god he will fix them. He won't let us down. I believe in God for many reasons. I read many stories and some my mom have told me and they are true. God is the one who built this planet to live

on. He is the one who gives us our life, the one who gives us chances and a family and home. Because he trusts you. You have to trust him too. You might be very sad that she has that he got that but don't compare yourselves with anyone. Be happy with what



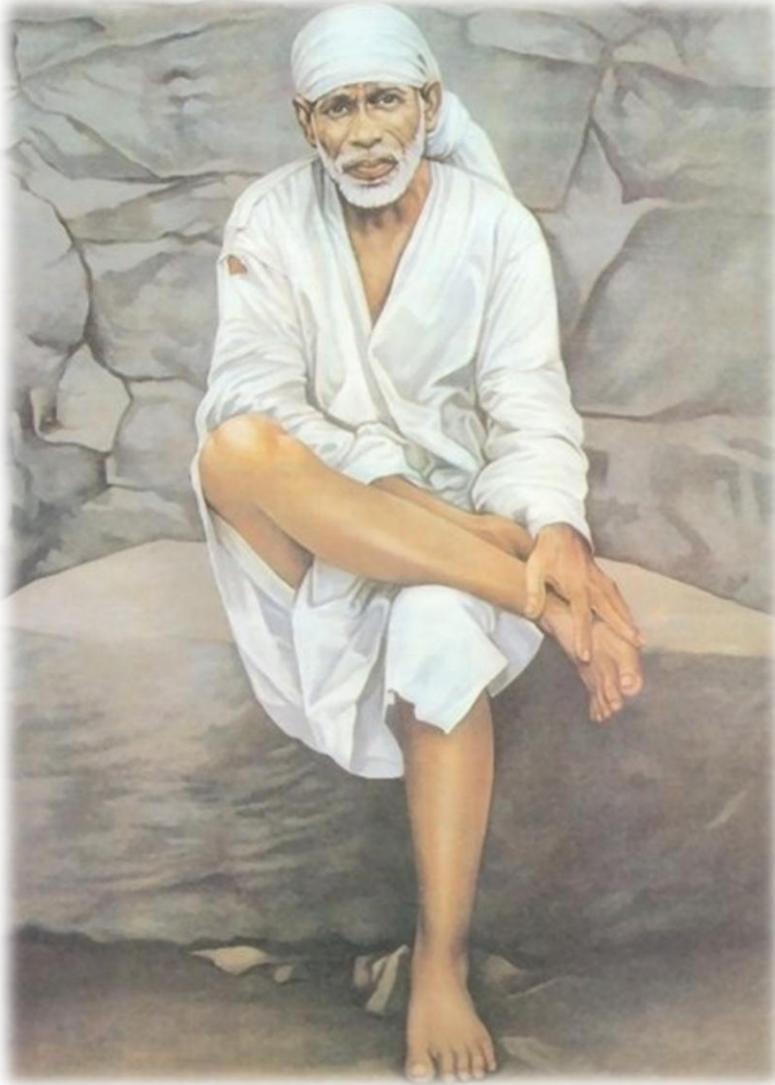
you have. Consider yourselves lucky. Some people don't have food to eat, water to drink and clothes to wear. You should be happy and never think anything bad about anyone or anything. God knows everything. He is the creator of the world. Baba please always keep all of us very happy and when we are sad guide us.



Baba has his own ways

Contributed by: Namarata Nagpal

I would like to express my thanks to Saibaba for being with me and my family always. He is a



part of our family. As a family member he stands with us every time. I would like to share one such memorable experience with baba when he graced us with his blessings. I did Sai vrat for my marriage. By baba's grace, I am married now to a nice person. The date of my marriage was not getting finalised easily due to some or the other reason. Finally it got fixed on 17 November 2009. A year back I had received sai sachritra from one of my friends. She had written the date on which she gave the book to me. I had never paid attention to it. After the date of my marriage got fixed, I was reading baba's sachritra and to my surprise I noticed that it was 18 November 2008. Baba has his own ways of gracing his people. Thanks Baba.



Baba blesses my friend's career

Contributed by: Manisha Bhala

One of my good friends was working in an MNC company and he was the only source of income of his family. In spite of working hard for three years but there was no growth in his life. He was trying badly for a new job but just because of the compensation he left so many offers. Days were passing like anything and he was in a very difficult situation. Then, I thought of doing Sai Nav Guruvar Vrat. I had started the vrat with all rituals. As i was having great faith on him i completed 8 vrats with all due formalities and he was also giving the interviews for the new post. After 8

Thursdays I went to my uncle's place with my grand mother as she was in a serious condition. So, there I could not do the 9th vrat. Days were passing and I was also tensed with my grand mother and about the due



vrat. But I was very sure that baba will definitely bless him with a new job. One day I got a call from my friend that he had got a new job in another MNC company and that company was his dream company. I was very happy for him. One more thing I wanted to share with all of you that I asked baba to give my friend at least a fixed amount of salary per annum and the salary he got was exactly the same. It was a pleasant surprise. Mean while my granny was also improving her health and we came back to our place. I have completed the 9th vrat with all due formalities. I just did puja with Shraddha and Saburi as he said. Baba, Bless everyone as you have blessed us. I only ask for your blessings, Kripa, and your avichal pure Bhakti.



SAI's Blessings

Contributed by: Reema Arora

SAI, SAI ,SAI, only the SAI is the rescue , you just chant his name and he'll take you through the hard phase of your life. Its not just I've read this somewhere, this is what I've experienced in my life. I have never thought that SAI will be that much part of my life, but today I can't even think of living without him, he's the only one to whom I turn to whenever there is any problem or when I'm happy. Would like to share one of my experiences with all of you, which I thought would do, if I'll pass through that phase of my life, and see I have, calmly, just because of HIM.

I got married back in 2006, and was living happily in Delhi with my husband Vikas, my in-laws were there in Mohali. Vikas used to drink occasionally at first but then this occasionally was turning to frequently with which I was so upset but didn't know what to do. On Oct '2007 on one of Thursday he went for party with his friends without my consent as I always asked him not to drink at least on Tuesday and Thursday, for this I cried a lot in front of Sai seeking solution for the same and then with time forgot about all that , but in Dec'2007 only, he was diagnosed for Carcinoma in situ in his Tongue, this was Shock for our family, again I turned to SAI only praying to have everything in place, as though I want him to get rid of his drinking habit but not at Vikas's cost. But you know we can never understand the ways of Sai for setting things right, he's the Best Judge for all of us and thinking only this, I left every thing on him and we came out of that phase happily.

Since then we were in touch with our Surgeon for regular follow-ups and I was continuously asking Vikas to take me to Shirdi, to which he was not agreeing, as he doesn't believe in all this puja and faith, but yes he never stopped me as well. Meanwhile he has again started drinking occasionally, suddenly in March 2010 my husband started having pain in his tongue and a patch was again developed there. Doctor suspected it to be Carcinoma and suggested to have biopsy done. We never thought of its reoccurrence. Suddenly on 31st March 2010, Vikas on seeing me depressed agreed to visit Shirdi and we went there on 1st April itself and had darshan and prayed there. Our journey was smooth as if Sai had come to take us along with him as it was not preplanned and we did not face any difficulty.

On coming back from there I asked Vikas to drink SAI's udi which he did only on my request but you believe with in a month his pain was gone . I can feel that its Sai, but Vikas was not ready to believe that udi can cure him and he stopped drinking that, after few days he experienced that pain again and we went for biopsy as suggested by Doctor. We were very afraid of the report as



what if its carcinoma again, and why it would have happen. The day when report has to come all our family members were very upset, both of us were also didn't felt like going to Doctor, it was just like our results were to be out for which we were sure that we'll not be through, but I was just praying to SAI in my heart thinking HE only can take us through.

On the way to hospital I took test of my faith like that If I see picture of Sai on any of the vehicle on road on the way to hospital Reports will be fine else not, and you know what I couldn't see a single vehicle which has Sai's photo, I got depressed and took that Sai might have thought otherwise and we can't go against him. But as we entered hospital and were about to park our car in parking area I SAW SAI on back of one car giving his blessings. I was so happy to see him, I felt like that now nothing can be wrong as Sai's there with us. And my faith was right as doctors declared that there was nothing to worry. On hearing this tears of utter happiness welled up from my eyes. It was as if we had got every thing. From hospital we went directly to nearby Sai's temple to thank him for this and for everything he had given us.

I know my husband still doesn't have Faith on Sai though he visit Sai's temple with me and chant Jai Sai Ram for me whenever I'm in some difficult situation, but I do believe the day will come when he'll definitely say yes SAI is here and without Sai there is nothing.



Blessings and Suggestions of Sai

Contributed by: Saritha Vasireddy

I was asked to resign from my previous job in Dec2009. On last working day, I asked Baba whether I would get a new job or not and opened "Sai Satcharitra book". I read the story of cholkar which is in chapter 15 and he got job through Sai's grace. I gave so many interviews from Dec to May without any success.

In May, I attended one interview which I lost in its last round. That day I felt huge disappointment and asked Baba why it was happening to me; I asked question to Baba through



"Questions & Answers" link in our website. Baba gave me the answer that it was because of 5 rupees. I was perplexed. I did not understand it initially; however, after analysing I understood the reason. My mother used to put 10 rupees flowers daily to Baba but when my mother went to my native place I had put only 5 rupees flowers. I understood my mistake and started putting 10 rupees flowers everyday.

After few days, I got a call from some company. But I was not willing to attend as their requirements were quite high and it was located far away. Next day was Thursday and I started Nav-vrath Sai Pooja. While I was doing pooja, I got call from the same company to come for interview. I asked Baba whether to go or not and opened the book "Questions & Answers". Baba told put some effort and attend the interview. I opened it three times and got same kind of answers. As Baba had advised, i went ahead and attended the interview. In that interview, I got selected. It was only through Baba's grace.

Om Sai Ram.



Spiritual significance of Navratri

Contributed by: Gaurav Kathuria

Historical Importance: This vowed religious observance was advocated by Sage Narad to Lord Rama so that He could slay the demon Ravan. After completion of this observance Rama attacked Lanka and finally slayed Ravan. The female deity (devi) combated the demon (asur) Mahishasur for nine days from the first day (pratipada) to the ninth day (navama) and finally slayed him on the ninth night. This victory is celebrated on the tenth day (dashami) and is called Dasra (Dassera, Dasara). Whenever tamasik, demonic and cruel people become active and trouble the sattvik, righteous and honest people in the world, then Devi reincarnates again and again to establish Righteousness

Science (shastra) behind Navratri: 'Ratri' implies change. One of the Names of the female deity (Devi) is Kalaratri. Kalaratri is the one who brings about change in Kalpurush, the absolute being of time (kal). Rotation is the inherent nature of the earth. Changes such as day and night occur on account of the rotation of the earth. To be able to withstand such changes, vowed religious observances like Navratri are undertaken. Triratri (worship for three nights) and Navratri (worship for nine nights) are types of spiritual practice. In the Navratri vrat, the Triratri vrat is repeated thrice with regard to the three female deities – Sarasvati, Lakshmi and Parvati or Kali. On the first three days of Navratri, the worship of Mahakali, who controls the tama component, is undertaken to reduce the tama component in oneself. On the next three days, the worship of Mahalakshmi, who controls the sattva component, is undertaken to enhance the sattva component in oneself. On the last three days, the worship of Mahasarasvati, who controls the raja component, is undertaken to intensify one's spiritual practice.

This year Navaratri starts on 8th of October and concludes on 16th of Oct. Dasara (Vijayadashmi) is on 17th of Oct.

An embodied soul obtains benefits by fasting in this period and depending on one's intense desire one's six foes reduce accordingly. Hence 'vrat' of taking only 1 meal a day is observed. Six foes of the soul are: lust, anger, greed, pride, attachment and jealousy.

On these nine days, the 'Devi' principle is more active in the universe. Hence repeating the Name (Naamjapa) of Sree Durgadevi – 'Sri Durgadevyai Namaha' - is advised.



Festival of Dasera (Vijayadashmi)

Contributed by: Gunjan Kathuria

Dasera is a major Hindu festival, as it is part of the three-and-a-half auspicious days (sade teen muhurta) of the year. It is the name imparted to the tenth day (dashami) of the bright fortnight of the Hindu lunar month, Ashvin. Dasera is also called the concluding day of Navaratri, The immersion of the Navaratri (female deity's) statues is done either on the ninth day of Navaratri or on Dasera itself. This year, Dasera (Vijayadashmi) is on 17th of Oct.

History and significance of Dasera: It signifies victory (Vijaya) over all the directions, it is also called Vijayadashmi. Vijayadashmi means the day which helps one obtain Knowledge, Bravery, Wealth and Victory.

Lord Rama slayed the evil Ravana and emerged victorious on this day. Arjuna, emerged victorious by defeating the Kaurava army.

Method of celebration: On this day in the afternoon, one should cross the border of the town in the north-east direction. The shami tree or apta tree is worshipped with the recitation of special prayers, asking for victory over one's defects and enemies, success in one's endeavors and reunion with friends. The leaves of shami are kept inside the house whereas the apta leaves are offered as gold to God and exchanged with each other. The frequencies emanated from shami help in purifying the air in the Vastu.

Worship of instruments (Shastrapuja): Soldiers clean their weapons, arrange them in a row and worship them. Farmers and artisans, too worship their respective implements or instruments on the day of Dasera. In order to increase the bhav in Kshtraveers (the one who is using weapons), it was recommended to worship the instruments.



Magical Baba knocks at my door

Contributed by: Swetha Konaki



Our family got introduced to Sai Baba when my dad visited Shirdi in 1980 when one of his friends persuaded him to visit it saying there is a man who performs miracles there. Then onwards, my dad visited Shirdi every year. I was not drawn to spirituality and was living my life without feeling the need to know God till my tenth standard exam when I was much tensed about it.

My dad advised me to read Sai Sat Charitra to ward off all fears. I read it like a story book. I kept reading it again and again as I was very much fascinated by the miracles stated in that book. One night while

reading the book; a thought came to my mind that i was foolish to beleive that such a man could exist and I was no longer a child to read such books of magic.

In that week, an incident happened which changed my life. It was sometime in the afternoon on Sunday. Somebody knocked the door shouting Allahh Alllahh... He wore orange long dress and



had a turban which was white. He wanted something. I was very angry that this man had the guts to knock the door and I told him to go away. He left smiling. After about ten minutes, it stuck me that he could have been Baba. So, I peeped out through the window and saw he was going into a dead end lane. I waited outside to give him some food and money for about two hours. He never came back from that dead end lane. There was only one house in that lane. I asked the inmates of the house if a saint like person had come to their house. However, they replied in negative. I had mixed feelings. I was angry, happy, sad, surprised at the same time. Baba had proved his presence and cleared my thought. From then onwards, I breathe only with the belief that he is always with me. I love you sai baba.

May peace be with all.

Bless us Sai Baba.



Maha-Shivratri: The Great Night of Creation

Contributed by: Nikhil Dugar

Mahashivratri, as the name itself describes its meaning; it is the “Great Night of Lord Shiva”. This is the holy night of creation. Creation of a new world. This is the night of Ling Avatar of Lord Shiva. There are two stories from holy Puranas famous for explaining the cause for celebrating Mahashivratri.

First: Once lord Shiva were intimate with Goddess Parvati. He didn't come back for long to watch over the world. The working cycle and balance of universe started to get disturbed. This made all the Gods and Goddess worried. They went to Brahma Ji asking him to bring back lord Shiva. By listening to worries of Gods, Brahma Ji went inside the lord Shiva's house without permission. But lord Shiva were still intimate with Goddess Parvati and ignored Brahma Ji. This made Brahma Ji furious and he cursed lord Shiva to take birth in the form of “Ling Avatar”. Thus, as lord Shiva took new avatar, i.e. in the form of Ling, on this great night of creation, this festival of Mahashivratri is celebrated. The auspicious night was the 13th night of waning moon (Krishna Paksh) of the Phalgun (February-March) month.

So Mahashivratri festival is celebrated by keeping half fast i.e. eating food only once a day, on 13th day of Phalgun (triyodashi) and keeping a whole fast i.e. without eating any food and water for whole day, on the 14th day of Phalgun (chaturdashi). People remain awake for the whole night of Triyodashi singing hymns in Lord Shiva's praise and chanting OM NAMA SHIVAY.



Second: According to legend, Once King Daksh was searching for a good suitable husband for her daughter Sati Parvati. For this he also asked for the advice from “Dev Rishi Narad Ji”. Then Narad Ji told the king that his daughter had already accepted Lord Shiva as her husband and Lord Shiva had also accepted her as his better-half. Still King Daksh went on looking for more able and handsome husband for his daughter. Then Sati Parvati requested her father to stop looking for husband for her as she had already accepted Lord Shiva as her husband. Initially King Daksh protested and was angry with his daughter. But later he had to pull back due to unwavering attitude of Sati Parvati. He happily blessed the marriage of Lord Shiva and Sati



Parvati. For this occasion the festival of Mahashivratri is celebrated with great devotion and excitement.

Festival of Great Creation and Discipline of Worship:

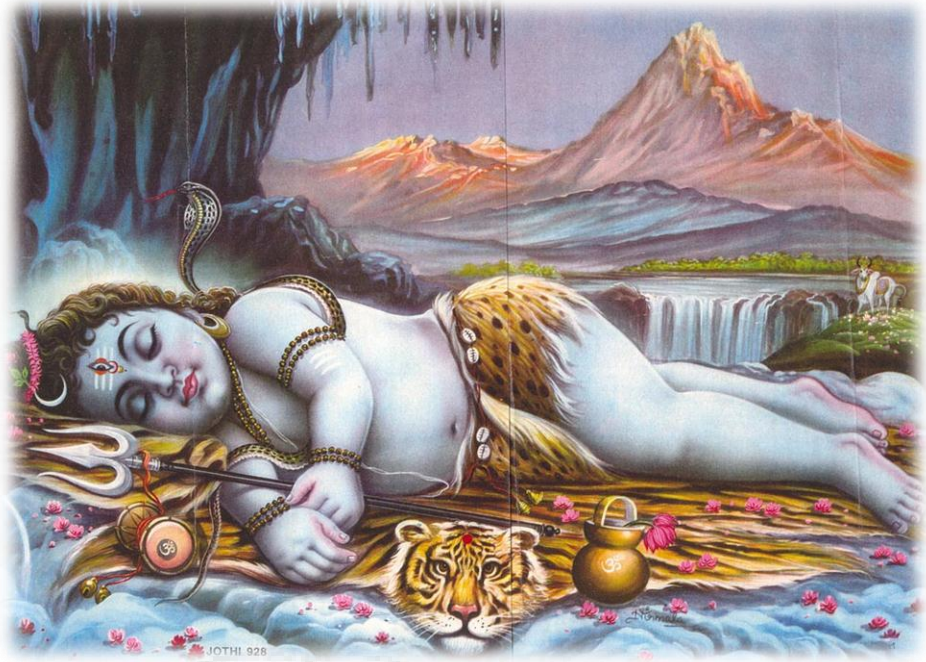
Indian Festivals are not only a mere source of tradition, enjoyment or excitement. Every festival has a philosophy and science behind it. These festivals play a great role in our present world also, just as they were important in previous ages.

There is a philosophy behind the celebration of Marriage of lord Shiva. Lord Shiva shows us the simplicity and necessity of married life. Shivatva provides happiness and satisfaction in life. This festival of creation signifies the need of better world. On this holy night great creation took place because this night witnessed the love of “Shiv” and “Shiva”. Shiv is the symbol of Masculinity and “Shiva” i.e. *Mother Nature* is the symbol of feminity. And when they met Universe was born.

In this world of ours everyone is involved in creation. Creation of innovative ideas, products or services, teaching and learning etc. is due to the Shivtatva or shivatva present in ourselves and



the power behind this Shivatva is worship, devotion, dedication and discipline. One who can find the Shivatva in his heart and successfully attain discipline in life will be able to find success and happiness. Realization of God will be no more difficult to him and he will be free from the cycles of birth and death.



Let's chant Maha-Mrityunjaya Mantra :
 Om Tryambakam Yajamahe
 Sugandhim Pushti-varadhanam
 Urvarukamiva bandhanan
 Mrityor mukshiya mamritat
 Om.

We worship The Three-Eyed Lord Shiva who is fragrant and who increasingly nourishes the devotees. Worshipping him may we be liberated from death for the sake of immortality just as the ripe cucumber easily separates itself from the binding stalk.

Om Namah Shivay Om Namah Shivay Om Namah Shivay



The amazing grace of Bilva Sai

Contributed by: Dr. Annapoorni MDS

It was 14th Jan 2010 morning and Pongal celebrations were in full swing at home, here in Chennai, Tamil Nadu. I was busy in the kitchen getting ready for the pooja of which I was always fond of right from my childhood. This day also happened to be my husband's (Neels) birthday. The copper placard of Lord Surya was brought in to the kitchen, the lamp lit, the Pongal cooked and joyous celebration followed. Neels came up the suggestion that we go out for dinner that day since it was his birthday. We all agreed to the plan. As per the plan me and my daughters



were ready by 7pm for dinner and Neels who had gone out came around 8pm with a sunken face. He told me that he had severe gastritis (excess acidity in the stomach) and hence the dinner programme would not be possible. I made a quick dinner at home and all of us went to bed around 11pm. I normally sleep downstairs for convenience. It was

around 5am on 15th Jan 2010, Neels came running from upstairs shouting Poorni! Poorni!...BABA BABA. I woke up with a startle and asked him, what happened? What happened? And all that he could say was BABA BABA. Then I asked him, did you see BABA? Yes, and I am very scared he said. I immediately applied some vibuthy (or udi) on his forehead and told him not to get scared of GOD and told him to take some rest. Whenever Neels gets gastritis he takes an alprax (anti anxiety drug) apart from other drugs for the condition ,so it made me wonder for some time if he was in a state of delirium, but I ignored my thoughts. Later on the day at 7.30am as he was getting ready to go to the temple (that's his routine) he suddenly called me from the pooja room and said, Poorni look at this and to our surprise every picture in the pooja room had vibuthy on them, chunks of them. My eyes were filled with tears of joy. My



heart was filled with gratitude. My lovely SHIRIDI SAI in the centre of the pooja room had a large bindi of vibuthy on his forehead and a beautiful three petal flower vibuthy on his turban.

HE DID TELL ME, I DID VISIT YOUR PLACE.

The vision that Neels had was a room full of bright orange Sathya Sai. Neels later told me that the brightness was far far brighter than the brightest sun and blinding as well, but still he could see. That morning he was woken up by a very wonderful fragrance which he says he cannot compare with anything he knows of. All that I can say is that "HIS" amazing grace is always present. A few days passed by and we had a stream of visitors at home ,some inquisitive and some amazed. A brother of mine remarked, Annapoorni, that's bilva on Sai's turban. My happiness knew no bounds. Yes the three petal flower was bilva leaf, which is used to perform Shiva pooja and Lakshmi pooja.

I have heard people saying miracles happen to people who believe in it. My sister in law Dr.Anu Diwakaran is very fond of Sai and she has written a small booklet titled "AMAZING GRACE" wherein she has narrated the various miracles that has taken place in her life. One photograph published in it shows "s" shape formation of the burnt agarbathi ash, defying the law of gravity, and I was always in awe with that photograph. Then the day arrived on may 5th when I lit the lamp and agarbathy in the pooja room and went off to work .The burnt agarbathy had beautifully turned in to a lovely "s" to say "S" for SAI.(INDEED AMAZING GRACE). Later I learnt that 5th may was Eswarammas day.

"SAI RAM GIVE US A HEART FULL OF LOVE,
A THOUGHT FULL OF CHEER,
A MIND THAT IS KIND AND A BRAIN THAT IS CLEAR"
OM SHANTHI, SHANTHI, SHANTHI.
INDEED IF WE PUT ONE STEP TOWARDS HIM
HE WILL PUT HUNDRED STEPS TOWARDS US.



Sai Baba as a Yogi - Satchidanand SATGURU

Contributed by: Neeraj Mathur

Sai baba is great, He always helps me in all the paths of life. I would like to share few of the best knowledgeable deeds I knew:

Sai Baba as a Yogi - Satchidanand SATGURU

Sai Baba knew all yogic practices. He was well versed in the six processes including Dhauti, Khandayoga and Samadhi, etc. He demonstrated His mastery over yogic exercises many a time.

Yet, if you think that He was a Hindu, He looked like a Yavan. If you think Him to be a Yavan, he looked like a pious Hindu. No one definitely knew whether he was a Hindu or a Mohammedan. Inferences could be drawn from His dress or body features but all such superficial inferences were meaningless. They did not serve any purpose.

He celebrated the Hindu festival of Rama-Navami with all due formalities and at the same time permitted the 'Sandal' procession of the Mohammedans. He encouraged wrestling bouts in this festival and gave good prizes to winners. When the Gokul Ashtami came, he got the 'Gopal-Kala' ceremony duly performed and on Id festivals, he allowed Mohammedans to say their prayers (Namaj) in his masjid.



Once in the Moharum festival, some Mohammedans proposed to construct a Tajiya or Tabut in the Masjid, keep it there for some days and afterwards take it in the procession through the village. Sai Baba allowed the keeping of the Tabut for four days and on the fifth day removed it out of the Masjid without the least compunction. He allowed all the devotees to celebrate festivals at Shirdi according to their preferences and the various religious in vogue adopted by them. In Baba's Masjid except a garlanded wall there is no image or photograph of any deity. If we say that he was a Mohammedan, his ears were pierced (i.e. had holes according to Hindu fashion). If you think that he was a Hindu, he advocated the practice of circumcision (though according to Mr Nansaheb Chandorkar, who observed him closely, he was not himself circumcised. Wide article in Sai Leela on "Baba Hindu Ki Yavan" by B.V. Deo, page 562).

If you call him Hindu, he always lived in the Masjid; if Mohammedan, he had always the Dhuni - sacred fire there, and the following things which are contrary to Mohammedan religion, i.e., grinding on the hand mill, blowing of the conch and bells, oblation in the fire, Bhajan, giving of food, and worship of Baba's Feet by means of ARDHYA (water) were always allowed there. If you think that he was a Mohammedan, the best of Brahmins and Agnihotris, leaving aside their orthodox ways, fell prostrate at his feet. Those who went to make enquiries about his nationality were dumb-founded and were captured by his Darshana. He gave visions of all the respective Gurus and deities according to devotees choice whether expressed or hidden. Baba, when asked about his creed, to that he belonged to Saint Kabir's creed.

So none could definitely decide whether Sai Baba was a Hindu or a Mohammedan. This is no wonder; for he who completely surrenders himself to the Lord, by getting rid of his egoism and body - consciousness thus becomes one with him, and has nothing to do with any questions of caste or nationality. Such a one as Sai Baba was, saw no difference between caste and among beings and beings. He took meat and fish with Fakirs, but did not grumble when dogs touched the dishes with their mouths. Thus Sai Maharaj was beyond all personal references, time and space dimensions.

Such a unique and wonderful GOD incarnation was Sai Baba.

In last I would say that have faith in Sai Baba, He keeps his eye on all. he will not let you go empty. Shradha and Saburi are the two things He needs from us, I too did not have patience but yes I will advise all those who have deep faith in Sai Baba, just keep your faith, He will took you to the sky. I had too faced power of Sai Baba.

Shri Sachidanand Satguru Sainath Maharaj ki Jai



Kanaka Dhare

Contributed by: Revathy Ramkumar

Kaladi is a small village in Kerala. A learned Brahmin, by the name of Sivaguru, and his wife, Aryambal, spent their life in pooja and in giving alms to poor and in other good deeds. This childless couple went to Trichur and performed puja for 48 days to Lord Vadakkunathan (Lord Shiva) and prayed for a son. Lord Shiva melted in their devotion and appeared before them and told them "I am extremely happy with your devotion and you will get what you want.

Tell me whether you want a number of dull children or a son who is extremely intelligent, who will live for a short period only." The couple replied the decision could not be theirs as the Lord knows what is good for them.

The Lord, pleased with their reply, was born to the couple Sivaguru and Aryambal under the star "Thiruvathirai." As the Lord had already promised that he will be born to do good to this world, the child was named Sankara. Sam means prosperity and Kara means the giver. All those who saw the child were left in awe at the divinity and beauty of the child and said.. "This is not an ordinary child".

As Shankara grew up, he attracted everybody with his intelligence and kindness. At the age of three, he was given "Aksharabyas", i.e., the learning of writing and reading. At the age of four, he lost his father. At the age of five, he was initiated in Brahmacharyam i.e., the holy thread ceremony was conducted and he was sent to Gurukul for learning of scriptures. As per the practice the brahmachari has to go from house to house and take alms and submit this to his guru. On a Dwadasi day Sankara happened to go to the house of a very poor lady and asked for the alms. The lady did not have a single grain of rice in her house to give. However she had kept a single Amla fruit for herself as it was a Dwadasi day. She unhesitatingly gave this Amla fruit to Sankara as she could not send a Brahmachari empty handed. Sankara was moved by her selflessness and the poverty of the lady and prayed to Goddess Lakshmi in a beautiful sloka which is called "Kanaka Dhara Stotram". On completion of this stotram, Goddess Lakshmi appeared in person and showered a rain of golden amlaka's on the poor lady's house. It is generally believed that Goddess Lakshmi will shower her blessings on all those who chant this shloka with bhakti and love. There will never be any shortage of food in their homes. I am herewith giving link for the shloka for the benefit of those who wish to chant the same.



Squirrel got its stripes

Contributed by: Revathy Ramkumar

Most of us are familiar with the Ramayana and the small anecdotes therein, which convey very important and sweet messages, which we should apply in our day to day lives. Here is one such story about a squirrel that does his little bit to build the bridge along with the monkeys.

Sri Rama along with His brother Lakshmana and the Vanara sena march towards the sea. They have to cross the sea to reach Lanka where Ravan the ten headed rakshasa king has kept Sita Devi captive. Rama began to shoot arrows into the sea. He wished to control the sea and force it to make way for the army to pass through. The arrows were so powerful and produced so much heat that the water began to hiss. All the creatures who lived in the water began to fear for their lives. And they appealed to the God of the sea to help them.

The sea god appeared before Rama. He appealed to Rama not to shoot arrows across the sea as that would harm the living beings in his kingdom. Instead he suggested Rama to ask Nala to build the bridge, as he was the son of Vishwakarma, the engineer of the gods. He also says that the prince can ask the monkeys to help by bringing boulders and trees and he himself would receive these things



and keep them in place on the water. Rama told Sugreev what the sea God had told him and Sugreev in turn ordered Nala to build a bridge.

Soon hundreds and thousands monkeys and bears had spread out all over the mountains and forests. They uprooted trees and rolled down rocks from the mountains. They dragged both the trees and the rocks to the shore and threw these into the sea. The water splashed high. Standing by the seashore, Nala supervised the work. Day after day the work went on, amid great noise and confusion. Rama`s heart filled with joy to see the army of monkeys and bears working so willingly to build the massive bridge. One day while the work was in progress, a small brown squirrel came running to the shore. She was carrying little pebbles in her mouth. She placed the pebbles alongside the great boulders and ran back for more.

Back and forth, back and forth she went till some of the monkeys saw her and they mocked her. The bears joined in their merriment. In fact, one of them tried to catch hold of the squirrel but she was too quick for him. Dodging the bears and the monkeys who made fun of her, the little squirrel ran straight to Rama. She found him talking to Nala. He was too tall for her so she stood on her haunches and spoke as loud as she could. She complained to the lord about the mockery she was facing at the hands of the horrid bears and monkeys.

Rama heard the squirrel`s voice above the gurgle of the sea and the noise of bridge building. He bent forward and lifted up the squirrel between his two palms. His heart melted to see that she had tears in her eyes. Rama acknowledged her contribution saying that the bridge will be made stronger by the pebbles she has brought. He further added that from then onwards nobody would make fun of her physical appearance. Rama gently stroked the squirrel`s back with his fingers. When he raised his hand, the marks of his fingers were there, white against the brown fur. And ever since then the squirrel has carried three white stripes on her back, as a token of Rama`s affection.

In due course the bridge was completed. Rama and Lakshmana crossed over with Sugreev`s army led by Hanuman. A great battle followed. Ravana was killed and Sita finally restored to Rama. They came back to Ayodhya and were received with great joy by the people. King Dasharath had died in the meantime so Rama ascended the throne and ruled for many years. This story tells us that every little contribution makes a difference and does count. so let us not underestimate those weaker than us.

Jai Gurudev, Om Sai Ram.



Waiting for buying miracle

Contributed by: Aditya

Background: I was thinking to write something for my Samarpan readers, when I started for vacation in Chicago with my grandson, daughter and son-in-law. In spite of reminding myself a number of times, I was unable to write anything for one reason or other in the last three weeks. As nothing happens without the blessings and inspiration of our Sadguru Saibaba, I waited and prayed him to inspire. Today, I got up early at five and first thing which came to my mind after prayer was to write the article for the Samarpan. Next question came into the mind is what to write and where to start? Being indecisive, I scrolled through my mails and saw this story down below "on buying miracle to happen" and that's how the writing started. I must admit that the story is not mine and is passed on to me to pass it on to you!!



Story: On buying miracle to happen

A little girl Tess went to her bedroom and pulled a glass jelly jar from its hiding place in the closet. She poured the changes out on the floor and counted it carefully. Three times, even the total had to be exactly perfect. No chance here for mistakes. Carefully placing the coins back in the jar and twisting on the cap, she slipped out the back door and made her way 6 blocks to Rexall's Drug Store with the big red Indian Chief sign above the door. She waited patiently for the pharmacist to give her some attention, but he was too busy talking to someone at this moment. Tess twisted her feet to make a scuffing noise. Nothing happened. She cleared her throat with the most disgusting sound she could muster. It did not work. Finally she took a quarter from her jar and banged it on the glass counter. That did it!

'And what do you want?' the pharmacist asked in an annoyed tone of voice. I'm talking to my brother from Chicago whom I haven't seen for ages, he said without waiting for a reply to his question. 'Well, I want to talk to you about my brother,' Tess answered back in the same annoyed tone. 'He's really; really sick and I want to buy a miracle.' 'I beg your pardon?' said the



pharmacist. 'His name is Andrew and he has something bad growing inside his head and my Daddy says only a miracle can save him now. So, how much does a miracle cost?'

'We don't sell miracles here, little girl. I'm sorry but I can't help you,' the pharmacist said, softening a little. 'Listen, I have the money to pay for it. If it isn't enough, I will get the rest. Just tell me how much it costs.' The pharmacist's brother was a well dressed man. He stooped down and asked the little girl, 'What kind of a miracle does your brother need?' 'I don't know,' Tess replied with her eyes welling up. 'I just know he's really sick and Mommy says he needs an operation. But my Daddy can't pay for it, so I want to use my money.' 'How much do you have?' asked the man from Chicago. 'One dollar and eleven cents,' Tess answered barely audibly. 'And it's all the money I have, but I can get some more if I need to.' 'Well, what a coincidence,' smiled the man. 'A dollar and eleven cents is the exact price of a miracle for little brothers'. He took her money in one hand and with the other hand he grasped her mitten and said 'Take me to where you live. I want to see your brother and meet your parents. Let's see if I



have the miracle you need.' That well dressed man was Dr. Carlton Armstrong, a surgeon, specialized in neuro-surgery.

The operation was completed free of charge and it wasn't long until Andrew was home again and doing well. Mom and Dad were happily talking about the chain of events that had led them to this place. 'That surgery,' her Mom whispered. 'was a real miracle. I wonder how much it would have cost?' Tess smiled. She knew exactly

how much a miracle cost. One dollar and eleven cents plus the faith of a little child. In our lives, we never know how many miracles we will need. A miracle is not the suspension of natural law, but the operation of a higher law.

I know you'll keep the ball moving! Here it goes. Throw it back to someone who means something to you! A ball is a circle, no beginning, no end. It keeps us together like our Circle of Friends. But the treasure inside for you to see is the treasure of friendship you've granted to me. Today I pass the friendship ball to you. Pass it on to someone who is a friend to you.

MY OATH TO YOU...

When you are sad.....I will dry your tears.
 When you are scared.....I will comfort your fears.
 When you are worried.....I will give you hope.
 When you are confused.....I will help you cope.



And when you are lost...And can't see the light,
I shall be your beacon....Shining ever so bright.
This is my oath.....I pledge till the end.

Signed: GOD

After story telling

My dear readers, the above story and the authors writing on My Oath to you beautifully confirms to the sayings of our Sadguru Saibaba. Most of you are aware of the happenings when our Sadguru Saibaba was alive and there after till date. We want miracle to happen in our life, but how many of us have the "Faith of the child" with in us? Isn't our Sadguru asked us to have "Sraddha and Saburi" (Total faith and patience) in him. With his blessings, I have seen miracles happening across seven seas with me. My earnest request to you is to develop total faith and patience in you for him, then you can also buy miracle.



God is omnipresent

Contributed by: Saib

Dear Brothers and Sisters,

While reading some messages I came across a message asking to reply to unanswered messages. It gave me answer to one of my question, why people suffer for so long? Why they stop at Gate only when Doors are opened 24/7? This is what I think. You all are intelligent in spite of some pain for some reasons.



Before I come to the point, some years back I was not a hardcore devotee of Sai. It was only when tests of life began; I approached Sai for help, where only death was appearing solution for all my problems, I took some time, and under the Grace of Sai succeeded to return to Normal life. So, I think many times when Sai could help an outsider like me, who was even not a devotee, and then why these people who are so good devotees are suffering on account of self created assumptions on life or being victim of some hard circumstances of life?

Yesterday when I read that message, it stroke in my mind, that it could be one of the reasons.

There are so many sites on internet / forum, people come there, get substantial amount of advice as per their satisfaction, and life keeps going like this. Then what is the difference?

There are many temples and other religious places all over the world, lots of ashrams of modern Baba's etc, still why so much of pain?

I am not a regular visitor of religious places, but when ever I visit, observe various type of visitors there. Some wanted to meet each and everyone as being associate of an MLM / Insurance company to sell their products and widening their social network, some just in search



of bride and groom, some just to picnic with kids and some people to meditate in the powerful name of Lord, Some just to only see lovely idol of their beloved Lord and for some to whom Lord himself invited to the holy place for some special reason.

If you to visit any temple etc, which remains your first priority?

I have observed many people who just come and start with complaints; end with complaints that Sai does not listen them. Many just share their wisdom giving some good knowledge and tips, some like me sometimes just passing knowledge of various intelligent personalities to help on some issues of life.

In many major religious places, you could find a library, beautiful building and sight seen with greenery. But should these be reasons to visit a temple. God is omnipresent; still we visit these places to feel some extra aura of Lord, like air is everywhere still we use cooler, fan or AC just to get cool air when everything is getting hot due to high temperature. But what will happen if you start AC and simultaneously open all doors and windows?

Just to share when I was in pain, I was even not in the position to type my issues, could only write Sai or Om Sai Ram. There are many who could at-least being in this position to express their pain their problems.

Again coming to point, if you visit any temple, make your priority THE LORD ONLY, first visit prayer room, Keep away your all tensions and worries, just concentrate on Sai only. Even for few seconds forgetting everything else including your own existence, just connect your spirit with the holy feet of Sai. Trust me if you get into this, there will be no problems at all, all problems will reflect as a bubble on the water, Your faith on Sai will absolutely assist you to handle all issues of the problems and will attain such amount of wisdom which you desire to hold will be good, in terms of a divine and pure life for both states being a householder or a monk / saint.

It is not bad to discuss problems with others and seek guidance of learned and experienced devotees. Just respond to messages if time permits. Study many spiritual aspects of life shared by many great devotees, and good stories so that you can tell to your kids. Read great poems to get your mind relaxed and feel the divine beauty of Lord, but priority should only be SAI – SAI AND SAI ONLY!! It is always good having darshan of Sai first before you start any other activity. If you are already following this, really good, if not yet, just think about it.

At last as I said in beginning, It is what I think, if you too believe like this great, if not, don't get into a state of confusion, Let time play its role, In life nothing is permanent including beliefs and when time awakens the sleeping spirit it does not take seconds to change the most strong belief in sub-conscious mind.

May Sai Bless All! Heal All!
All is Sai! Sai is All!



Baba is our eternal father

Contributed by: Reet V R M

Sai Baba, This is not only a name but also a source for our life. We are the kids of Sai baba. His love for us is beyond description. Whenever I feel alone and suffer with pains of life, I always feel that Sai Baba is with me.

Baba is our eternal father, yes, because he is always thinking for us. We are nothing without his loving glance. Once I said some rude and insulting words of other religion. Suddenly Baba indicated me that what I did. And really I was ashamed. Baba teaches me to love others without any expectations. Because if there is a expectation in our heart that means our intentions are



not pious. On the other ground Baba said, "It is easy to love whom who loves you but it is hard to love him who hates you" and I proudly can say that Baba proves it in his life by his actions.

Other specialty of Sai Baba is this; he is the teacher of actions. Meaning He always lives a symbolic life. He behaves the same he preaches in his words. He is the man of actions not the words. I love you Sai Baba because you teach me the value of life. Baba please be with me. I do not know why I m still thirsty for your love. And I want to feel your loving glance always.

Om Sai Ram!



How Baba blessed me with Udi

Contributed by: Kavitha Girish

Sai Ram to all devotees. I have read a couple of issues of SAMARPAN and was really touched to read a few experiences and wish to share my experience too. Baba came to my house when I was pregnant with my daughter in form of a photo and for the past 5 years he has been with us. I am expecting my second baby in October with the blessing of Baba.

Around 5 months of conception, I somehow felt the need of Babas Udi. I had little with me which was mixed all other udi. I wanted Babas udi separately. I prayed to him and decided to quit coffee which was a must for me every morning. Though during pregnancy it is not advisable to drink coffee, my morning coffee was something I relished. I decided to forgo that till the time I got Baba's udi.

Around 10 days later, my friend who also happens to be a Baba devotee (both Shirdi and Puttaparthi) called me in the evening saying she was having a guest from India who is a big devotee of Puttaparthi Baba and she would be glad if I could join her for the evening.

I got ready and along with my daughter proceeded to her place. I also took my Sai ashtotranamavali and Sai Satcharita which I read on a daily basis so as not to miss my routine prayers. After helping my friend with a few household chores I sat in front of Shirdi Sai Baba's photo and did my routine reading just in time to welcome the guest.

She was an elderly lady and did have something special in her. A few minutes down the line she said she will do the aarti. She went to the pooja room and did the aarti and the most amazing thing happened. Once the arti was done there was udi on Shirdi Sai Baba's photo. My joy knew no bound that day. After the guests left my friend gave me little udi in a small box. I never thought Baba would give me his udi in this manner. It was an experience of a life time. Its then I thought I should share this with all Sai devotees. All I pray to Baba is please be with me always as you are.



SAI leela in my life

Contributed by: Mamta Rani

Thanks a lot; I should say for my life's time. I got a mail on to write my experience on the Sai magazine.

I am writing this with heavy mental pressure and with full belief that Sai will turn my dream come true. I promise Baba that I will certainly write my experience once my wishes get fulfilled.



I am in the third week of my 9 weeks Sai vrat, my wish is that my husband should get an on-site opportunity to UK or US and I should accompany him with kids and stay there for at-least 2 years. The reasons being to earn good income, mental peace which we are not getting from being in a joint family. It was on the first week of August. I joined this office two months back, one of my friend referred me there. I am working here for the past two months and I did not get my salary till 7th of August which was Saturday. But we really need money as we had some commitments. We live in a joint family which I feel a hindrance for my husbands career. My husband being the eldest son has got more worries and that made him less concentrate in his official works and I did not get my salary too. I prayed BABA, that I want my salary before the coming Thursday, which is my 3rd week of nav-

gurvar vrat and I am waiting patiently. Even I have many problems and scolding from my husband that I am not caring about the monetary difficulties of him. He will insist me to call daily to my boss, who is really in a pathetic monetary condition. But some how I managed daily. It was on Tuesday, and as usual I was talking to Baba about my salary and the accounts officer came and handed over the cheque to me, but I got only a part of my whole salary. But by BABA's grace at-least I got this, which will be of more use now. I am pleading Baba to get me a job somewhere near my home, and waiting for his blessings.

Another incident I bought a new bike in the mid of June, as my old bike had some problem. My old bike had a Baba keychain, I wished I should get a new Baba key chain just like the old one



for my new bike and I asked Baba to get me a new key chain with in two days but then my husband was not in town and returned next day morning. Once I woke up that morning, he gave me a new Baba key chain, which somebody gave him on the Udhyapan of their nav var vrat. My joy seemed no level. My husband gave me a Udhi packet which I carelessly put some where in my cupboard. After that I was searching for that but I did not find that. So I just concentrated on some other things. Once my daughter had cough and could not sleep, I was thinking in my half sleep that I should have given her the udhi so that she may recover from the cough. Even I forget this. Next morning, doing all the household work, I was making her ready for the school, and the school auto came, just then I opened the cupboard drawer to search for her hair clip, I was astonished to find the udhi packet there. The reason for the astonishment is that I cleaned the cupboard a day before and daily searched for the udhi packet. This makes clear that Baba knows what to give and when to give. I am waiting for my wish to get fulfilled and I believe that my wish be fulfilled.



Baba credited my chocolates back

Contributed by: Harini Thirunarayanan

Sairam, Namaskarams

My name is Harini. I am right now in Manchester since past 3 months on a small trip. Since I am returning to Chennai on 7th August, last week Sunday I thought I could buy some chocolates for friends and family. I went to Asda Trafford center and bought chocolates worth 84 pounds. I



carried it with great difficulty to room. When I weighed it was overweight. So I got frightened. I checked with all my colleagues nobody was ready to help.

So suddenly on 26th July I got an idea that I would return the chocolates back. I prayed to Baba desperately so that the store to accept the returns. Next day early in the morning after praying to Baba I took all the chocolates back to the store. It was Tuesday. I purchased on Sunday. I was continuously praying to Baba, because it involves lot of money. The customer services lady thought for sometime and told me that she would check with the manager. I was praying continuously. Luckily, they accepted everything back and I swiped the card for refund.



But I didn't get back the money for more than 4 days in my account. I kept chasing both the merchant and the bank. Again I surrendered to Baba. Today I called the merchant. They said I need to wait till Wednesday, if not I was asked to come to the stores with bank statement.

I am living in one place, my office is in one place and this stores is in some other place. I was very unhappy. But I was praying to Baba and asked him to help.

Again I called after an hour and to my surprise the banker confirmed the account is credited. I sighed out of great relief. Baba many thanks to you for getting the money back. I prayed to Baba I will write my experience to Samarpan and I have done that.



How Baba blessed me with Udi?

Contributed by: Kavitha Girish

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Sharing my experience

Contributed by: Shan

Well, I did not know about this magazine. I wrote this experience for me and always had it on my desktop since 2008. Recently my son in law, who is a catholic, forwarded this magazine by e-mail.

During my work, I read everyday 5 pages and I completed today. At last I too thought I must send my experience with Sai who is my dear friend. Although he may not like me (He has helped me in so many ways and shown He is there for me) I love him and I love him especially the way he helps people.

I am a Sri Lankan working abroad. I am a Hindu but educated in a catholic college. As a result I know very little of Hinduism by watching movies like Sampoorna Ramayana, Anjeneyar etc. I am having a comfortable life without a house or Car.

I do not know about SSB. One day in 2005 I went to visit Sai Baba in Puttapurty. I had a knee problem. Doctor said not to travel, as it has to be operated which I declined and was thinking to go to India. Then in my dream a well to do couple was going in a car and that lady threw me a piece of paper and told SB is in Puttapurty and asked me to go there. Immediately I made arrangement and went to Puttapurty.

After visiting various temples I reached Puttapurthy. But the treatment I got from the helpers was useless and nobody gave me a proper direction. I thought of leaving immediately, but there were no seats in the bus to Bangalore or Chennai.

I went back to a hotel and kept my baggage and the receptionist told that there is SB Dharsan now and I could go for that again I went to Shanthi Nilyam for Dharsan and had a good Dharsan then while I was returning to the hotel somebody came and told there is one seat in a bus to Bangalore, I grabbed that chance took my bags and left to Bangalore. I got down from the bus and took an auto and told him to take me to any good hotel. During the ride we had a conversation and I explained what happened to me. Then he told me, "Don't worry Sir, I will take you to a good temple" and he bought me to the SSB temple in Bangalore. When I entered that temple I totally felt different (Even when I am writing this I am getting that feeling). I cannot express how I felt. SSB was looking at me and a lady offered me hot prasad which was like amirtham to me. From then onwards I became a fan of him.



Next year that is 2006, I travelled to Shridi. From Bombay I hired a car and visited Siddhi Vinayak Laxmi Temple and proceeded to Shridi. It was a nice sunny day. As we were proceeding towards, Shridi we saw there was heavy traffic jam. We saw water gushing across the road and making us impossible to pass through the road. Then a 12 year old pleasant boy came and asked me fifty rupees and he said "I will show you the new road". I was not impressed and I said no. We spent about half an hour waiting and I decided to go by a big tourist bus which can pass through the road. Then again that boy came and asked me fifteen rupees. He said "I will take you" I agreed (It is not because of the money). That boy was very pleasant and I got into the car and sat with him in the back seat and started talking. He took us through a narrow road and to see in front a big tourist bus was just being towed out from a ditch in that narrow gravel road. Had we come half an hour earlier we would have got stuck there and I would have found fault



with that boy. Now I was very happy and I thought Baba has sent him. After crossing the road I gave him hundred rupees but I was not satisfied and searched to give another hundred rupees but he was missing.

Like this so many small things happened to me during my stay in Shirdi. If I write all those it will be a book.

Next year that is in 2007, when I went to Shirdi I wanted to save money; as I was travelling alone from Bombay I got a coach and reached Shirdi comfortably. Next day I wanted to go for the morning arathi and I wanted get a VIP ticket as I am a NRI. But the counter refused to give me a VIP pass. Since I had the language problem I could not communicate and nobody was there to help me. I was standing alone and thinking and finally I joined the normal queue. Then



suddenly some worker came and asked me what I was doing in English I explained. Then he told to go inside the room and tell the person there what he wanted. He did not ask me anything. He took my passport and told somebody there something. He went and came back with ticket to four persons. I was really overjoyed.(Actually I hate this VIP treatment. But it should made available only for the people who are travelling abroad or foreigners as they have only limited timing)

Next day morning for the arathi I bought a big garland and happily waiting in the queue. Then I noticed nobody carried any garland. They carried only one rose or flower. The security while entering told me that I cannot bring garland to Baba for the morning Arathi. I was disappointed, but he allowed me to take that. Inside the hall I was seated far behind and far from the centre. The person in charge started collecting all the roses and flower from each and everyone from the beginning of the crowd. When he came near to the place I was seated which was away from the centre, he pointed at me and told give me that garland. There was no words to describe the happiness. I passed the garland to him through others and I felt very proud of myself. That was enough for me for this trip. But funny things happened on my return. I came back to Bombay via Thriyambeshkwar and took an auto asked me to drop in a hotel near to Airport. He took me to two hotels which I was not satisfied and he went away. Then I took another auto and he took me to a hotel it was nice and good.

I went in 2009 also.

I am working in oil industry in a higher level. There were so many things that happened like carrying my mobile to the plant (The punishment is immediate dismissal), I was caught but nothing happened, made accidents and escaped sometime wrong instructions and somebody corrects them without anybody noticing. Although I am a Hindu I pray and visit temples / Churches / Mosque and Buddhist temples also. But everywhere I go I think of my friend SSB. He is great. I do not want to write about a super dream which I cannot believe yet.

Now I have a big problem in my hand. I had never asked anything from Baba. I just say to look after us and protect us. I have a comfortable living. But my sister's son is 33 years, has some problem like depression, scolding and fighting with parents and sister and they are undergoing a very bad time. They sent him to Australia to do his masters thinking he will change but he is still the same. He is not normal yet. I have asked several times Baba to help them. Till now he has not done anything, still I ask him.

Hope my experience also will be shared and prayers are answered.
Baba please protect the people who comes to you.



Sai Baba's love in his own way

Contributed by: Venkatraman Venkatesh

I am a ardent follower of Sai Baba and everything in my life is Baba's gift. I do not know how Sai Baba looks except the pictures I have seen but I know that Baba can appear in front of us in any living form. I love to go to Shirdi exactly the way children love to go to children's park. There are two events occurred in my life which I would love to share with everyone. My love for Sai Baba cannot be expressed because he is not just a GOD for me but Baba is my friend, mom, dad everything.

Whenever I go to Shirdi I get a peaceful Darshan of Baba and get good amount of time to bow my head in Baba's Charan. One day when I was in a bad situation and to get some peace I went to Shirdi. At samadhi mandir I did not get enough time to touch Baba's charan (on the left side) and the security pushed me out. This incident brought tears in my eyes and I was talking to myself as if I have committed any mistake. Suddenly I heard someone calling people for darshan queue and I was not sure where he is actually asking us to go. Believe it or not withing next 15 minutes I was inside the Samadhi hall surrounded by not more than 30 people and I was shivering as I got plenty of time to stand close to Baba. I myself forced me to go out because I already spent 5 minutes there without any interruption. When I came out I was amazed with this incident and I was very happy that Baba did not keep me away from his proper darshan.

After a month I again went to Shirdi with plenty of burden in my heart. After Baba's darshan I came out and sat inside the open hall built near donation counter (near book stall). I was about to cry thinking of my problems and my situation, so I asked Baba (inside heart) to appear in any form and divert my mind from this unwanted thinking which actually kills me. After couple of seconds I noticed a black dog approaching me, I was though afraid to see that healthy dog but the dog came to me and started licking my hands. After that I started caressing dog's head and dog sat near me for about 15 minutes and my mind was completely diverted. After that dog suddenly stood from that place and moved ahead and I turned my head to look at someone. When I turned back to see the dog it disappeared and I tried to find it but could not. Its not just diverted the mind but all my sorrows were completely removed from my mind and I felt happiness all around.

I would simply say. This may be the small event but I am happy that I felt Baba's presence near me



BABA's Pain and suffering for us

Contributed by: Paridhi Yadav

We always demand many things from Baba, by the time our first demand fulfilled our second demand is ready. We as humans, we are here playing our roles, but still we are in mohe and maya that we want everything. We want our financial crises to be end. We want our beloveds to be return to us and many more. We get afraid of our situations whenever we face and when it is not completed we start blaming Baba for our sufferings but the fact is not this.

Baba is always with us, and whatever we are facing in our life is because of our karma, which can be of this life or previous life or both. Baba is not the reason for our suffering. Some bhakt



are facing the bitter situation for many years and think that Baba is watching them crying. We are praying to them. We have done nothing wrong and still we are facing these situations but he is not helping us, but the fact is that Baba is with us that is why we are suffering like this, if he is not with us, the pain can be unbearable. Presence of Baba made our sins less and that is why we suffered less.

We always blame Baba and demand from Baba, but how many us think of Baba's sufferings? Shocked? Baba's suffering? Yes, Baba's suffering

We often blame Sai Baba for our sufferings. We do not care that what Baba feels when we blame him before saying more I would like you to read and feel this

Last night in my dreams,
I saw a old man
who looks like Sai Baba,
but was looking very sad,
his bones are visible clearly,
and also his lungs,
his eyes was filled with tears,



and his hands were shivering,
in one hand he held a bowl,
and a large bag on his shoulder
in another hand he had satka,
and his bag was teared,
by watching him like this,
my heart feels scared,
i ask what happened Baba,
what you had done with your self?
with lots of sorrow he said,
what can I tell u,
my believers said me what kind of things,
i feel ashamed to tell u,
someone said,
I had ditched him a lot,
and someone said because of me,
he is suffering in pain,
someone said I keep their,
life empty,
and someone said I had given,
them this sorrow,
no one sees what I feel,
how would I explain,
every thing is because of their karma,
how would I make them understood,
still I try to,
to take their pain with me,
whatever they have to go through,
I will bear them all,
listening all these painful words,
me heart breaks all a lot,
having all these blaming on me,
my soul keeps shivering,
now i am calming myself,
why I came to this world,
to cut all the pain of my believers,
why I had body of a man,
the pain that my believers gave to me,



brings my heart broken,
having their sins on me,
my body becomes weak,
with every pain of my,
I carry it very quietly,
I am the snatcher of their pain,
and i am the giver of their happiness,
still my believers thinks that,
I am their cause of sorrow,
they just want joy form me,
at every time and at any cost,
by seeing Baba's this condition,
my heart also broken,
and my whole body,
I also feels his pain,
at Baba's feet,
I cried very hard,
please Baba forgive me,
I am having no body instead of you,
they do not know anything Baba,
who says all these things,
may be they are scared of
their troubles,
We all want only this Baba that,
you do something only this,
whenever we called you,
just came to us,
more them all this,
we do not money, fame and respect,
if u want to give us something,
just take us to your respected feet

So give your love Baba, he is our palanhaar, if we will blame him, how will be become alone,
just pray Baba that you are watching what we are facing, we will have shraddha and saburi in
our life, but Baba we always love you, we all are just like a family, and you are the head of the
family, you will do what will be best for us, sorry for our blame to you Baba, we have the faith
on you, just make our bad karma less and give us the ability to handle the bad situations in our
life. If you are with us, ALL IS WELL



Faith on Baba brings Fruits

Contributed by: Sharad Kalani

This is my first mail to you, I have always felt the presence of Baba in my life since I have asked for his help. He has always stood by his 11 promises (vachans). It will be impossible to write when where and how He has helped me all the time.

Still I am trying to narrate his leela with one of my recent experience. I completed my M.B.A in April, but even during the days when I was pursuing it I was worried about my placement, due to bad job market, and a lot of expectations of my family members. I was feeling low but still didn't lose my hope on Baba. But to my surprise, he not only gave me a job, but he gave it even before the completion of my course. I was happy.

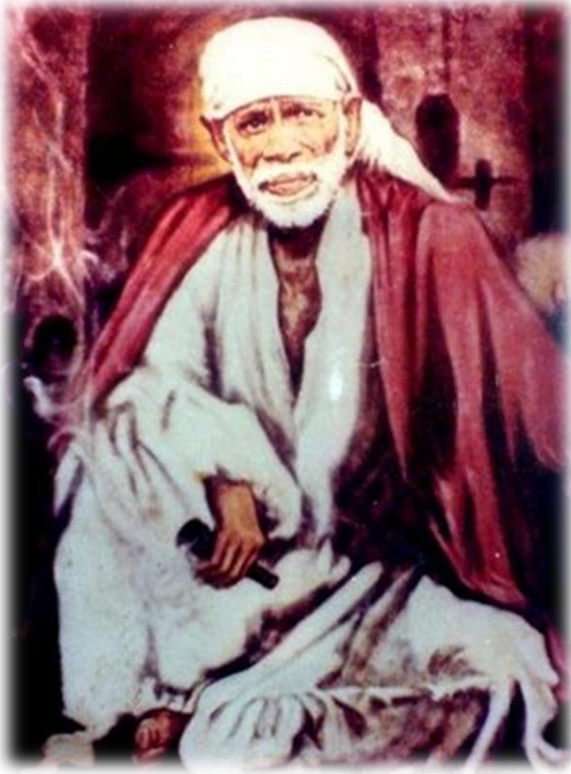
I joined the company in January and just in a span of 1.5 months, I started praying to Sai Baba, since I was not able to work over there as the working environment was not at all healthy, mental torture and abusing was very much common. I started asking Baba that why have I landed in such a position where I am not able to work, where I have lost all my mental peace?

In March, I had to leave the company. I not at all happy working with that company but still I was not willing to leave that company because it was fetching me some amount of money (though without any self respect & honor). I started crying in-front of Baba as I was going through vision-less, where to go and how to go, all my future plans were becoming hazy. These were the questions which I was asking him.

The only answer came from him was "Shradha rakh aur Sabar kar mein sab kuch tekh kar doonga". This statement gave me strength to keep on going but still. Though my family supported me but I was not at all happy from my heart, I was feeling terribly bad. I left everything on Sai Baba, people started saying that you took a wrong decision of joining that company, you are loosing your confidence, you have spoiled your own career. But I was not giving my ears on their comments and nor I lost my faith on SAI. I tried a lot to get some or other job but efforts were not working out. Companies never use to call me for an interview, if at all they use to call they never use to appoint me. Their excuse of rejection of my resume was since I did not have any work experience so they cannot appoint me. I kept on giving my interviews and dropping my resume to various consultancies and companies just by taking SAI's name.

On 4th May 2010 (Tuesday) I got a call from a company where I dropped my resume weeks before. They called me for an interview on the very next day 5th May 2010 (Wednesday). I





prepared my self for the interview. I felt Baba's presence every single moment before and even during my interview. The interviewer asked me many questions and then forwarded it to another person (to whom I thought would be an HR, but was the partner of the firm). He was very impressed with the way I answered his questions and with my views. He then narrated me the whole profile, I liked the profile. They told me that I will get a call confirming about my placement or not by same day evening. I had no clue that what Baba had for me in his store. When I went back to my home I got the confirmation call from the company saying that they want me to join the company as consultant from very next day 6th May 2010 (Thursday). Still I was not too happy as this was not the company for which I gave my interview. After getting this confirmation call when I saw the profile of the company and I was flabbergasted. This company has been

ranked 5th in national and international market. And the company in which I want to enter was just a sister concern of this giant size company and this company has a lot of scope to grow and learn in my future. The working environment is also good over here. People are not ill treated.

The only thing I was able to utter at that point of time was thanks a lot, please do not leave my hand in future also, I want you to be there with me till my last breath & may be after that also.

It was Baba who didn't allowed me to get into any other company because he always wanted me to get into the place from which I can achieve my destiny and be in a place where I am happy from my heart.

Thanks a lot MERE BABA SAI....bas aapni daya ka haath aapne iss nadan bacche pe aise hi bana ke rakhna.



My Experiences with BABA

Contributed by: Karuna

JAI SAI NATH

From the day I turned towards BABA, HE has been showering HIS endless love and blessings on me and at every step HE proved that HE is with me. There was no need to utter a word, just a thought or a wish would come in my mind and when I would begin thinking how to go about implementing it BABA would have already fulfilled it. There are in-numerous incidents of which I would like to share a few with all devotees of BABA.

Earlier I used to visit BABA's temple at Tankapani Road, Bhubaneswar, only on Thursdays (as it was far away from my house), witness BABA's Dhoop Aarti and Palki Yatra and return home around 8.30 pm. Day by day the inflow of devotees began to increase and one Thursday I had to face a bitter experience during the Palki Yatra. I was very upset and tears flowing down I told to BABA, that I will no more come to this temple. If you really want me to be happy you come down to me. And in the mid of the Yatra I returned back. Friday passed with an upset mind. And on Saturday one of my colleagues told me about BABA's Temple on my way to office. On hearing this I jumped with joy and same day I went in search of the temple. I could find two other temples but not that of BABA's temple. I kept riding up and down the street 3-4 times. Finally, I saw BABA's photo being hung on the tree in front of Maa Tarini temple. I enquired a person nearby. And the reply astonished me. He said it is basically a temple of Maa Tarini but BABA's Statue has been installed there a fortnight back only. I immediately rushed inside the temple and seeing BABA there, wept like a lost child coming back to its mother. Then, wiping away my tears when I looked at BABA, HE was giving a teasing smile at me and telling me "See, as per your wish, I have come to you". Now I am having darshan of HIM everyday.

My office timing was 9 am to 7 pm. So I was not able to witness either the Madhyanna or the Dhoop Aarti. I felt sad for this and told BABA that give me a source of income where in I can attend your Aarti. Now BABA has blessed me with a self employment wherein I work from home.

Now I am able to attend the Madhyanna Aarti of BABA on a daily basis. Once standing in front of HIM I wished to see BABA with a crown on HIS head. And that Thursday itself when I went to the temple BABA was smiling with a beautiful Crown adorning HIS head. When I enquired the Pujari, he told that a devotee has presented it to BABA. Again a few days later while offering my



prayers to HIM, I felt little uneasy that I couldn't even touch BABA's feet (as there was no movable Paduka kept). The one that exists is embedded on the floor inside the shrine. Within a couple of days, yet another devotee of BABA offered a Paduka which is kept at the shrine and can be touched by devotees.

Earlier, in the previous temple I never offered a garland to BABA because due to huge offerings of garlands, they used to remove the garlands within 5 minutes after putting it on BABA. I always wished that the garland I offer should be there on HIM for long. This wish is being fulfilled by HIM in this temple. I began offering HIM a marigold ready-made garland everyday. And HE happily puts it on from the morning till the Shej Aarti. Once again a wish came to my



heart that it would be a real blessing if I could offer my BABA with a garland prepared by my own hands. Even this wish was fulfilled by BABA in a few months time. My brother got a bigger accommodation for which there was no scope in general. It was the blessing of BABA that we got this accommodation. And when we shifted there my heart was abound with happiness as there was a good space for gardening and already there exists a flowering tree. Now everyday I lovingly pluck those flowers and prepare a garland of white flowers and offer to my BABA.

Yet another wish came into my heart that it would be wonderful if BABA's Palki Yatra ritual begins in this temple too. And this wish too was fulfilled by BABA on Ram Navami day when a small Palki was prepared and BABA went around the area with great pomp and show. And since



then every Thursday BABA's Palki Yatra takes place, though in a small way. I am sure BABA will bless it to become a grandeur occasion very soon.

BABA's shrine was dull without a permanent jyoti, which HE loved most. I wished for an Akhanda Deep in HIS shrine. Though another devotee and myself took initiative for it but due to some hurdle or the other it could not be continued for sometime. Yet again I prayed to BABA for this and with HIS blessings have begun it in coordination with a few of my friends who are SAI devotees. Within a week's time the necessary oil and other materials flooded BABA's temple and now an Akhanda Deep adorns BABA's shrine.

Of the latest wish that was fulfilled by BABA was on Guru Purnima. While decorating the Palki, I felt that the picture put in the Palki needs to be replaced with a more close up shot photo of BABA where devotees can have a clear darshan. But I never uttered a word to anyone thinking that there was no time now and that I should have told this earlier so that some arrangement would have been done. But, as usual BABA proved HIS greatness. After decorating the Palki when I got up, there were a couple of devotees standing there with a new portrait of BABA. When they opened the cover, my eyes filled with tears as it was exactly like the one I had wished for and seen in my imagination. It was raining heavily on that day and we were filled with anticipation whether the Palki Yatra could be conducted or not. At the same time we were telling that it is all HIS Leela. If HE wishes to go for a Nagar Parikrama who can stop HIM? True to HIS greatness, when the time neared for the Yatra, rain began to reduce. When HE began HIS Yatra, the rain stopped completely and after happily going around blessing HIS devotees, when HE returned and entered the temple, rain began to pour down as usual. Bolo JAI SAI NATH.

BABA, we are your children. Keep your blessing hand on our head and give this joy and bliss to us always.

JAI SAI NATH



Sai Baba knows what his Devotees can Offer!

Contributed by: Savitha Sadhasivam

Dear Devotees, I am very blessed to write this article because Sai Baba's devotees will always have a chance to praise Sai in one way or another. This is my recent experience with Sainath. I stay in abroad with my husband for our work. I had some wishes to be fulfilled and I prayed to Sai and got answers from Sai Baba's question and answers book. The answer was, "offer Rs.25 so that your problem will be solved". As I stay abroad I usually don't have much Indian currency. The few coins I had were already placed in Baba's feet. I had a strong feeling that Dakshina should be offered only by me not by someone else. I was very desperate and I searched my bag. I was able to found Rs.15 initially. Then I searched again, in and out of my bag and found two coins which I thought they might be two 1 rupee coins. However, I was very glad to find out that they were two Rs.5 coins adding to total made it Rs.25. Now I was left with no more coins. Baba knew the amount which I was already having and asked me to offer only that much amount. Baba only asks for what his devotees can offer. I was really surprised by this incident and I have also seen adorable Sai Baba in my dreams with my mother and grandmother.

Sainath Maharaj ki Jai!



Sai Tera Shukriya

Contributed by: Vishala Kanchan

On 21-04-2010 (Wed), at about 9 – 9.30 pm, I prepared soup and kept it on the floor. I told everyone to be careful about the vessel on floor. I too sat on the floor. Suddenly my son Varun came running from the other room and hit the vessel accidentally. He fell down along with the vessel and hot soup got poured on whole of his right body. I was stunned by seeing this and Varun started crying loudly. By the grace of God his eyes were saved but rest of his right body parts were injured badly. I immediately picked him and ran to the bathroom and poured cold water on him. I was just praying to Sai to reduce his pain and give Varun strength to bear it. My husband brought some ice and put in the bucket and we were profusely pouring cold water on him. Varun was crying too much due to shock and pain.



us killers. He also appreciated that the first aid taken on time has avoided aggravating things. We returned home happily. Next day, 22 April 2010 which was Thursday, we asked Varun whether he had pain in those places. He said no and also showed us how easily he can walk and run. After doctor's confirmation tears flowed from my eyes. I thought that I should offer my thanks to my Sai the Almighty as such a big incident was taken care of by him only. I thought my obeisance could be done by sharing it in Sai Samarpan. Thanks a ton to the Almighty Lord.

Om Sai Ram.



Iccha-Puran Sai

Contributed by: Aswin kumar

I got to know about Sai Baba 4 years ago. Baba has helped me in lot of crucial circumstances. Because of his blessings I got a job in central government. There was one year training period before the actual job got start. After completion of the training period, everyone was to be posted at different places. I prayed Sai that I want to be posted at Chennai. Still I was posted at Mumbai. I was very sad and unwilling to go there. Then I thought baba will never deceive me in any condition, whatever is given by baba is good to me. Finally, I joined work at Mumbai office. Most of the time I felt lonely and I was unable to concentrate on my work. I felt like I was isolated from my home.

There I used to visit Sai baba temple every Thursday. I always prayed him to get me some relief from this situation.

One night, my friend informed me that some person is interested for mutual transfer with you. That person was posted at Chennai and he want to work in Mumbai. I and the other fellow both were in same cadre and same discipline. We applied for mutual transfer and our bosses are also agreed. I was very happy. But, there was an unusual delay caused in my office for the transfer. I went to my boss and I asked the reason for delay. My boss said, as our office was getting divided in two units, it requires manpower distribution, so I have to wait up till man power distribution get completed. This delay unnecessarily pertained up to 9 months.

Few days later, I read "Samarpan" issue no. April 2010. In it one devotee's shared her experience about the how baba answered her queries through the website www.shirdi-sai-Baba.com. I soon visited the website and typed my question on 20th may 2010. Baba answered me as "chant Sai Samartha for 21 days, lord Shiva will appear in your dream. Then your problem will come to end". On reading this, I promised baba, if my dream comes true, I will post my experience in Samarpan magazine. Thereafter, whenever I got time I started chanting. But I slowly forget to chant as days moved on. One early morning, on 10th June 2010, I had a dream. In the dream I was playing near a temple. I went into that temple. There pious Shivalinga appeared three times like flashing Lightening. I asked name of the temple to someone. He replied this is Tryambakeshwar". Then I wake up from bed. I deeply thought about that dream. Finally, I realized how Baba's answer beautifully works for his devotee. Just ten days after this dream, delay for the transfer came to end. My transfer was approved by head of division and transfer was finalized. Now I am residing and working in Chennai very happily.



Sainath assures happiness

Contributed by: Ramita Deol.

I offer my humble parnam in the lotus feet of Sadguru Shree Sai. I would like to share some of my experiences with you all.

I moved from India to UK after my marriage to a NRI in 2001 but since then till 2007 my life was full of struggle and depression. I had to face stigma of divorce in 2002 and the job I joined was



not that great. I was overqualified but underpaid for my job, the frustration was unbearable. My parents insisted that I should marry again but I was too scared to move on in my life.

In 2006 I joined my new job where I became friends with a Sai devotee from West Indies. She always used to talk about Sai baba, initially I used to laugh at her and call her crazy. However, in search of peace of my mind, I started to accompany her to Sai bhajans. I visited Shirdi in June 2007 and I had the most wonderful experience which uplifted my spirits. In Oct 2007 I got promoted from a clerical position to the managerial position with 30% pay rise.



In Nov 2007, on a Thursday, a Technical Manager of our company visited our office site to recommend some improvements in the system. While talking to him I found out that we belonged to the same city in India. Soon we became good friends. One day he visited my house, he saw Baba's picture and he told me that he used to see the same saint in his dreams during his childhood. Couple of days later I had a dream that I was attending Sai baba's Palki procession; I saw that my friend was holding my hand, Baba smiled at us and then he raised his hand and blessed us both. Few weeks later my friend proposed for marriage. I refused as I had my apprehensions, firstly because of my past experience and secondly we belonged to different religions. He is a Sikh and I am a Hindu.

Baba cleared my doubts through another beautiful dream where I saw a big portrait of Shri Guru Nanak (the first Sikh Guru) it was on huge stage and people were singing bhajans. I walked towards the portrait. As I got close to the picture I saw amrit flowing from the portrait and then suddenly Guru Nanak's picture changed into Sai baba's picture. Thus, baba showed me that the light of the Sadguru is present in all forms. Few weeks later, I was once again blessed with Baba's darshan in my dream. I saw that Sainath took our hands in His hands and placed a coconut in our hands (the way shagun is given for marriages).

I again visited Shirdi in March 2008. When I went to Dwarkamai for Sai darshan the priest gave me the coconut which was placed at baba's feet and blessed me by saying, "may your wish get fulfilled." I felt as if baba was giving me reassurance and saying to me "move on in your life", "do not worry, and why fear when I am here!"

With baba's blessings we got married in Jan 2009. We visited Shirdi after our marriage and it was a memorable experience. Baba blessed us with a beautiful baby boy in Dec 2009. To my surprise, just when I finished writing this article I got a phone call from the Bank that mortgage for our new house has been approved.

Sainath's grace cannot be defined in words. All I can say is that I took one step towards Swami but He took 100 steps towards me. No!! Actually Sai carries me in His hands.



Sai Ram Gave Job to My Friend through Me

Contributed by: Gajjarapu Deepthi



Om Sai Ram to all Sai devotees. I want to narrate my recent experience of how Sai used me as a tool to get my friend a job. Few months ago I got my first job through Sai's grace and mercy. But, some of my friend's were still facing the problem of unemployment. We all have completed our Master degree but still there are not much jobs available for a fresher. Some time ago I met a girl who is friend of one of my friend and we were in touch. She was unemployed for so many months and was losing all hope to find a job. She was depressed, as she did not get through many interview calls. She one day requested me to answer her interview calls as I at least had few months of experience in the same field. She was hopeful that I can get her a job. I was really hesitant because even I got job only due to Sai's mercy. I had never faced any serious technical interview but was directly appointed

to a post.

Whenever I face confusion, I cast few chits with "Yes" or "No" written on them before Sai. In the same way I asked Sai, whether I should accept this responsibility or not? 'Yes' was the answer from beloved Sai, so I informed mine friend that I will answer her telephonic interview and told her to keep forwarding calls whenever necessary. As days passed I had received around 10-15 interview calls but nothing worked for her. I felt bad, and thought that maybe I



was wasting her valuable opportunities. One day she called and told me, that there is an interview call setup after few hours. She asked my availability to take that call and pleaded me to do well. I felt helpless and pitiful. As I was feeling guilty of wasting her time and not being prepared for the interview, I asked baba whether I should take up that call. I also requested baba not to say 'Yes' if that job is not destined for her. But again a 'yes' popped up. I repeated this for three times continuously, but the answer was a 'yes' only. So I decided to take the call and told Sai Ram that this time it's not my responsibility but it's his duty to answer all the interview questions. I also told him firmly that " I am ignorant and don't have enough talent or experience to face such technical interviews. So he should only manage everything". Thinking like this, I opened facebook app called 'Saibaba's Blessings' which gives random messages. I was shocked to see the following message "I will take you to the end". I got ensured that he would be answering in the interview. I got the call and it went for an hour or so. I can say that call went fine, not very good but thought that they can find more knowledgeable person. One day passed, my friend did not get any call from them. I thought everything went waste again, and I opened the facebook application again praying Sai if she will get the job or not. It said, "God is kind to all, he will shower his blessings". I felt joyous seeing this answer and felt assured. After a day we got a positive feedback from them, but now the problem was that there was one more interview with the manager. Again I left everything to Sai's feet and took the call. It went for 1/2 hr and the manager sounded little tricky and clever. I was not able to answer all the questions but managed to answer at least few of them. This time I felt skeptical if this interview will work or not. Three day's passed without any feedback or news. I asked Sai, why he made me to take the interview call and feel bad about it. As usual I opened the question and answer site and found the answer saying "Keep faith and wait". After seeing this I got calm losing all anxiety. After two days my friend called me with the good news that she got that job and thanked me immensely. She offered me some money as gratitude. Instead of declining it, I accepted it humbly and donated the whole amount to the needy. After remembering all the things happened and the answers which Sai gave, I was elated that God chose me to help my friend get a job and also inspired me to donate all the money, making me free of greed. Thanks Lord Sai, I beg you to give me more of such beautiful opportunities to make other's life happy. I request all Sai devotees, leave everything at Sai's feet, remain egoless, he will definitely take care of everything. Please donate as per your ability to the poor and needy, he will shower his blessings.

Om Sai Ram.



Sai Saves Our Pride

Contributed by: Jaimini Patel

Many-2 thanks to your magazine and your team for a wonderful job. My faith in Sai Ram grows day by day as I read miracles happened with other devotees through this great magazine. I want to thank baba for staying very close to me and helping me and my family in the need. I have few experiences to share with everyone.

My mom and dad were going through bad financial time. My mom was looking for work and



she got selected for 2-3 different jobs but on the last minute she was not hired. Therefore, she was very disheartened. I asked her to have faith in baba and not to lose her patience. I too searched for a job for my mom and prayed for her. Once when I prayed for my mom to get a job, that very night I had a blessing dream of Hanumanji. That day I felt that now my mom will get a job soon. Very next day I got a phone call for my mom's job. I talked to those people and gave them my mom's number and they hired her. My mom has now been at that job from last 6 months and is very happy. I know that this happened only by grace of Sai baba and Hanumanji.

My brother was also not having a job and we were looking for a good life-partner for him in India. By grace of baba now my brother has a good and stable job now and got engaged to a girl in India who is very smart, caring, and loving.



The second miracle I want to share is about my job. I have been working with a company from last 7 years earning ordinary salary. Whenever my husband and I argued he always put me down by telling that I earn nothing. Last time, when this happened, my husband gave some sarcastic remarks. This made me cry in front of Sai baba. I prayed him to get me a handsome pay job and I started applying. To my surprise, I got interview calls from at least 5 companies and now I am soon going to join my dream job with a good company. I do not know how I excelled in the interview; I never used to take printouts of my work with me in interviews but somehow that day I took my work with me and showed it to the interviewer. They were very impressed by my work. Everything in my life is happening due to grace of Baba. Now I cannot imagine my life without Sai baba.

I also want to thank baba for helping me to finish Sai Sat Charitra and visit Sai temple on Thursday twice.

Everything in this life will be OKAY if, Baba, you are there to guide and guard us. It is okay if I don't get all the wealth of the world because to me you are the true wealth. These days' people are running after money and other riches but they do not know how much they are losing by not praying to you Sai deva. Please bless those who are lost and guide them as you have guided me.

I want to dedicate this beautiful song to my Sai baba.

Payoji maine Sai ratan dhan payo
Vastu amolik di mere satguru
Kirpa kar apnayo,
Payoji maine Sai ratan dhan payo
Janam Janam ki punji payi
Jag me sabhi khovayo
Payoji maie Sai ratan dhan payo.
Kharche na khute, chore na lute
Din din badhat savayo
Payoji maine Sai ratan dhan payo
Sat ki naav khevatiya sat guru
Bhav sagar tar aayo
Payoji maine Sai ratan dhan payo
Jaimini ke prabhu SaiRam
Harkh harakh jash gayo
Payoji maine Sai ratan dhan payo.



Sai Baba: Our Lovable Guardian

Before starting I would like to quote, “jab baba apne bhakt ko apna banana chahte hai to woh bhakt unka hokar hi rehta”.

My parents were searching a boy for my marriage. In the process I met several boys but none of them was up to my expectations. As I am a Canadian citizen, they wanted to marry me so as to get some work in Canada. This was very frustrating for me. As days passed I became more anxious and restless.



There is a Sai Baba temple few kilometers away from our village. We usually go there on Thursdays. One day I and my father decided to visit the temple on foot. When we reached temple, the famous Sai song, “Shirdi wale Sai baba aaya hai tere dar pe sawali...” was being played on a bookstall. When I heard the song, suddenly I asked Baba - when You will fill my “Jholi”? After that we completed prayers and came back home.

Few days later, my parents fixed my meeting with a boy. Our family knew boy’s family very well. We had also heard that their son is a nice and intelligent guy. To my surprise that family requested me to meet their son at the Sai Temple near our village. I happily accepted their request and prayed baba. When I met the boy I was little nervous and scared. However, this



time I had positive feeling. I guess it was due to Baba's temple. We started talking and I found that our mental wavelengths matched. Our thoughts, hobbies, choices were quiet same. Moreover, from his talks I never felt that he was interested in me because I am a Canadian citizen. I knew that this guy was sent by Baba for me.

In couple of days we got engaged and then soon married. My husband is very nice person in every manner and loves me unconditionally. He is purely a blessing from Baba on me. From this incident my faith in Baba grew stronger.

Baba helped us in various ways in different situations. He saved my brother in law.

My brother in law was staying in U.K. Once he got seriously ill. Due to weakness and disease he was not recovering ill at all. His health was getting grave day by day. Therefore, we left to the UK to take care of him. When we met my brother in law our hearts came to mouth. He was in lot of pain. I prayed to baba dearly for his fast recovery. One day, one of our relatives, who recently visited India, came and to my utter surprise they brought the Sai Baba Prasad from Shirdi. I was speechless of his mercy and got relaxed that Sai is there with us so everything will be alright. But, over a week I got news from Canada that my brother there also became ill. I had to leave from UK leaving my husband with my brother in law and went back to Canada. It was getting tougher and stressful for our family. Few months passed but still my brother in law's health was not improving. He was getting distrustful about his survival. This was very painful for our family. We all together were praying each day for his health. As he got very serious we called up rest of our family to reach UK. The day they reached UK, his situation became worst. Doctors also were not sure of his life.

My husband made his heart stronger and sat with his brother. He talked with him and made him feel relaxed and calmed. After sometime my brother-in-law felt better. When my husband told me about this I started crying and prayed to baba whole heartedly. That day I think Baba's heart melted for him. After that day he started to recover. It was a miracle. In couple of days he recovered completely. Even doctors were surprised from the speed of his recovery. I thanked Said Baba for his divine mercy. Baba helped us in our bad time. He kept our faith in him intact. He made us believe that- "Whenever his devotees needs him He will be with them".

Sai Ram Sai Shyam Ek Sacho Tero Naam

Jai Sai Ram.



Srimati Tulasi Devi

Contributed by: Radhika Chopra

Srimati Tulasi Devi is one of the most exalted devotees of the Sri Krishna. All scriptures stress on the importance of getting the mercy of Tulasi Devi if one has to make progress in the path of devotion. In the Skanda Purana it is said: 'Tulasi is auspicious in all respects. Simply by seeing, simply by touching, simply by remembering, simply by praying to, simply by bowing before, simply by hearing about or simply by sowing this tree, there is always auspiciousness. Anyone who comes in touch with the Tulasi tree in the above-mentioned ways lives eternally in the Vaikuntha world.'

Vrinda Devi

Above this material world is the eternal spiritual world comprised of millions of Vaikuntha planets. The topmost planet in Vaikuntha is Goloka which is presided by Sri Krishna in His original form. Here resides Vrinda Devi, an intimate



associate of and an expansion of Srimati Radharani. Her partial expansion is Tulasi Devi in the Vaikuntha planets and they are all considered non-different from her.

As the embodiment of the lila-shakti (pastime potency), Vrinda Devi is the organizer of all the transcendental pastimes between Sri Krishna and Srimati Radharani. In Goloka everything is animate (cit) and only for the pleasure of Sri Krishna. Vrinda Devi makes this happen. She is assisted by many confidential associates (which include two parrots) and with their help she makes sure that everything is pleasing to Sri Krishna. She controls how the wind blows, when and where it rains, how the trees bend, and so many other things for the pleasure of the Divine Couple.



Manifest Vrindavana

Five thousand years ago when Sri Krishna descended on Earth to do His pastimes, Vrinda Devi created the proper environment for His pastimes in Vrindavana. Millions of years before the descent of Sri Krishna, Vrinda Devi had appeared as the daughter of the pious Emperor Kedara. Then she performed penances for sixty thousand years. Pleased by her penances, Lord Vishnu gave the benediction that any austerities performed in Vrindavana would be very potent. Thus Vrinda Devi sanctified the place and it got the name Vrindavana. Later Vrinda Devi once again



descended here as Tulasi Devi, the daughter of King Kushadvaja to perform penances and attain perfection here.

Pastimes of Radha-Krishna

Vrindavana is completely under the control of Vrinda Devi. Without her mercy it is not possible to even approach the confidential pastimes of Radha-Krishna, even as an audience. Even being allowed into Vrindavana dhama indicates that one has received some mercy from Vrinda Devi.

In Krishna lila she appeared as a young gopi friend of Srimati Radharani. Under the instructions of Purnamasya (Yogamaya), she would arrange secret meetings between Krishna and Radha. She would also make all the material arrangements, like saffron, fruits, flowers, music etc. for Radha-Krishna. Thus she carried on her eternal service in

Goloka Vrindavana in the earthly Vrindavana.

Once Srimati Radharani was so pleased by the service of Vrinda Devi that with the help of the other gopis she arranged a magnificent throne and had Krishna and Vrinda Devi sit on it. Lalita sakhi acting as the priest recited the mantras and performed the marriage ceremony of Krishna and Vrinda Devi. Thus by the mercy of Srimati Radharani, Vrinda Devi got Krishna.



In another pastime, Vrinda Devi offered all the forests of Vrindavana to Srimati Radharani. Thus Radharani is also known as Vrindavaneshwari or the queen of Vrindavana.

Tulasi Devi becomes a plant

Pastimes involving pure devotees are only for the benefit of conditioned souls in the material world. This pastime, given in the Padma purana and in the Brahma-vaivarta purana, involving Tulasi Devi reveals this clearly.

Once Tulasi Devi descended on the earth as daughter of King Kushadvaja. She was married to Jalandara. It is said that Samudra deva, the demigod controlling the nether regions, had Lakshmi Devi as a daughter (since she appeared from him at time of the churning of the ocean) and Jalandara (one who is born from water) as his son.

Jalandara was married to Tulasi Devi and drew strength from her purity and chastity. So firm was her chastity that even Lord Shiva could not defeat Jalandara in battle and all the demigods went to Lord Vishnu for help.

At this time, Lord Vishnu went to Tulasi Devi assuming the form of her husband, Jalandara. When Tulasi Devi greeted Him, thinking Him to be her husband, her chastity was momentarily broken. Taking advantage of this the demigods killed Jalandara.

When Tulasi Devi understood what happened, Lord Vishnu revealed His original form. An enraged Tulasi Devi cursed Lord Vishnu for His stone hearted behavior to become a stone. Honoring His pure devotee, Lord Vishnu accepted this curse and promised to appear as the Saligrama shila in the Gandika river (now in Nepal). He also gave Tulsai Devi the benediction that she will eternally reside with Him as His consort in Vaikuntha. He said that for the benefit of every one she will assume the form of a plant which will be most auspicious for anyone performing devotional service.

Thus devotees never offer anything to Krishna without a Tulasi leaf. He always adorns Himself with a Tulasi garland. The goddess of fortune, Lakshmi, is sometimes envious of the Tulasi leaves which are placed at the lotus feet of the Lord, for they remain fixed there and do not move, whereas Lakshmi Ji, although stationed by the chest of the Lord, sometimes has to please other devotees who pray for her favor. Lakshmi Ji sometimes has to go to satisfy her numerous devotees, but tulasi leaves never forsake their position, and the Lord therefore appreciates the service of the tulasi more than the service of Lakshmi Ji.

Tulasi as the source of bhakti

The scriptures are full of pastimes that reveal the potency of Tulasi in developing devotion for the Lord.



The Srimad Bhagavatam talks about this pastime with the four Kumaras', the sons of Lord Brahma who were very much attached to the impersonal aspect of Godhead.

'When the breeze carrying the aroma of tulasi leaves and saffron from the lotus feet of the lotus-eyed Personality of Godhead entered through the nostrils into the hearts of those sages [the Kumaras], they experienced a change in both body and mind, even though they were attached to the impersonal Brahman understanding.'

Thus by simply smelling the fragrance of the Tulasi leaves the four Kumaras became pure devotees of the Lord.

In Caitanya lila Srila Advaita Acarya was very much disturbed to see the growth of irreligiosity. Therefore He decided to call for the Personality of Godhead Krishna to descend by worshiping the Lord with tulasi leaves and the water of the Ganges. When Sri Krishna was please by this devotion He descended as Caitanya Mahaprabhu.

Haridasa Thakura a great devotee of Caitanya Mahaprabhu purified a prostitute who had come with the intention of seducing him with instructions to chant the holy name and worship Tulasi. She became so elevated by this service that even great Vaishnavas would come to get her mercy.



Glories of Tulasi Devi

Quoting from the Gautamiya-tantra, the Hari-bhakti-vilasa states:

tulasi-dala-matrena
jalasya culukena va
vikrinite svam atmanam
bhaktebhyo bhakta-vatsalah



‘Sri Krishna, who is very affectionate toward His devotees, sells Himself to a devotee who offers merely a tulasi leaf and a palmful of water.’

In the Nectar of Devotion, service to Tulasi is glorified as one of items of devotional service. In the Srimad Bhagavatam (3.15.19) it is said that although flowering plants like the mandara, kunda, kurabaka, utpala, campaka, arna, punnaga, nagakesara, bakula, lily and parijata are full of transcendental fragrance, they are still conscious of the austerities performed by tulasi, for tulasi is given special preference by the Lord, who garlands Himself with tulasi leaves.

In the Skanda Purana there is a statement praising the Tulasi tree as follows: ‘Let me offer my respectful obeisance unto the Tulasi tree, which can immediately vanquish volumes of sinful activities. Simply by seeing or touching this tree one can become relieved from all distresses and diseases. Simply by offering obeisances to and pouring water on the tulasi tree, one can become freed from the fear of being sent to the court of Yamaraja [the King of death, who punishes the sinful]. If someone sows a tulasi tree somewhere, certainly he becomes devoted to Lord Krishna. And when the tulasi leaves are offered in devotion at the lotus feet of Krishna, there is the full development of love of Godhead.’

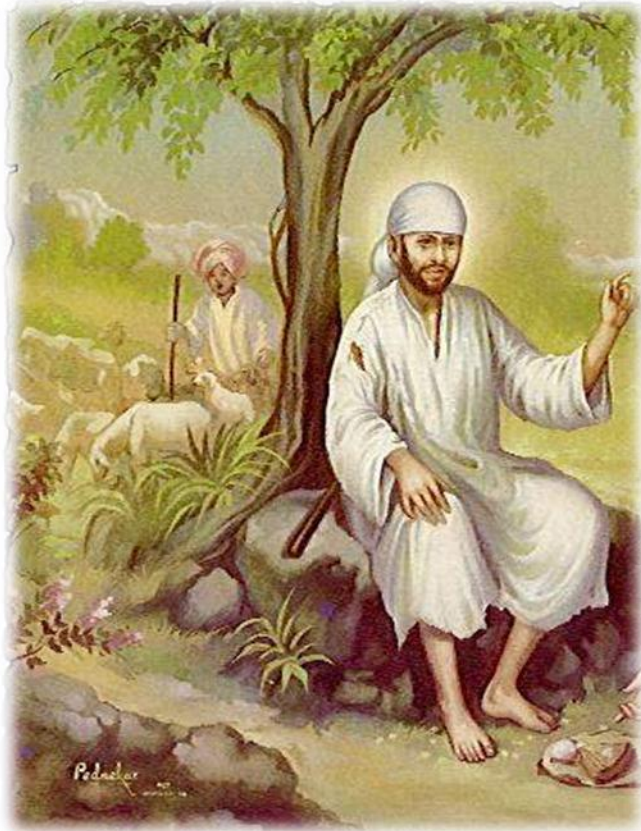
All glories to Tulasi Devi!!



Baba's way of Dakshina

Contributed by: Sunitha Sunkara

This miracle was shown to me by Baba in Shirdi. Just after my marriage I and my husband along with my in laws visited Shirdi. We went for Baba's darshan in the morning. While standing in the queue, I was chanting Sai Baba's name. I was praying to Baba, that I have entered into a



new life with several responsibilities, please guide me and stay on my side all the time and help me. I thought of giving Rs.11/ as daksihna at Baba's feet, but when I came in front of Baba statue, I was totally mesmerized by its view. I forgot everything and was just looking at Baba. Meanwhile I was pushed towards the door by the crowd and came out of temple, later it came to my mind that I forgot to offer dakshina. I was feeling bad for it. I and my husband were walking together talking about it. An old man came to us and asked for Rs/-11 for lunch as he was hungry, but my husband refused. I was sitting alone under a tree, and a thought flashed in my mind. I requested my husband to find that old man and give him the donation. We started searching him. After ten minutes he himself came to

us and stood in front of us. This time my husband gave him the "Dakshina" and he blessed us with a rose flower and disappeared. I had heard and also read in the Baba's "Jeevitha Charithra" that even if devotees forget to give Baba what they wish to, Baba reminds them and asks for it. I believe that I have experienced it.

In my life, whenever was in difficulty I have found Baba besides me. He has always been there to help me. Sometimes the difficulties were so grave that only Baba could have helped me and Baba never let me down.



Sai's Grace

Contributed by: Dr Neelanjana Pathak

Life with its usual ups and downs is indeed a roller coaster ride for most of us. However, what has made the "downs" endurable, is the touch of Shirdi Sai's benediction-perhaps I have received an even larger share than I actually deserved. Most significantly, His grace has given me reasons to believe that the 'ups' are all His kindness, and the 'downs' are an outcome of my own ignorance and frailties. On several occasions, I have had the good fortune of experiencing the truth behind Baba's often remembered words quoted in Saisatcharitra,(one of the eleven memorable 'vachans' of Baba)that whenever He is truly remembered, He crosses all barriers to be with His devotees.



"Tyaag sharir chala jaunga, bhakta hetu dauda aaunga"

In fact, I believe that as I share these experiences with others ,it is He who moves the pen... In the year 1994, I had an experience which convinced me that though Baba has given up his bodily form, He has His own means of communicating with us. Early one morning, I had a dream in which I heard a voice asking me to donate some bricks to the local Civil Lines Sai temple. This being at a considerable distance from where we live, I had scarcely been there a couple of times. The very next day we carried the said number of bricks to the temple and much to my amazement, just outside the temple there was a notice that informed devotees to



contribute bricks and cement for the reconstruction of the temple! Truth is indeed stranger than fiction when we talk of Baba's unfathomable grace. I will ever remain grateful to Baba for directing me to contribute my tiny share to what is today a majestic looking temple.

We have been fortunate enough to be able to visit Baba's shrine at Shirdi once in every calendar year. However, in the year 2000, I just could not go because my mother in law was seriously ill. Either my husband or I needed to stay with her constantly. I was indeed disturbed by this break in what had become an annual ritual and kept praying for divine intervention. On the night of 31st December, i.e just before the year was over, I dreamt of the majestic form of Baba in the Samadhi temple and heard the entire Sheja aarti. I kept dreaming till I said my entire prayer as I would have in my wakeful state .On waking up, the vision was so lucid before the mind's eye, that I was convinced that what was seen was more than a dream. Something within prompts me to believe that the annual Darshan was granted to me-the ritual was not disrupted.

In 2003, when my husband went in for a routine check up, one of the doctors expressed serious concern over the condition of his heart. She opined that two of his arteries appeared to be blocked. On our disagreeing that there were no obvious symptoms whatsoever, she maintained that perhaps it was a 'silent' malady that could turn fatal. This bolt from the blues indeed shook the earth below my feet. Desperately, I turned the pages of Sai Satcharitra .At random the page I opened flashed a message in bold that said Sai understands the troubles of His devotees and with faith in His Grace fears will soon dissolve away. Next day detailed examinations and a second opinion revealed that there was no imminent disorder whatsoever. Perhaps, the false alarm had been raised by the doctor due to some vested interests. Once again It was validated that Shraddha and Saburi are proven tools of spiritual victory.

Days turn into months..... months roll on into years...life continues to bring a mixed bag of trials and triumphs for each one of us. It is now my conviction that with complete surrender to the will of Sai, the worst situations pass away like snow flakes on a river-a moment there then dissolved forever.

I pray that may the Grace of Baba touch the lives of the thirsting millions across the globe. May He bestow upon all the bliss of mental peace, spiritual enlightenment and a life of service. Indeed, He rules the lives of you and me and of every seeker of Truth. Collectively then, let us bask in the glory of the comforting words: Sabka maalik ek.



How to welcome and embrace the storms in life

Contributed by: Roopali Madan

You are in a situation what you created for yourself. So how settled you are is determined by how less frequently storms arise in your life. When the storms arise, the breath becomes heavier, the body becomes unbearable and you are not at all aware of your mind. You are thrown off balance.

How to free yourself from the grip of storms? This is the only basic problem in this universe. The first thing is to become aware of it and stop regretting it. Like waves come and go, storms in your life too will subside. No one storm can be there forever. One storm comes and subsides, another comes and subsides and it goes on. As the storm subsides, you experience that inner cool, soft, delicate aspect of yourself. In that space of calm, all the anxiety, fear, feverishness lose their grip on you and you become yourself again. Love dawns.

That is the purpose of all spiritual practices or sadhana and meditation. You stop resisting the storms of life and start accepting them with open arms; they will subside on their own. When you realize that somebody really cares for you, you feel at rest and all fears and insecurities drop off.

You keep running away from small things - your feelings, sensations, desires and this leads to more feverishness. Realize that like the ocean cannot be there without the waves, storms are inevitable in your life. Every storm touches you somewhere and makes you grow stronger. A storm pulls you out of your likes and dislikes and purifies you. So accept all that comes with both arms open. This is crucifixion. If you say you cannot take them, you are resisting and that leads to more storms in your life.

You are much bigger than all the waves and commotions. They all rise within you and they can in no way destroy you. So, let them be. Even when the storms come, you are still the same ocean, as deep as ever.

This realization is the culmination of knowledge. When this knowledge dawns, you rise above events; you grow out of them. Everybody in the world goes through crisis, insecurities, and confusions. It's like drowning in the ocean of life. But the person with the life jacket can survive



even the worse turmoil. So keep your life jacket of knowledge handy. Being immortal means looking at your infinite nature. That is why the saying, "Die before your death."

Just observe yourself in a bigger perspective. In the ocean of your life, many waves are rising and dissolving. All the waves that you see are your own forms. It's like watching wrestling on television and imagining that both wrestlers are you. In life, you act in many forms, sometimes completely opposite. Every name and form that is given in this ocean is part of the consciousness.

Do not be in a hurry to get rid of the storms, be with them. Looking for perfection creates imperfection inside you. If you are peaceful, everything around you becomes peaceful. You are the centre of this universe. Wherever you go, you carry your own mind, and wherever you go, you will create your own storms. It may appear to be calm and quiet for sometime but the storm will surface sooner or later. Unless you realize this, nothing will hold. There is no other permanent solution. Don't resist the storms; instead see them as an amazing play of your personality.



Sai in my Life

Contributed by: Dr Neelanjana Pathak

This world filled with worries and cares...
Selfish friends and strangers' glares,
Changed to a land where dreams come true;
Colourless patterns were touched with hue,
When Shirdi Sai called out my name,
In the heart's dark corner kindled a flame.
It flickered then turned dazzling bright,
Dispelling the ignorance of a dark night
Today, I know that all my unborn tomorrows
Are His gifts, untainted by worldly sorrows.
My 'Self' I have surrendered at His holy feet
He steers my life from the driving seat...



How to overcome Depression & Negative Thoughts

Contributed by: Karan Gulati

What is depression and how to get rid of this beast? The feelings of depression can occur because anxiety has a tendency to crush our spirit and make us feel emotionally spent, also we begin to see no way out from the way we feel and have nothing to look forward to.

You will be surprised to know there are myths about depression like people think it is a weakness rather than illness, people with depression are “crazy”, depression doesn't really exist, etc. But people don't understand the fact that depression is another kind of illness like heart disease or diabetes. I had read situations where external events trigger depression like difficult relationship, financial problem, tension of exams – which can be seen among today's teen. If you sum up all these issues they will result in Negative Thinking. Negative Thinking is a beast to a great extent & in my view it is the root cause of depression. If you get rid of Negative Thinking then, not only can you control your life, but can also make an impact on other's lives. The best thing that you can do when you are overcome with a negative thought is, considering it as temporary and start to invite new things into your day.

One of my friends is suffering from depression and he consulted a physiotherapist who suggested him innovative things in his life like going for long walks or swimming and according to him, it helped him a lot to stay focussed, instead of dwelling on his fruitless thoughts. One can also do Yoga, as Yoga practice helps in removing depression by reducing the physiological manifestation of stress and by raising the level of Endorphins (Endorphins are chemicals in our bodies that can produce a feeling of well-being). Yoga exercises put pressure on organs and glands helping them to produce a healing chemical balance causing us to feel well. The strengthening and stretching movements flush toxins from our bodies as well. Meditation techniques too recommended for depression are mindfulness meditation (full awareness of the present moment) and loving kindness meditation (wishing well to one-self and others).

Different courses are offered by various spiritual organizations. The only way of winning over depression is stop worrying about past and future. Just consider your present as a gift and try to put your 100% in making your day free from Negative Thoughts by following whatever method you are comfortable with like Meditation, Chanting, Yoga, Swimming, and Painting etc. Worrying is the most useless emotion we have and serves no purpose whatsoever.



Baba the Saviour

Contributed by: Vinay Venkatswamy

I must tell you all how delighted I am, to be writing this experience of mine. This experience is graced by his holiness – Sai baba. Also, I must thank the spiritual India forum for giving me this opportunity to share my experience on this platform. Sai baba is my guru, my friend, my mother, my father. I have seen him in all these forms and I earnestly believe that he must have come to me in various other forms that might be out of my capacity to judge or recognize. But, his love for his children and his commitment to guide us through to the destination is unquestionable and he still patiently answers it every time he is questioned. Here is one such



learning or experience I must say that I happened to learn. I learnt the meaning of being patient, keeping faith and all one has to do is ask, ask the Lord for what you want. Friends, I shall now write in my learning experience. I am excited but this can only be accomplished by his grace.

This was on the September 4th, year 2009. It had been a year and a half since I last visited my parents in India (Me being in the USA). Had just accomplished a project successfully and the managers were happy about the accomplishment. It was a perfect time to take a break, So, I decided to take a break visit parents in India, as well have the customary Visa (H1B) stamping done while I was there in India. Everything went according to the plan and I happened to land in India. There was a medical checkup required as soon as the plane landed in India - thanks to the H1N1 epidemic that was spreading at an alarming rate in India. After the checks and me being tested negative was allowed to walk into my home country. I Could not wait to see my parents and the glow in their faces; while they would be seeing their only child after a year and half. Three days later was my appointment at the Chennai consulate to have the Visa stamped. After having seen my friends go through this routine and having all the documents in place as they did, I was all set for the interview. On the day of the interview I was a little nervous as I had not prepared for the question and answer session though I had all the documents in place. I was a little over confident thinking that I would be able to manage as I had all the required documents. During the interview I was asked for one particular document and I was not even aware that such a thing existed and then my visa was rejected and I had to stay back in India until I furnished all the new set of documents that the consulate had asked



for.

Adding to the complication of the documents that I did not possess, my employer made a false promise of sending me the documents that consulate had requested for. Now, my entry back to USA on the job I had been working on was almost impossible and this was because my employer is a consultancy and I was working at the client company. On the brighter side the client company I was working for was ready to hold my job until I sort out this issue. At the same time there was no way out until my employer would provide me with the requested documents and by the time I figured out that my employer was only making false promises to send me the documents. I had lost 2 months and had to think of other ways out to get back to my job. I then started looking for other consultancies that could pull me out of this situation and none were ready to take up my case, as my case already had a query raised. While this was going on, one Friday my father & my uncle both saw this ad in newspaper where in it especially offered help for people in my situation. I responded to the ad very casually thinking that this is another false hope coming my way; but Baba had his plans for me. The lady I spoke to over the phone responding to the ad was an angel that Baba had sent especially for my rescue and I had to do nothing at all but just listen to her and obey her. I would never trust anyone so easily, especially after the false promises from my employer then. I had my share of questions but eventually the way everything turned out, I had no other option but to listen to what the angel was saying and go by her instructions, which, I reluctantly did. Now, things had started falling in place. This lovely lady found me a new consultancy who would agree to re do my H1B application and get me back on the same job if the client company agreed to change the contract with this new company. I was a little anxious here if the client company would agree or not. By Baba's grace they did so and the new consultancy reapplied my H1B which got approved duly and now it was my turn to go back to the consulate for the visa stamping. I went there and to my surprise they did not approve my visa once again and they had given me the same request form that they had given me earlier, also the officer at the consulate told me that this was not because they had any doubts on me but it was that they had to verify if the employer was genuine. I went back to my rescue angel with a sorrow face and she, though a little upset with the way things turned out, told me not worry but answer and furnish all the documents the consulate had asked for and also she helped me procure them. At the same time she gave me the most necessary moral support and the timely matured advice so that I would not lose faith in the holy foot of the Lord. She reassured me that God was taking care of me and that is the reason I had come to her house and only Baba could be saying such things. I was sure that Baba would save me but when?

Time running away was bothering me much as it was already December 2009 and it had been 4 months since I was in India and my leave was originally approved only for 1 month. I did get to



submit the documents to the consulate on 30th December and I got back a reply from the consulate on the 27th January declining my visa once again and the reason being the same they still asked me for the same set of documents and highlighted that a little bit of information was missing but that bit is usually negligible but in my case they needed it to every detail. This, my new employer and the Lady helping me willingly provided me once again and I posted this set of documents to the consulate on the 6th February 2010. Now, that we had given in everything the consulate had no reason to hold my visa and this time I prayed to Sai and asked him for a miracle as my state of mind had determined almost impossible to get the Visa. Answering my prayers Baba made me go and pray sincerely to Chilkur Balaji (Andhra Pradesh) and obtain his blessings as the Merciful Lord had always helped the people who prayed for Visas. I did so and by 16th Feb 2010 I had my Visa stamped on my passport. I can remember vividly the happiness my parents felt after watching my 6 traumatic months. I can't thank the Lord, Baba enough and all the people who helped me get through that painful situation. All along I learnt to be more patient and keep faith in the Guru because He can never be untrue and Baba would never let his children down. There might be a little delay but we will surely be saved from the biggest of the calamities by remembering his feet and chanting his name.



I also take this opportunity to thank all my friends & family who were by me in this situation and did everything in their capacity to make sure I was back where I wanted to be and also once again thank Baba for giving me such a gem of friends & family who no matter what, never quit on me but stayed by me. Now, I am back here in the USA and on the same job that I was working on before. I still sit here and wonder if I am really back here and if so how did all this happen? Everything still seems like a miracle to me. My parents were the most affected by this and I very earnestly want to make this prayer to Baba that never again put me in not just this but any other situation that might bring so much pain to my family, friends and me. Even if he decides to put me in one, I pray that only he should rescue us and I would just hang on to his feet. With this I would once again thank Baba and also make another request to take care of all his children and believers.



Sai the merciful

Contributed by: Uttam Jaisinghani

I was in India from December 2009 to 5th March 2010 to celebrate the wedding of my middle daughter Soni. Her wedding went off excellently by BABA'S grace. My wife and myself believe fully in Sai Baba. Our visit to Shirdi in February was planned in a hurry as my eldest daughter had to leave for Spain with her two daughters and she wanted to visit Shirdi for darshan before she left India. We hired a van to take us from Pune to Shirdi and then to the Mumbai airport. We left Pune around noon and were very fortunate to reach Shirdi in the evening around 6 and had the good fortune of getting the darshan and attending the aarti without any problems. All this was possible by Sai's blessings. We were able to reach the airport in time and my daughter and grand daughters reached Spain without any problems.



As per Sai Sat Charitra Das Ganu had been avoiding resigning from his policeman's post in the British raj and devote himself to Sai Baba. While doing this he used to often get in trouble and used to go to Baba for salvation. He got several warnings and finally resigned from his post and came to Baba. I have been experiencing similar warnings whenever my mind gets swayed by worldly pleasures. I then mend my ways and the problems disappear. Sai Baba always makes us to follow the right path and be true bhaktas. May Sai keep blessing us and guide us on the right path.

Jai Sai Nath!



Sai the great!

Contributed by: Radhika Ramnath

It is indeed a great pleasure to share my experience with all the Sai devotees. Sairam is great and He showers his blessings to all his devotees.

Sai comes in any form to help his devotees. I faced a lot of problems in the past and now with Sai's blessings am leading a happy life. I have crossed lots of hurdles in my life with Sai's



blessings. I have also realized that life is not easy, we have to face the ups and downs in life. Whenever I used to be depressed, I would talk and cry in front of Sai's photo. Without my knowledge, I could feel a vibration within me and would come back to normal state. This I think is nothing but Sai's blessings.

It is my humble appeal to all Sai devotees to chant his name and he will take care of you. Loka Samastha Sukhino Bhavanthu! May Sai shower his blessings on all devotees?

Om Sai Ram



Mujhe Shakti de do Baba

Contributed by: Valsala Sivadasan, New Delhi

Mujhe Shakti de do baba
Mujhe bhakti dilao baba (2)
Aap k charano mein
Aap k kadmo mein
Dukhde dil se, mangoon main khushiyaan (Mujhe ...)

Meri zindagi sawardo baba
Mere dukh mittao baba
Aap k charanom mein
Aap k kadmo mein (2)
Dukhde Dil se (Mujhe Shakti.....)

Mere aansu mittao baba
Mujhe khushiyaan dilado baba
Dil k kone mein
Dil k kone mein
Mujhko baithaao baba
Mujhko baithaao (Mujhe shakti.....)

Mere dil mein rehna baba
Mujhse door na jana baba
Apne dil se
Apne dil se
Aapko pukaroon baba
Aapko pukaroon (Mujhe Shakti.....)

Ek jhalak dikhlao baba
Mujhe darshan de do baba (2)
Aap k kadmo mein
Aap k charano mein
Sheesh jhukaon main (Mujhe Shakti.....)



जब भी हाथ पसारा साईं

Contributed by: Surekha

जब भी हाथ पसारा साईं
तुझसे श्रद्धा भक्ति माँगी
सुख सँपत्त की आस ना रखी
दुख सहने की शक्ति माँगी

तेरी रज़ा में रही मैं राजी
कष्टों से घबराई ना
शूलों पर भी चली मैं लेकिन
पीडा मुख पर आई ना

पर हे देवा आज मैं आई
आँचल को फैला कर के
परम पिता मेरे प्रिय पिता के
जीवन की भिक्षा तू दे

पीडा उनकी बडी है भारी
बोझिल है जर्जर काया
जीवन पर मेरे तात के छाया
दुखों का काला साया

कष्ट उनका देख देख मैं
सौ सौ आँसू रोती हूँ
किंचित दुख भी बाँट ना पाती
मन का आपा खोती हूँ

दया करो मम जनक पे देवा
स्वस्थ करो उन्हें तन मन से
दीर्घायु का वर दो साईं
हारें ना वो जीवन से



वैद्यों के हे वैद्य महान
खाली झोली भर दो तुम
मेरे जीवन दाता की
आधि व्याधि हर लो तुम

भीमा जी के कर्म बन्ध को
देवा तुमने काटा था
दुख दर्द का साया साईं
स्व आशिष से छाँटा था

स्व भक्तों की व्याधि को
तुमने तन पर धारा था
शामा जी के सर्प दँश को
तुमने नाथ उतारा था

रामचन्द्र और तात्या को
तुमने जीवन दान दिया
जो भी आया हाथ पसारे
तुमने था कल्याण किया

मैं भी तेरे दर पर आई
आँखों में आँसू भर के
मेरे प्रिय पिता का जीवन
साईं तेरे हाथों में

कृपा करो हे परम कृपालु
दया करो दयामय ईश
बाबुल छत्र रहे मेरे सिर पर
वरद हस्त धर दो आशिष

जय साईं राम



साईं के दरबार में

Contributed By: Seema

साईं के दरबार में को छोटा बड़ा नहीं ---२
मन से जिसने पुकारा उसको पाया साईं को वही
साईं के दरबार में कोई छोटा बड़ा नहीं ---२

बैठा टूटी मसजिद में करता चंगा रोगों को ---२
बाटे दावा के तौर पे विभूति अपनी लोगो को
जो कोई आये हर सुख पाए मिलाती सबको दिशा सही
मन से जिसने पुका उसको पाया साईं को वही
साईं के दरबार में कोई छोटा बड़ा नहीं ---२
साईं के दरबार -----

घूमें घर घर जोली लेकर श्रद्धा और सबुरी की--२
जिसने जो भी माँगा उससे आस सभी की पूरी की
धरम जात को माने न कहे अल्लाह इश्वर जुदा नहीं
मन से जिसने पुकारा उसको पाया साईं को वही
साईं के दरबार -----

ग्यारह वचनों का वो मालिक हर्दुम तेरे साथ है ---२
सुख हो चाहे दुःख हो बन्दे सर पे उसका हाथ है
कही भी रहेले दुनिया में उसकी नज़रें है देख रही
मन से जिसने पुकारा उसको पाया साईं को वही
साईं के दरबार -----



तू मेरा है तू सबका है

Contributed By: Arti Sehgal

तू मेरा है तू सबका है, तू जग का अंतर्दामी है
तेरी किरपा जिस पर पड़ जाए
वो पत्थर भी सोना बन जाए
तू अपना बना ले आज (२)

तेरे चरणों में मुझे रहना है, तेरे रंग में मुझको रंगना है
मुझे ऐसा रंग चढ़ादे
जिसे कोई न मिटादे
तू अपना बना ले आज (२)

तेरी लीला में तेरी भक्ति है, मेरी भक्ति में भी शक्ति है
तुझे अपना बनाऊ आज
तू लेले मेरा इम्तिहान
तू अपना बना ले आज (२)

प्यारी - प्यारी मेरी निंदिया में
तू चुपके से आ जाता है
मीठी - मीठी लोरी गाकर
मुझे प्यार से सहलाता है
अपने होने का एहसास
मुझे देता बारम्बार

तू अपना बना ले आज (२)



जब होते है साईं के दर्शन तो

Contributed By: Ravinder Goel

जब होते है साईं के दर्शन तो
हृदय प्रसन्न और आँखें नम होती हैं
दिए हैं ज़ख्म जो ज़माने ने सीने पर
उन ज़ख्मों की चुभन कम होती है
सुनाई देती जब साईं नाम की धुन
शांत हो जाते हैं सब आंधी - तूफान
मिट जाते हैं कांटे ज़िन्दगी के गुलशन से
चलने के लिए हर राह सुगम हो जाती है
अनगिनत होते हैं पाप जाने अनजाने
पुण्यों की गिनती बहुत कम होती है
लगा ले हर वक़्त ध्यान साईं चरणों में
अच्छे कर्मों की उम्र बहुत कम होती है
रखता है वो हमारे कर्मों का लेखा जोखा
निश्चित है उसके खाते में मौत की तारिख
अपनी मौत को खुद देख सके कोई
ऐसी खुशनसीब आँख बहुत कम होती है
संसार में सब काम करते हैं हम
मगर भक्ति की उम्र बहुत कम होती है
फ़र्ज़ को निभाने को कई साँसे हैं मगर
उसके नाम की साँसें बहुत कम होती हैं
ऐशो आराम की तलब बहुत होती है मगर
दान पुण्य की नीयत बहुत कम होती है
लगा दे साईं के चरणों में तू जीवन
उसके दर पे रहमत हर दम होती है



धुन " जहाँ डाल डाल पर सोने की चिड़िया करती हे बसेरा "

गुरुर ब्रह्मा, गुरुर विष्णु

गुरुर देवो महेश्वराः

गुरुर साक्षात् परब्रह्म

तस्मै श्री गुरुवे नमः

जिसका इस जग के कण कण में ,

हर प्राणी में है बसेरा

वो साईं नाथ है मेरा ,

वो साईं नाथ है मेरा

जिसका इस जग के कण कण में ,

हर प्राणी में है बसेरा

वो साईं नाथ है मेरा ,

वो साईं नाथ है मेरा

जिसमे शिव, ब्रह्मा और विष्णु की

शक्ति का है बसेरा

वो साईं नाथ है मेरा ,

वो साईं नाथ है मेरा

जय साईं जी, जय साईं जी

जय साईं जी , जय साईं जी

ये शिर्डी है जहाँ दीन दुखी

जपते साईं नाम की माला

साईं ॐ साईं ॐ

साईं ॐ साईं ॐ

यहाँ द्वारिका माई में बसते

मेरे साईं दीन दयाला

मेरे साईं दीन दयाला

यहाँ प्रेम की जोत जला कर साईं

करते दूर अंधेरा



वो साईं नाथ है मेरा
वो साईं नाथ है मेरा
हर गुरुवार को करके दर्शन
हम भी मुरादे पायें
उस कृपा की गंगा में जाकर
हम पावन बन जाएँ
हम पावन बन जाएँ
जिस महासंत दत्तावतार ने
प्रेम का रंग बिखेरा
वो साईं नाथ है मेरा
वो साईं नाथ है मेरा
मेरे साईं नाथ ने सब भक्तों के
दुःख अपने पर झोले
गर तू भी अपनी मुक्ति चाहे
साईं नाम तू ले ले
जहाँ हिन्दू मुस्लिम सिख ईसाई
सब अपनी झोलियाँ भरते
सब अपनी झोलियाँ भरते
जहाँ सब धर्मों का संगम है
वहाँ साईं का है बसेरा
वो साईं नाथ है मेरा
वो साईं नाथ है मेरा
जिसका इस जग के कण कण में ,
हर प्राणी में है बसेरा
वो साईं नाथ है मेरा ,
वो साईं नाथ है मेरा
उसके दर पर तू भी आके
अपना शीश झुका ले



अपने हिरदय में श्रद्धा भर ले
 साईं को तू मना ले
 साईं को तू मना ले
 जो भरता सबकी झोली खाली
 करता दूर अँधेरा
 वो साईं नाथ है मेरा
 वो साईं नाथ है मेरा
 जिसमे शिव, ब्रह्मा और विष्णु की
 शक्ति का है बसेरा
 वो साईं नाथ है मेरा ,
 वो साईं नाथ है मेरा
 साईं ॐ साईं ॐ साईं ॐ साईं ॐ
 धुन " गम उठाने के लिए मैं तो जिए जाऊंगा "
 जनम से जितने गुनाह किये हैं सभी धुल जाएँ
 ओ शिर्डी वाले मुझे ऐसी बंदगी दे दे
 तुझे पता है मेरे पापों दोषों का लेखा
 अपने चरणों में तू , मुझको नौकरी दे
 सर झुकाने के लिए दर पे तेरे आऊंगा
 हर कदम पे मैं तेरा नाम लिए जाऊंगा
 सर झुकाने के लिए दर पे तेरे आऊंगा
 साईं तूने मुझे जीवन में सभी कुछ है दिया
 पर मैंने तेरे चरणों में कभी सजदा न किया
 साईं तूने मुझे जीवन में सभी कुछ है दिया
 पर मैंने तेरे चरणों में कभी सजदा न किया
 अब तो शर्मिदा हूँ अपने कर्मों से मेरे साईं
 मैं तो मुजरिम हूँ , गुनाहों के सिवा कुछ न किया
 सर झुकाने के लिए दर पे तेरे आऊंगा
 हर कदम पे मैं तेरा नाम लिए जाऊंगा



सब मुरीदों की तेरे दर पे सुनी जाती है
इसी उम्मीद से आऊंगा मैं तेरे दर पर
सब मुरीदों की तेरे दर पे सुनी जाती है
इसी उम्मीद से आऊंगा मैं तेरे दर पर
तुने रहमत करी हर दम ही मेरे जीवन में
मैं तो अंजान रहा , इल्जाम तुझे दे दे कर

सर झुकाने के लिए दर पे तेरे आऊंगा
हर कदम पे मैं तेरा नाम लिए जाऊंगा
सर झुकाने के लिए दर पे तेरे आऊंगा
सर झुकाने के लिए दर पे तेरे आऊंगा
सर झुकाने के लिए दर पे तेरे आऊंगा
सर झुकाने के लिए दर पे तेरे आऊंगा
सर झुकाने के लिए दर पे तेरे आऊंगा



Sai kripa ko vyakul

Contributed by: Vaibhav Chawla

The poem is based on the love and grace that Shri Sai Nath Maharaj blessed me with at the time when I was in very difficult phase of my life. Shri Sai Baba carried me out of the most difficult phase of my life.

Ye meri kahani suno meri zabani
Main tha manchala sapne bunta tha
Bahut kuch paane ki chahat mein pal-pal jhoohjta tha

Ek din aaya ek bin bulaye mehman ka
Naam tha uska "Dukh" aur kaam tha dena pareshani
Kiya Jeevan asmanjas usne aur likhne laga mere dukh ki kahani

Tab naam Japa Jo "Sai" ka, aur sheesh jhukaya dar pe
Bola main dekh "Sai" ek bhikhari aaya tere dar pe

Pal-pal roz-roz lene laga "Sai" ka naam
Pyaar mein "Sai"ke beetne laga mera har kaam

Sai ne dekha mera haal aur karne laga dheere dheere kamaal
Door kari usne meri pareshani aur di Zindagi ko nayi ravani

Par ab sochat hai man ye mera, ki wo dukh kitna tha niralaa
Pilaya jisne mujhe har pal "Sai" naam ka pyaala

Dubaya tha jisne mujhe "Sai" ke ras mein
Ujwal kari thi meri kaya "Sai" ko samarpan mein
Ab khush hoon par sochat hai man ye mera
Ki dukh hi mera dost tha aur dukh hi tha mera bhai
Jo dukh ke samay oodhi thi maine "Sai" naam ki Rajai

Aaj bhi har pal shayd wo Rajai chahta hoon main oodhnaa
Par kis daar mein hai maan mera ab ise hai khoojna



Mujhe pata hai ki ab hoga mere "Sai" ka kuch pyaara se khel
Jo karega mujhe agrsar karaane "Sai" se anant mel

Bolo Jai Sai Ram



गुरु

Contributed By: Arti Sehgal

गु - मतलब अंधकार

रु - मतलब रोशनी

अर्थात् , गुरु हमें अंधकार में रोशनी दिखाता है

हम गुरु धारण इसलिए करते हैं ताकि हम मार्ग में भी रोशनी पा सके .

हम गुरु धारण इसलिये करते हैं ताकि हम सची राह पर चल सके .

हम गुरु धारण इसलिए करते हैं ताकि हमें मोक्ष की प्राप्ति होवे .

हम गुरु धारण इसलिए करते हैं ताकि हम संसार रुपी जाल में न फसे .

हम गुरु धारण इसलिए करते हैं ताकि हम किसी का बुरा न सोचे .

हम गुरु धारण इसलिए करते हैं ताकि हमारे कष्टों का निवारण हो सके .

पर फिर भी कहुगी

हम गुरु धारण जरूर करते हैं पर उनके संस्कारो को नहीं अपनाते .

हम भूल जाते हैं की हमारे साथ एक रोशनी चल रही है.

हम अपने दिन चर्या में इतने खो जाते हैं की हमें अपने गुरु का आभास ही नहीं रहता .

जब समय पलटता है जब हमारे घर में अन की कमी होती है ,

जब हमारे बिज़नस में धन का आभाव होता है ,

जब हमें नौकरी नहीं मिलती , जब हमारा प्यार खो जाता है

तब हमें अपनी गुरु की याद आती है

तब हम रोज़ उनकी पूजा करते हैं

तब हम उन्हें खुश करने की कोशिश करते हैं

जब हमारे ऊपर दुख के बादल छाते हैं

तो हम आसमान में उड़ने वाले पंछियों की तरहा इधर -उधर फड फड़ाते हैं

हमारे गुरु को प्रेम से भरे हुए हैं

हमारा हाथ थाम लेते हैं



वोह हमारी डूबती नईया को पार लगादेते है
कहते है ...

दूर खड़ा देख रहा है वो कड़पुतली का नाच
उसके एक इशारे से बरखा हो जाए आग

गुरु को अपनाओ दिल से
अपनी रूह से

आप अपने गुरु की उगली पकडेगे
गुरु आपका हाथ थाम लेगे .

बोलो जय गुरुदेव ...

बोलो जय साईनाथ



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