

# SAMARPAN

Jan 2014



## A GREAT TREASURE FOR BABA'S DEVOTEES

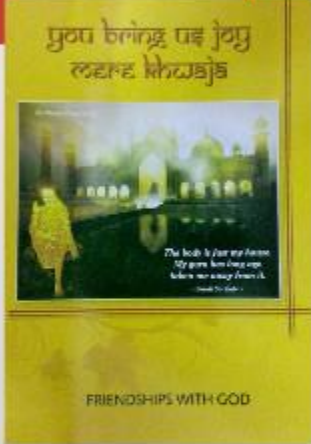
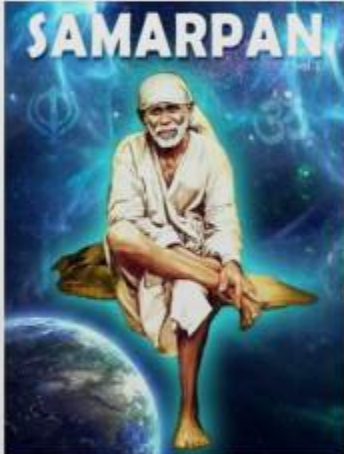
Samarpan Volume 1 book, compiled from 15 online Samarpan editions is now out as a printed book. You can get Samarpan book at its print cost price (without any profit). By Baba's blessings, the Samarpan is available at nominal price of Rs 135.

One of the editors for Samarpan is Lorraine-Walsh who has written couple of books on Sai Baba also released its new book "Mere Khwaja" on Shirdi Sai Baba which is also available at discounted price of Rs 135. Please log into <http://shop.spiritualindia.org> to buy these books online, please note that courier charges will apply.

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## EDITORIAL

By: Sabina Bablani

Dear Sai Devotees, after a gap of over two years we are back with our 15th edition of the Samarpan online e-magazine. This gap was not in any way meant to be away from the Forum, but was utilized in compiling and publishing the Samarpan printed book, which I'm sure you all would have subscribed to. Now that we are through with this printed book, we decided to come back to our routine of the quarterly edition of the online e- magazine.

“Samarpan – Complete Surrender” continues in its journey to connect with thousands of devotees that are members of the Dwarkamai – Sai Baba forum. When we first started this magazine in 2008 we were a family of about 10,000 members and have now grown to be over 50,000 members. This only proves that Baba who is the central force is binding us all together.

On our journey towards the spiritual progression, while we keep making new connections, we hear and learn from each other's experience, which helps in deepening our faith in God. Samarpan magazine is the medium through which we share these experiences and articles that bring us a step closer to God and restores our faith in Him.

For last few years I have experienced lot of turbulence in my life and often questioned why this is happening to me, when I have led a very pious life, not harmed anyone, just did my own work, prayed and minded my own business. Then why am I suffering for no possible wrong or for no obvious reasons? The more I tried to analyze the situation; I got my answer, which my dear Baba brings to me from one or another medium.

Whatever happens to us either good or bad is because of our own deeds; not only in this birth but several previous births we've had before we reached here. We all know that this world is transient; everything that we see is temporary as the only truth and permanent thing is consciousness and by that I mean our souls. Friends, this human body which we have received as blessings of our good karmas, has been given to us

### Samarpan Team

*Ashok, Anisha, Nikhil, Divya,  
Vidya, Mythili, Poornima,  
Kirtida, Lorraine, Sabina and  
Ravi*

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to know all truths of the world, see world in true light, find our own self, see reality of the world as interplay of our karmas; how we construct our world, how we shape our destiny and what is worth pursuing in this world. Without teacher, this world is like a dense and dark forest; Sadguru is the guiding light and always the only recourse, till we become guiding light to ourselves and fellow beings.

The more we walk on the path of spiritual awareness, the more we grow internally. This process of inner growth, helps us get the inner freedom which is most honored in the spiritual age of mankind. However, self-knowledge is the pre-requisite for this freedom, since spiritual freedom is not egoistic assertion of our separate mind and life but obedience to the Divine Truth in our self and in all around us. And as soon as we come to know our spiritual self, we learn to escape from the transient world (i.e. things that affect us externally) and enter into this world of inner freedom.

Dear devotees let us all drink the nectar of the love and devotion, which I'm sure will flow through the real life experiences and articles that are contained herein.

This forum is yours and so is this magazine; so, feel free to write to us at this email: [mag@spiritualindia.org](mailto:mag@spiritualindia.org). May Baba continue to bless us all and keep showering His grace and kindness on all! OM SAI RAM



# *Spiritual Experiences*



## REAL EXPERIENCE WITH BABA

By: Pankaj Mani Sharma

Eight months prior to my journey to Noida, I went to a Sai Baba temple; purchased Baba's poster and mounted it in my house. The second day, I saw an old man begging on the streets. I went across to him and offered him whatever I had. The old man gave a very strange look which actually scared me. I quickly moved from there and went back home.

After returning home, I casually happened to look at the poster and to my surprise, the face of the old man and the picture on the poster resembled each other very much. I went back to the same street in search of the old man but to my bad luck he was nowhere.

I then understood that it was none other than Sai Baba who had given me His Divya Darshan. This incident strengthened my belief in Baba whose worship I had started, having been inspired by my daughter Anshika. This indeed is real and the best experience of my life.



## Baba's Darshan in the form of Photographs

By: Nikhil Kumar Jaiswal

I reside in Greater Noida. I am an ardent devotee of 'Shirdi Sai Baba' from the year 2008 and my faith in Baba is growing day by day. My wife too became a devotee of 'Sai Baba' after our wedding. After marriage, we went to Shirdi for Baba's blessings on 9<sup>th</sup> March, 2012. From then onwards, we would visit Shirdi often; we forget the long tiring journey when we think of the calm and composed murthi of Sai Baba.

I work with a private firm and my wife is a teacher in a private school in Greater Noida. We had planned to go to Shirdi on Vijaydashami to attend the Sai Baba "Punyathithi Festival". We booked our tickets for the journey, however the tickets were waitlisted. We were not sure whether we could continue with the journey without confirmed tickets. Later, the onward journey tickets got confirmed but the return tickets were still waitlisted. Under these circumstances, with a heavy heart we decided to cancel our trip. May be Baba had some plans for us.

The next day, me and my wife were returning from the market on my bike when we saw two people on another bike just ahead of us. The pillion rider was holding a large size photograph which was wrapped in a paper. The bottom portion of the paper which was covering the photograph started tearing due to the wind and the speed with which the bike was heading. I could see the feet of a statue but could not immediately recognize where I had seen this feet. While I was trying to remember where I had seen this pair of feet, the complete wrapper came off the photographs due to the wind and we were in for a great surprise. The photograph was that of our beloved Sai Baba. We enjoyed this sight for quite some time until the other bike was ahead of us.

That night it occurred to me that our benevolent Sai Baba had indeed given us the Divya Darshan in the form of a photograph. Although we could not go to Shirdi for His darshan, He had come all the way to give us darshan and bless us. Such is the greatness of Sai Baba.



## Saimaa Takes Care

By: Brinda Menon

I and all my family members are Sai Baba devotees and visit Shirdi often. We had been always praying for my daughter to secure admission in junior KG in one particular school of repute as the admission procedure is very competitive wherein you can say from almost a thousand applicants, only a few hundred are selected. My daughter was unwell on the day of selection and didn't fare well, as expected a few months later; her name did not appear in the final list of candidates selected. But somehow my faith in Sai Baba was immense and I was waiting for some miracle to happen. During my visit to Shirdi then, I had thought in my mind if I am able to get a pair of pink and yellow roses around the temple premises it was like an assurance that my daughter would be selected. As you all know red rose was very common to find, but I had thought of this rare combination. To my surprise when I came near the Gurusthan in the early morning, we actually found a bunch of pink and yellow roses placed as offerings in front of the shrine. We got this as an indication that Sai Baba will take care.

Few days later, we got a call from the school that there is one seat available and my daughter can be admitted. We can only count on Baba's blessings for this happening, as this is a very rare occurrence where you get a second chance and it would have not been possible without Sai Baba's blessings and it's truly a miracle.

Recently, I had my exam scheduled; unfortunately it was raining heavily on that day, though I started early, there were no autos available. We decided to take a taxi, amidst the heavy rains the taxi managed to reach midway, but soon we realized that it was already 9.15 am and I would not be able to reach the examination centre by 10.00 am as the taxi had stopped in the heavy traffic. All through the way I was chanting "Om Sairam", and could also see unusually more images of Sai Baba on vehicles passing by, as if Sai Baba was taking care. Suddenly a thought came to us that we should get down midway and take the train instead, all trains were late due to rains, and I knew in my mind that I would not be able to reach on time. The only name I was chanting was "Om Sairam". Finally on reaching the station, as expected we couldn't find a single taxi to reach the examination centre which would be another 15 to 20 minutes ahead. It was already 10.00 am then. Thanks to our Sai Maa, a taxi driver who had earlier refused to take us, actually came back and agreed. On reaching the examination centre surprisingly, we realized that due to rains the exam would be starting 30 minutes late. Again this is highly unusual as these competitive exams are always carried out on time come what may. We truly consider this as a Sai leela and a blessing that I could write my exams. Sabka Maalik Ek, Om Sairam.

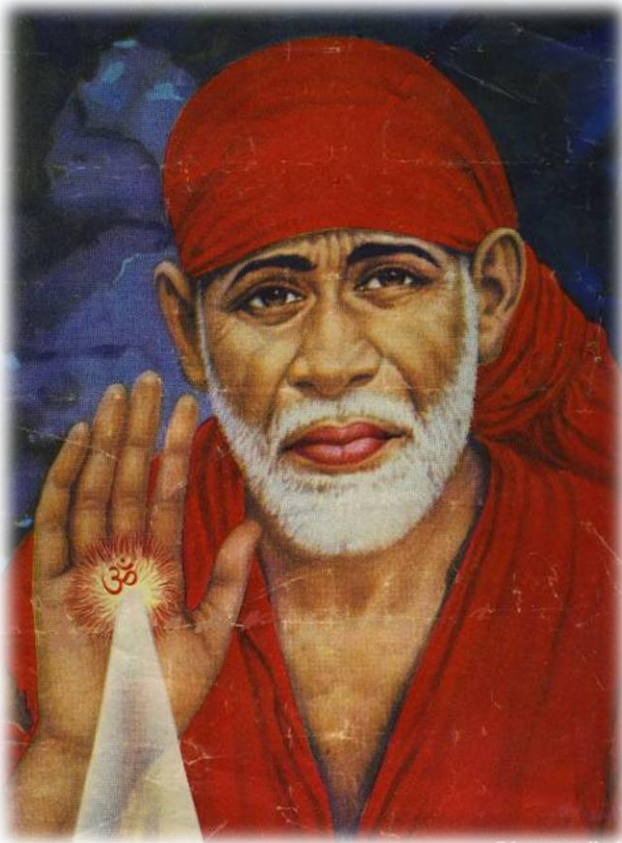




## Baba arrives as Mother to cure his child

By: Supraja Pagdala

This is one of the best proofs that Baba is present everywhere in the world. We are ardent devotees of Baba from New Jersey, USA. One day our son's leg was aching and he faced difficulty in walking. We waited for two days for it to normalize, as we prayed Baba to cure the pain.



Then we took him to a doctor and after the examination, he told us that it will become normal in a week or two. As we were walking on the road on our way back, suddenly one old lady asked pointing to a building whether it is an apartment. We replied that it is a hospital and other offices. Then she held my son's aching leg and started moving it and said, "You are mischievous and you make lot of noise at home." She moved his leg around ten times and then we left from there. After reaching home he started walking normal and said there was no more pain. We realized that it was no other than Baba that came to us in form of that old lady to give His blessings . We remember this incident many times to have seen Baba in that roop.



## Sai Ka Prasad

By: Pallavi Patel

Not sure from where should I start describing Leela of Sai Baba. There is no end to it. In day-to-day life He keeps showing us the new path and light to make oneself closer to God and destroy our ego and evil thoughts. There are so many miracles that happened with me which make my faith towards Him stronger and stronger. He is always watching upon us and protecting us from all calamities. Today I would like to share the blessing and miracle of Sai Baba that happened with me recently. It's been six years since I am married to a wonderful man who is also a blessing given by Sai Baba to me. Since we are married for long time we decided that it's time to move to the next step of becoming parents. We started our planning for child. It's been two months of planning but nothing was happening. So we decided to visit the doctor to see if everything is ok with us physically, where I was diagnosed with the hypothyroid syndrome and doctor suggested not to plan the baby at this moment as it's not good for the baby. With this news I started to worry and panic. I pray to Sai Baba that everything becomes normal soon.

Before this incident happened I got the opportunity to serve Sai Baba temple near my place. I was supposed to open the temple every Saturday and do the madhyahan arati and pooja of Sai Baba and clean the place. During this pooja I had to offer the naivedhya(prasad) and jal (water) to Sai Baba and distribute the earlier offered naivedhya and jal among devotees or put prasad in thali and jal in charanamrutha pot for devotees. Since charanamrutha pot was small it always happened that some jal would be left out, so I used to consume it as a prasad of Baba. After the news of my disease whenever I was drinking that jal, I always thought my disease is melting away day by day and Baba is helping me. Even though we stopped planning for the baby I always thought there is something happening in my body and baby is growing inside me so I used to pray to Baba that make my belief true and bless me with child.

*Before this incident happened I got the opportunity to serve Sai Baba temple near my place. I was supposed to open the temple every Saturday and do the madhyahan arati and pooja of Sai Baba and clean the place*

After few weeks doctor did another blood test and you know what happened, the report was getting better and better. After month passed there was no sign of my monthly period so the next Saturday I decided that I will do the pregnancy



test after I visit the temple. That day I wholeheartedly prayed again to Baba to make my feelings true and bless me with child. I purchased the pregnancy test kit and did the test and what do I even have to say to Baba's devotees as to what happened? Well He blessed me and test result came positive. My joy had no bounds. I thanked Him for the blessing. He always assures me that He is always there for His devotees who ever utter His name.

After that I went to the doctor for the blood test and to get the confirmation for my pregnancy and yet another miracle happened. The reports indicated that my thyroid levels became absolutely normal and my pregnancy test came positive. After nine months I was blessed with a baby boy on a Tuesday. In our religion we celebrate and give the name to baby on the sixth day. There was a belief that on the sixth day after the birth of the child, Vidhaata (Goddess of destiny) would quietly enter the house around midnight to pen the destiny of the newborn. Traditionally the mother of the newborn lights a lamp (diya). This lamp along with a red pen and paper are placed on a wooden plank for Vidhaata to write the future of the newborn. And if the six day comes on Sunday or Tuesday it is considered even more auspicious. My baby was born on Tuesday so sixth day fell on a Sunday. We celebrated this occasion and thanked the God for such a wonderful blessing.



## Baba's Grace in Reiki

By: MC Mathur

Since childhood, I am a devotee of Sai Baba and I believe in him with all my heart. At the age of 67, when I freed myself from all the responsibilities of my children and family, I thought of initiating something which could let me help the poor and destitute people of our society. It was then that I started to learn Reiki with the grace of Baba. Reiki is a technique which, through healing only, cures diseases and problems of people and therefore no medicines are required. This technique has gained popularity in today's time and people are earning their bread and butter through it. People are earning well by performing Reiki healing, but I took this up only as a service to the mankind, for people who cannot afford medicines and not as a source of earning money. I started treating people with Reiki at Sai Temple Chhattarpur in New Delhi for 3 years now and have cured over 3000 patients with different types of diseases and personal life issues such as divorce cases, personal clashes and many more. This form of treatment was spread through word of mouth and people from different places started coming. Grace of Baba on me continued when to my surprise I was awarded the International award for Reiki.

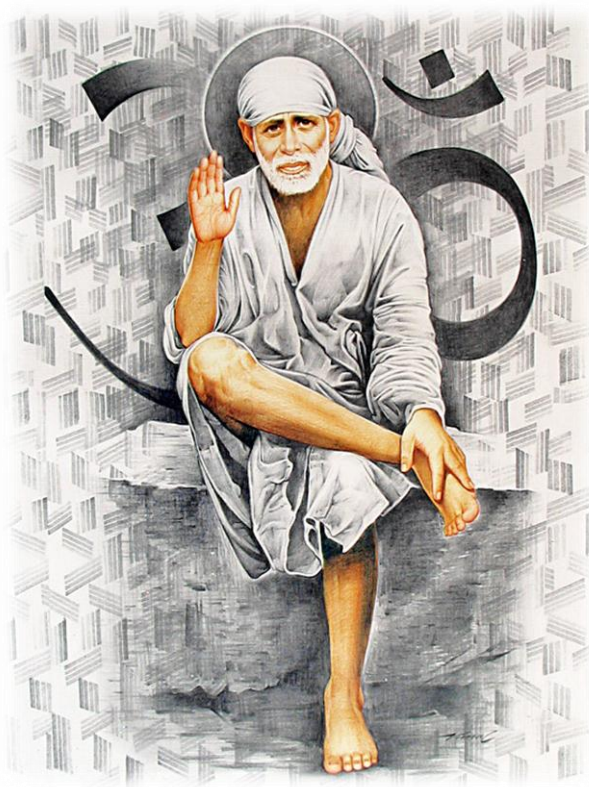
I know that it is not me, but Baba, that by His blessings and kindness, patients get cured. I am only a medium through which He is showering His mercy on everyone.



## Baba is my Light

By: J.V Sujata

Through this article I only want to thank Sai Baba for being there with me in my life. He entered my life when I was a small child. Till today, I have no idea of how to pray to God but still I adore him. Being blessed with 2 children, when my 2<sup>nd</sup> child was born I kept his name "Harshasai". I am a single working parent for my children. Sai Baba made me a strong woman and because of that strength I am taking care of my children alone. I have faced immense troubles with my married life but undoubtedly, my parents, brother, sister in law and my dear friends are always standing as a pillar behind me. Baba blessed me with various surprises and moments of



happiness that have made me survive the tough times. More often than not He becomes my mother, father, friend, guide, and teaches me all the lessons, forgives me when I am at fault and takes care of me when I am alone.

Lastly, I can only say that He is with all of his children, taking care of them, showing everyone the right path in life. Have faith and keep walking this beautiful thing called Life.



## Savior of My Life from a Disease

By: Shantha

I am beginning this thanks giving write up by offering my deepest gratitude to my savior Shri Sai Baba.

There was a time in my life when I was going through an ailment that I had developed and I had no clue of where it could take me. Also, I had no courage to discuss about it with anyone in my family or the doctor because I believed it to be an embarrassing and most sensitive thing to discuss. I had read Sai Vrat Katha a few times but never performed fasts ever in my life and it was this tough time of bearing the trouble that I decided to perform the fasts. I spoke my heart in front of Him and plead to cure the disease and help me complete the 9 fasts without any interruption to my daily personal and official routine. Baba is my strength and only one in whom I can confide my trust. As His grace and mercy fell on me, I was cured of the disease within the few days of my fasts. Although my problem was cured, I had requested Baba to help me complete the entire 9 Thursdays fasts without any fail. Before the 8<sup>th</sup> week of Thursday's fast, I had to travel to another town and suddenly an all India closing (Bharat Bandh) was declared on the following Wednesday and Thursday. Since, it was a country's day off, public transports were also shut. I did nothing except praying to Lord Sai Baba and He intervened which was unbelievable. Had I been alone, my parents would not have allowed me to travel on Thursday as due to this Bandh, many roads were blocked and would have taken approximately 6 hours to travel back to my home from that place. But my brother agreed to travel on that day with me. I was most happy. So, without any trouble me and my brother managed to travel by bus and at 5 in the evening we were home and I completed my 8<sup>th</sup> Thursday fast with devotion. It is true that if we remember Baba, He comes to our rescue always. I also saw Baba's picture in the bus that I was travelling in and I knew in my heart that He managed the entire event on his own.

On the 9<sup>th</sup> Thursday I completed all the fasts. All thanks to my loving lord Sai Baba as He stands by me throughout even though sometimes I wither in my faith. There is a flock of people worshipping Him but Baba still looks at me. With reverence at Sai's Feet.



## **Baba Blessed Pihu**

By: Sambit Kumar Das

I come from a small town Balasore in Odisha and currently stay in Hyderabad. I am quite religious and for my spiritual solace I keep chanting Mahamrityunjaya Mantra, Hanuman Chalisa, Sai Chalisa and Jagannath Stuthi paath. Quite often doing Sai Parayan and Sai Baba's Aarti gives me immense peace. I and my family believe much in Sai baba and are well aware of Baba's kindness and blessings and have also read them in Sai Samarpan's previous magazine.

I have been living in a joint family. My bade papa(Uncle) died 2 years back after his retirement and his death left us broken in sorrow and sadness. He was a well-known person in many institutions, organization and universities for his intellects and knowledge in Chemistry department. He too was religious and a strong believer of God. My cousin brother Pritam Das who is son of my late bade papa is residing in Kolkata. After his death, my brother got married and 1 year after his marriage he was blessed with a baby girl whose condition was not good at the time of birth. She was admitted to ICU and was being monitored by doctors every day. This situation left us all very depressed.

As soon as I came to know of this, I called my brother and consoled him. He asked me to pray as he believes that God listens to me. Since my bhabhi is also a Baba's devotee, I had faith that everything will be fine. I promised him and prayed to Baba that "she is a new born baby, she did not even see the world yet and she does not know anything and above all she is the first baby of our family". I promised him that I would write in Sai Samarpan when our daughter gets completely fine and healthy. I also assured that after she gets fine, we all will visit Him in Shirdi and thank Him from our heart. As we had faith in Baba, the little girl got cured. We call her Pihu and she is extremely charming and good in health now. She is big enough now and has started going to school also.

This is how my Sai Baba listened to me and showered His kindness and blessing on our little daughter Pihu. We know that He will always be with his devotees who completely surrender their life on his feet.



## Fresh lease to values in life

By: Ranjini Arthi

Sai Ram! This was an incident which taught me to find God in every being I come across. That girl was one among the millions in India for whom the railway platform is home. And hers' was the Howrah station. I was waiting to board my train for Chennai. I was surrounded with bag and baggage all around and having one as a support for me to stand because I had sprained my leg just then. Dreaming and looking around the whole place with some random thoughts lingering in my mind is what happens whenever I wait to board the train and was doing the same.



There was this girl who was having softy ice-cream. During my month and a half long stay at Kolkata I never got to see softy ice-creams there. Thinking about where she would have got that ice-cream from I was looking at her for quite a while. She made eye contact with me, and we exchanged a smile. She had a pleasing smile. It was neither her welcoming smile nor the ice-cream which she held is making me share this experience, but her asking me if I wanted

to have the ice-cream and nodding her head asking me to share it with her. I thanked her and nodded my head saying no, but still thinking why she wanted to share her ice cream with it me? It appeared that it was not her dessert which she wanted to share with me but it was her meal, who knows if it would have been the "MEAL OF THE DAY"? Though the whole incident was only for a span of five minutes, I felt she had given life to all the moral values I have been taught so far.





## **Felt the Love of Baba for the first time**

By: Radhika KS

I am Radhika from US. I have been a member of online Spiritual India Forum since past six years. I'm writing my first experience and love that I felt from Baba.

Those were my early college days after my schooling, did not know anyone there. One fine day our seniors called every one of our class to the seminar hall. We did not understand the reason but later they started ragging us in a casual way. We all felt much tensed. I did not know much about Baba by then, but I don't know why I kept on praying to Him on His name 'Baba' that my turn shouldn't come at all. And suddenly when it was my turn our Principal Sir came and called out all the seniors to leave the seminar hall immediately. I felt so much of relief and can't forget Baba for helping me out on that day. Later many miracles have happened to me and my family.

And recently I suffered from severe neck pain and couldn't even walk properly. Then my neighbor who was moving to other city on that day gave me a homeopathic medicine and the pain was gone totally by the time I took the last pill. Likewise Baba has showed His Love to me on several other occasions.

Though I was alone in city away from my parents for about one year for higher education, Baba never let me feel lonely; He kept on helping me through my friends and good people around me.



## Sai Baba's grace on my brother

By: Supreetha G

Sairam devotees, I would like to share my experience of Baba's Grace. I have been in Baba's protection for over twenty years now. He has been in my life; guiding me all throughout, be it personal or professional life, but this story which I am sharing with you is of my brother. I had made a vow to Baba to share this story in Samarpan, if my brother would change. My younger brother came to US to study his Masters, but fell into bad habits of gambling in casinos. The situation became so bad that he was totally addicted, made huge debts with banks, friends and relatives far and near. He did not complete his studies, but somehow managed to get a job. He would work five days and whatever he earned was lost in gambling. Our family was worried about him, prayed Baba to help him, but the situation went on and on for years and we were depressed and sad with his ways. At a point in life, I thought that my brother wouldn't survive and would end up his life in depression.

But finally after many years, Baba heard our prayers and my brother mended his ways. It was a miracle to see him change, not sure how it happened, but he gave up gambling. By Baba's Grace, today he is happily married with two little boys and living a decent life. Thank you Baba for listening to our prayers and showing your Grace.



## An Experience

By: Shalini Pawuskar

I am a very ardent devotee of Sai Baba. Many times He comes in my dreams and shows me my future. Whenever I'm in trouble or tension I pray and talk to my Baba and he comes running to help me. I've experienced it many times. He never can see me in distress, I can feel it. He is everything to me, Jai Sai Baba!

Let me tell you my experiences with Sai Baba. I stay with my two sons alone in Goa. I am an orphan, my parents expired a few years back and I've a big sister but she does not care for me. My husband and his family cheated me and left me alone with my kids. Since 2004 I'm staying alone with my kids. My in-laws i.e. my brother-in-law and my husband cheated me out of my father's property and threw me out. They both have again remarried and enjoying my father's money leaving me and my children in poverty. So I've filed a court case against them in 2010. I know my Sai has only showed me this right path. He came in my dream and told me to file a case against them and He will help me. This gave me confidence to go ahead with the count case and till now He is only taking care of me and my children. He also gave me strength and made me very strong to speak in the Court. Now they are very scared of me and can't show their faces. I am sure Sai Baba will help me in fighting for my rights and give us what rightfully belongs to us. It is all Sai's krupa that makes me go ahead in life even without anybody's support.

I thank Sai Baba a ton for giving me confidence and making me strong to fight my own battle. He is helping me in all ways financially and morally. I can feel Him every second around me protecting me and my kids. Fear disappears when Sai Baba is near. He is Almighty and Power. I bow to Sai Baba a million times. Jai Saibaba!



## **Baba's Divine Blessings in Getting a Child for us**

By: SurekhaSrikanth

We are a happily married couple living in Singapore for the past 6 years and due to career pressures we had decided to delay our first child. We started planning our baby from 2011. Due to health issues we were unsuccessful. Finally after one year our dream came true and my wife became pregnant. However, our happiness didn't last long as my wife had to abort the baby in the 4th month of pregnancy. We were mentally shattered and very sad after the loss but somehow held fast to faith in Baba.

We were quite sure that He would take care of us and bless us again. My wife started doing navaguruwar vrath with complete devotion. With Baba's blessings she conceived after the final week of vrath. She was successfully able to carry this pregnancy for the full nine months with no complications or issues and she delivered a healthy baby in the month of karthikam which is very auspicious. All this happened because of Baba's blessings. Whenever we were in trouble Baba has always been there for us as a father, guide and everything to show us the correct path. May Baba bless all of us.



## He is always there to bless us

By: Meena

There are two instances to be narrated here. My husband is a resident of UAE. I used to go and stay with him for a month till I became a resident. Once during my earlier visit, my husband had to go to Bahrain and I had to stay back in Abu Dhabi in the apartment all alone. Everything was new to me then, the city, high rise buildings etc. Unlike India, here you will not know who your neighbor is. I was mentally prepared to be alone. Since my husband carried the E book of Sai Satcharita I decided to carry the printed version of Samarpan with me to read.

Even though Abu Dhabi is one of the safest cities, I became scared during night as the apartment was silent without activities. The first two nights I managed to sleep with the bedroom lights on.

*The pain was so intense, that I couldn't move my shoulder. I thought I dislocated or fractured my shoulder. As I was away from my country, I was reluctant to consult a local physician there and my only physician being Baba, I drank "Udi water" and had painkillers for five days.*

Third day, daytime went off well and during night time I got butterflies in my stomach! I had started reading Samarpan and I continued my reading for more than two hours (11.30pm). Suddenly I heard a buzzer sound and I looked around all the electrical connections from where it was coming. Moreover we didn't have any electrical gadgets till then. My heart was beating very fast and immediately I opened Samarpan at random and to my surprise the first line that appeared was "why fear when I am here". I had not come across this saying of Baba till then since I was reading chapter wise. After this assurance from Baba, I became normal. Till now I wonder from where the buzzer sound came.

What more I need when Baba has given His assurance to me (to all His devotees too). Bow to Sri Sai Baba and peace to be all.

2. We read many books on Sai Baba. Once, three years back, when I had been to Sai temple in Mylapore, a young lady gave me the Sai nav-vrata book. I didn't know the importance of the book till then I kept it with other books to read later. When I started reading Samarpan, there was mention of Sai nav-vrata in many chapters. So I read the nav-vrata book and understood the importance of the vratas and decided to perform the pooja. As we believe, "Sai knows what to do and give us", we didn't make any sankalpa and prayed for the well-being of everyone around us.

During the third week of the pooja, I

developed severe pain in my left



shoulder and I was unable to lift my shoulder even to wear my dress. The pain was so intense, that I couldn't move my shoulder. I thought I dislocated or fractured my shoulder. As I was away from my country, I was reluctant to consult a local physician there and my only physician being Baba, I drank "Udi water" and had painkillers for five days. I could see improvement during fourth week of the pooja and during the fifth week there was no pain at all and I could move my shoulder freely. Baba cured me with Udi and when we pray for the well-being of others Baba is there to take care of us. Bow to Shri Sai Baba and peace to be all.



## Life is back on track by Sathguru's Grace

By: Jayprakash Dubey

I have been an intimate devotee of Shri Sai Baba ever since my college days, residing in Navi, Mumbai. I would like to share a phase of my life in which Shri Sai Baba helped me to overcome a severe mental problem. This is as illustrated below:

I had disturbance of mind (i.e. a psychological problem) during my school days, which kept increasing year by year. I used to behave in a weird manner and was very uncomfortable with people. During my college days I had consulted a psychiatrist for Hyper Active Syndrome and Depression, concerned that these symptoms had over-taken my life/health completely. I even attempted to commit suicide on a few occasions in order to negate these problems, which I could no longer manage or cope with. Suddenly I started noticing that whenever my thoughts turned towards negativity, such thoughts were redirected elsewhere, preventing me to continue with my negative thoughts and also changing my suicidal thoughts to one of wanting to live. I felt this to be a Leela of my Shri Sai Baba for my good. At this time even friends used to consider me as being a mentally unsound person and shied away from me, although I felt that the root cause of these problems was the environment in which I was brought up.

Despite such odds in my life I had extreme faith in Shri Sai and Lord Ganesha.

My Life changed completely when I started believing in Shri Sai Baba and Lord Ganesha during my college days, as each day was becoming difficult to live. However, with Shri Sai Baba's grace I managed to gradually change my mindset and get through the time in a positive way. I gave up my psychiatric consultations and discontinued the medications as suggested by the Doctors, for I had great Faith in Shri Sai Baba and did not feel the need to continue to take medicines any more.

Today, I lead a normal and healthy life due only to Satguru's grace. I am now working as a Software Engineer in an MNC located in Mumbai. Bow to Shri Sai Baba. Peace to all.



## **Baba changes x-ray report and eases mind**

By: Dr. Akshatha Sunil Kamat

This real incident happened 8 years ago with my husband Mr. Sunil before our marriage. My husband lived with his paternal grand aunt, 91 years old, ever since he was young as he had lost his parents. Once, his aunt climbed a chair to keep a key above a cupboard and she fell down accidentally. She couldn't move her left hip and it felt as though it was a fracture. My future husband was worried, took her to a family friend's hospital. As the orthopedic was out of town, he asked my husband to take a few Xrays. That day being a Sunday and some festival there was no Xray technician, so a digital Xray was taken by a technician in operation theatre.

The technician was quite good at reading the Xrays and said there was a hairline fracture. My husband was asked to return the next morning with the patient. The whole night my husband was praying to Sai Baba, afraid that she would not be able to tolerate the surgery and anesthesia. After praying to Baba next morning they visited the doctor who asked for the Xrays but the digital Xrays taken the previous night were not retrievable, hence Xrays were repeated. To everybody's surprise there was no fracture at all. It is one of the many miracles of Baba that we have experienced. Baba is great.





## **Baba blesses to be able build a house**

By: Shivpujan Sharma

I belong to a middle class and have never been capable of owning my own house; however, by Baba's blessings, I am building my own house in a posh location in my town. I am thankful to Baba for blessing me with this opportunity. I also wish to visit Shirdi Sai Dham every year by Baba's blessings. Om Sai Ram.



## Omnipotent Baba

By: Preeti Sivaramakrishnan

I wish to share one of my many experiences with the readers of this wonderful magazine. I used to stay in Chennai, where I used to visit the Mylapore Sainath Temple. There is a separate room with Saibaba's seated posture, a big portrait painted by one of his devotees where the Dhuni is always alight. One morning one of my mother's very close friends had to undergo a very serious operation. I not only revere her, but love her a lot. So on the day of her operation I went to this place in the temple which I just described and cried before Baba's photo for good health of my aunt. After a month I got a call from her and she narrated that while she was being taken to the operation theatre she had a vision of the same photo of the Mylapore temple and me crying for her with folded hands before Baba. Now is that not a miracle of Baba who told me indirectly that He had been with my aunt on the day of the operation, and hence blessed both me and her. May Sainath bless his devotees with shraddha and saburi and be with them always.



## Sai-Baba Gave Me Second Life

By: Arvind Narvekar

Oh Sai Deva, my humble salutations to You. How I wish, I should have been there with You at “DwarakaMai” during Your physical presence; I could have stayed close to You at Your feet. I’m aware that even now I’m with You forever because I know that even if You have departed to Your Heavenly abode, You are still present in a subtle form to guide and protect Your devotees, at their beck and call. Although Sai Baba is physically not existing, His presence and Grace are felt consistently by His yearning seekers. I pray to God every day in my happier moments also, for the benedictions I received to lead a fit and healthy life.

Well, Just two months prior to my retirement, on 24th July 2006, in the office, this fateful ailment struck my entire being - when I started feeling spinning sensation on top of my head and could not maintain my composure. I was losing my balance. I was going crazy. Momentarily I thought, “Does this have to do anything with the heart?”, because my heart was madly pounding against my chest. Company Doctor who diagnosed the disease as tinnitus vertigo said that it had no known cure. It scrambles your brain and takes you for a roller-coaster ride. But he further clarified that vertigo is not a disease. It’s one of the most frequent symptoms reported by adults in which the dizziness is felt when the head moves. It’s an inner ear inadequacy, an equilibrium disorder, causing unsteadiness.

*The loud noise in my left ear was making it impossible to deal with my responsibilities and sometimes I was short tempered with my family because they hardly realized that every little noise they made aggravated my condition!*

The loud noise in my left ear was making it impossible to deal with my responsibilities and sometimes I was short tempered with my family because they hardly realized that every little noise they made aggravated my condition! I couldn't eat or sleep normally; and I was growing more depressed. I was reaching my breaking point. Something had to be done and it had to be done quickly or I was going to lose my mind. I had to strengthen my will-power.

Meanwhile, as usual, every day I was talking with Sai-Baba in my thoughts, pleading to rescue me from the deadly symptoms of Vertigo because I never wished to be a liability to my family as I was fighting the demons of



helplessness. I have absolute faith in SaiBaba and I was sure He would give me a solution to eradicate my problem. SaiBaba told me that since I would have to live with this ailment throughout my life-span, I must make positive amends with it and make it friendly, making simple life-style changes in daily habits to drastically reduce that horrendous noise of tinnitus in my ears. SaiBaba said, the power of my mind and mental capabilities can help tackle vertigo. I have utter faith in Sai Baba's and believe that human mind has control over the strengthening of body's defenses. One can actually improve one's health by positive thinking OR possibility thinking.

Health is something we take for granted until it's affected with some illness. Till date, I consider my deceased Mom-in-law a great physician who had proven remedy for any common household illness. Had she been alive today, she could have concocted some magic potion to cure my problem of vertigo.

You may be wondering how I communicate with SaiBaba ! It's my wife Uma who taught me to hold daily conversations with SaiBaba and it really gives me Peace and confidence. I talk with SaiBaba through thought process. It's a kind of profound telepathy, You can do it - if you believe.

Saibaba further told me that I must change my attitude toward life like more control over senses, less indulgence, lots of meditation and the belief that the more relaxed I am, the more stress-free I will be. This holistic approach worked wonders. SaiBaba is the greatest healer. I have noticed many miraculous healing through prayer and faith. If you believe in Him and ask him something, He gives it. Pray and you shall receive it. But, God has plans to prosper every human-being according to nature's laws. You have to be patient and wait for your turn.

It was through the benediction of Saibaba I was directed to proper Doctors (Like Dr. J P Galaria of Mumbai ) and many other senior people who guided me and my vertigo went on diminishing to the point that I can lead a normal life. Believe me, with SaiBaba - anything is possible, but you got to be patient and righteous. No matter what Divine stories are being told about Sai Baba's healing powers, He never claimed himself to be a God. Baba's miracles were to provide succor to the suffering humanity. There were countless beneficiaries who were transformed spiritually by Sai baba's Grace. God is inspiring us all the time and guiding us. While some of us have had such mystic experience, sometimes we choose to call it something else coincidence or chance encounter. We forget that it could be the Divine intervention to give us hope.



## Baba is Sweet Nectar in my Life

By: Geethanjali

I am a Sai devotee since a few years only but I always feel happy to speak about Shirdi Saibaba. His name is like sweet nectar in my life. Baba has given me whatever I need in life and I am always thankful to him. I would like to share two major experiences of mine.

1. I was not interested in marriage but as with all parents, even my parents were worried about my marriage and began the search for a suitable partner. Through one of my relatives, they came to know about a person in Maharashtra. Along with family and other relatives in town, my parents took me to a relative's house to meet the boy in question at Lathur Maharashtra (I

*My husband was expecting a cheque from Reliance to his account, based on this; he gave a postdated cheque to his partner due to some urgency for twenty four thousand rupees. But the Reliance cheque was delayed for two days.*

was staying in Mumbai). I said no but all my elders decided to get me to marry him even though I rejected and was disinterested in him in spite of his having a good financial status in society. All my family members including the youngest member of the family stopped speaking to me though continually forcing me to marry.

At that time my cousins went and asked my father's permission to take me to the Saibaba Temple. With permission obtained, I went with them for to the temple prostrating myself in front of SaiBaba and told him that I did not want to marry to that person and returned home.

My parents and relatives had booked a hall for the engagement without informing me. I kept praying to Saibaba pondering as to how to express my opinion

about this marriage to my father, but nobody was ready to listen to me at all. Meanwhile I received a telephone call from my boss at work. I informed him of the impending marriage and I started crying. He requested me to hand over the phone to my father, which I did. I don't know what he said to my father, as my father's opinion changed for father said we will wait for 2-3 days and that if we don't get any confirmation from this boy's parents within this time, he would allow me to go back to my job in Mumbai.

Meanwhile my parents were waiting confirmation from the boy's side and the boy's parents were waiting for our confirmation. Fifteen days had now elapsed and my father gave permission to me to return to Mumbai. After I left for Mumbai, my relatives received a call from the boy's parents. My father declined the proposal of marriage to their son.



All this had happened only by Shirdi Saibaba's will. I got married in 2006 to a Bangalore based person, he is good and understanding, that's enough for life.

2. My husband was expecting a cheque from Reliance to his account, based on this; he gave a postdated cheque to his partner due to some urgency for twenty four thousand rupees. But the Reliance cheque was delayed for two days. My husband started worrying about the given cheque then started asking for loans from his other friends and even I was trying to obtain a loan from my office, but nothing worked out. We just prayed to Saibaba to solve this problem.

By Monday we hoped the cheque would be in the account, but balance was nil. Saturday evening around 3pm my husband went to ATM to withdraw some money from his account and was surprised to see a balance of Rs. 25,000 in his account. Initially he thought that i had deposited the money, however when I said no; he thought that the credit could be by mistake. On Monday morning he went to the bank and enquired and came to know that the amount had indeed been deposited to his account only. This happened only by Shirdi Saibaba's grace.

I believe Baba knows what to give us, when to give us and the time to give us. We are always thankful to him and pray to shower his blessings on us forever. Om Sai Ram.



## Gratitude and Prayer

By: Dharmesh

Last year October I was interviewed for a position. The outcome of the interview was released on the 26<sup>th</sup> November 2013 a day after I left for India. On the 5<sup>th</sup> December I was informed that the post I applied for was held back due to equity and this happened on the day that I was to travel to Shirdi for the first time.

I visited Shirdi and kept faith in my Baba. Four months later, letters were sent from my office to withdraw the post and I kept and held firm that Baba would guide me as all that happens is according to His will. Towards the end of June this year I got a call saying that I was promoted irrespective of the letter that was sent out to withdraw the post. This happened due to Baba's grace.

I took up my post and now face a greater dilemma. My contractors are applying for liquidation and I am going to lose a great sum of money. My financial condition is tight now but I know my Baba will help me overcome this trouble. Sai Baba, please help and guide my family. We have no one else to turn to or to cast our burdens.



## My experience with Baba

By: Rajeswari Raghavan

I am basically a Lord Ganesh devotee. I have known about Sai Baba since 2007-2008 and have since begun visiting Baba's temple with my husband occasionally. Gradually we observed that we were guided to visit him frequently. I began to write my problems to him and He has been taking care of us. We have surrendered to Him, whatever is happening in my life I am accepting as HIS wish. Anyone who expresses their desire to visit this temple, we gladly fulfill their desire by taking them to the Temple.

My mother is a bronchial and diabetic patient. Having attended her grandsons wedding and reception, she was exhausted and was admitted to a hospital for a bronchial attack in Jan 2010.

*My mother has written 'Ram jayam' in more than 15 notebooks/registers having also penned 'Om Sai Ram' in more than 10 booklets, most of these were deposited by one of my friends to Shirdi in 2009.*

The Doctor visiting the local hospital put her directly on a ventilator. It became very difficult to wean her off the ventilator. She was then moved to a bigger hospital. My sister was attending to her as it was outstation. Later, my brother also had to go and attend to her, as the situation was getting worse. After 2 weeks, I also went to help my brother and sister (leaving my ailing husband and a school going daughter at home). On arrival at the hospital, I relieved my brother and took over. During this period, I had been holding the "Sai Satcharita" in hand for all that time. A miracle happened within 48 hours. The attending doctor happened to express his wrong medical opinion along with his greed. This helped my siblings and me to work

out the discrepancies of this hospital and we brought our mother home in an ambulance the journey being 30 hrs. Mother was attended to by our local doctors and physiotherapist and recovered completely. Of course, due to the fact that mother was in ICU for more than 6 weeks, she developed dementia and had 2 Strokes. During this period of time she lived as normal as one could until the 7<sup>th</sup> August 2012 even travelling to the U.S. to attend her other grandson's wedding in June 2012.

My mother has written 'Ram jayam' in more than 15 notebooks/registers having also penned 'Om Sai Ram' in more than 10 booklets, most of these were deposited by one of my friends to Shirdi in 2009. I am grateful to Baba to have blessed my siblings and me in giving us an opportunity to serve mother in the last stage of her life.





After this incident, I had thought of sharing my experience through Sai Samarpan. Time slipped away, my husband fell ill (Cancer). I was praying to Baba continuously and as we had already surrendered to Baba, I only told Baba that I have left my husband in HIS lap. HE can only cure him but my husband expired in Jan 2013. I continue to pray to Baba to give me and our little daughter studying in school, the strength to go through life guided by Him. I pray to Baba to ever shower His blessings, protection and to always be with us. I always chant - Om Sai Ram! Sai Ram Namaskar, Sai Ram Chamatkar, Sai Ram Ashirvaad. Om Sai Ram!



## Three Blessings in my Life

By: M. Durga Basker

Pranam to Baba! I am a devotee of Shri Sai Baba and experiencing His grace continuously. As I share my experiences with all the readers, I would like to thank Sai Baba from the bottom of my heart. I had promised my Sai, that if he answered my prayers, I would publish my experiences in Samarpan Magazine and yes He did. I would like to talk about the major three miracles/ His blessings in my life.

1. Prior to my marriage, I used to work in a private organization in Hyderabad. My parents were searching for a good alliance for me and were disappointed upon not finding one yet. One night during my sleep I dreamt singing aarti and Baba walked towards me from his Simhaasanam and handed me a bunch of grapes. Surprised and happy, the next day when I informed about my dream to the priest at the Baba temple where I attend Shej aarti daily, he assured me that something good would happen. Just like he said, after some time, my parents found a good match and I got married soon after that on 9th December 2005.

2. I gladly accepted the marriage proposal knowing well that my husband studied only ITI, but had complete faith in Baba. My husband was working for a very less pay and so I forced my husband to apply for various government jobs. He studied for 4 years in Hyderabad and appeared to all railway job examinations but was failing in them. He was reaching the age of 35, which is cut-off age for appearing for Govt. exams. I felt really bad for him but as Sai says "Trust in me and your prayers shall be answered", I trusted him and prayed to him and soon enough, my husband passed one of the written tests, went through the necessary training and is now successfully working. We are now happier than ever. After all this, even my husband became a Sai devotee.

3. Third miracle is my child. Though we planned to visit Shirdi after our marriage, due to various reasons we could not go before October 2007. Immediately, after our visit to Shirdi and coming back, we were blessed with a baby girl on 5th September, 2008.

After all these, all I can say is we can and never will forget you Baba and pray to you that let we remain faithful to your lotus feet.



## Baba Helps Me Get My Previous Job

By: Sachin Sahu

On August 2013, I resigned from my old job and joined a new company in Singrouli. Just after working for a few days, I became homesick and was sad all the time. After a few days I met an ardent devotee of Baba, Madan Sharma who introduced Baba to me and told me many stories



from Sai Satcharitra. Listening to all those, I started praying to Baba and told Baba that if he would get me back into my earlier job then I would go to Shirdi. When I contacted my previous office, I got to know that another person was recruited in my place already. But I still had faith in Baba. One day when I got a chance to visit a site at Bhopal, I finished my work early and went to meet my previous director. Surprisingly, he told me that I could return to that company if I wanted. I confirmed all the details with him and resigned to this company in October and joined at my previous company. Happily, I visited Shirdi immediately and still go to his temple every day and even my wife became His devotee and started keeping

fast on Thursdays. Om Sai Ram.



## Journey of Faith

By: Arvind Narvekar

As we talk about SaiBaba of Shirdi, I recollect the story of faith which we encountered during our journey to Pune from Mumbai. We have close relatives in Pune Gunjan- Prajna Verma family, whom we visit often from Mumbai. During one of our visits, we decided to take our Maruti car and let Issac, our faithful driver since eight years then, drive it.

As we reached Pune, I and my wife Uma suddenly decided to visit Shirdi as it had been two years since we visited Shirdi then. So, we started our journey to Shirdi and after a while when we reached a Petrol pump to fill our car, we heard a loud thud and when Issac checked our car, we go to know that it was a serious mechanical failure and would need three days to fix it. It was in the afternoon and Sun was really harsh at that time. My wife, a compulsive optimist assured me that everything would be fine and I did agree too. As we were thinking as to what to do, a gentleman named Prasad, pulled over to the station and asked us about the issue. When we narrated the whole incident, he offered a ride to Shirdi and told us he was going to Shirdi too. We gladly accepted the offer and shared the ride with him and eventually got to know that he was really a scholarly person who said he was doing his research on Baba to write a book on the selfless and simple life of this God. When we stopped for a quick refreshments halt, he told us innumerable mystic experiences and graceful stories of Baba which were otherwise unheard till date. We were really happy and felt blessed to be with him.

He suddenly asked me if I read Bhagawad Geetha ever. When I meekly answered a no, he encouraged me to spend few minutes daily to read few verses of Geetha through which we could connect to God. He told me that most of the people he met answered that they did not read Geetha till now. Surprising!

Once we reached Shirdi, he dropped us at a house and told us that all our needs would be taken care there and told us it is a house for Sai devotees. He further said that, he never liked the golden crown of Baba. He said, Baba lived all his life as a fakir- wearing a kafni and begged for alms but now people made him sit on a golden throne and made him wear a Golden crown that befits a monarch. He said he never understood the unnecessary ostentation but he cannot stop anyone too.

We had a beautiful stay for three days, went to pray to Baba and Mr. Prasad presented us with Udi and various eatables and on the third day told us that we could take his car to the petrol station where we left our car for repairs. He said, he could not come as there were thousands of people who needed his help and his presence is always needed in Shirdi. I spoke to him one final time and asked him to bless us. He put his hand on our heads and said,



“SaiBaba Will Always Take Care of You. Go in peace.” We felt an unknown bliss sent into us. We took leave and Issac (our driver) drove us back to our car. When we went to check the condition of our car, it was as good as new and the petrol pump manager told us that Mr. Prasad took care of everything and we didn't have to pay a dime and also asked the manager to look after us if we needed anything. We felt really happy, thanked him and started our journey back. On our way back, it suddenly dawned on me and I told my wife that God exists and with complete faith He could be seen and experienced. In our case Mr. Prasad was none other than Sai Baba who came all the way just to take care of his devotees. We missed to recognize Him. But we did take His Blessings.”

My wife Uma agreed fully. She said, “On a long journey of human life, Faith is the best companion. Our devoted faith in Shirdi SaiBaba has finally blessed us. He Himself accompanied us to Shirdi. You know, when he said - he had many people in Shirdi still needing His help, He actually meant His devotees.” We bow to down SaiBaba and pray to grant us the Will and Strength to serve humanity. If you believe, God shows up when you least expect Him! Albert Einstein once said, “Either you believe that everything in life is a miracle, or you believe that nothing in life is a miracle.”

I always treasure in my heart the presence of God. There can never be greater Bliss in one's life than the realisation that God exists. Our belief is based on 'faith' which is developed within us, right from our childhood. God cannot be visualised by our illusion-ridden senses until we taste His Bliss, and only then the ignorance disappears. Whenever we talk of SaiBaba of Shirdi, the Deity of millions, I recollect the 'story of Faith' I wrote. When my wife Uma asks, “Have you anytime seen Angels?” she means if you have experienced Miracles. On many occasions, some chance encounters favour us during difficult times. We shrug them as luck or good fate. But actually God is helping us behind the scene. It so happened on one occasion.



## Miracles of Sai Satcharitra Parayan

By: Ganeshrajagopal Balajee

Dear Devotees, I would like to share my experience of doing the Sai Satcharitra Parayan. I and other my friends read Sai Satcharitra for 7 days in Baba's Samadhi Mandir situated in Vellore. We completed the Parayan on the Vijayadhasami day, which is also known as Baba's Samadhi day. I was unable to go Mandir on the final day to complete the Parayan due to my personal work; therefore I completed reading the Satcharitra at my home. After completing the parayan successfully, I offered naivaidiyam and performed the Aarti. After an hour or so my friend called me and requested me to stay home as he was coming over to meet me. Surprisingly he came and brought with him 20 statues of Baba. I was really astonished and have no words to describe that moment. Although I knew that Baba will come after completion of the Sai Satcharitra parayan in any form, but never imagined that He will appear in form of 20 statues. I was really wonder-struck and dumbfounded. Still that moment is the one of my best and most memorable day of my life. I'm sure that I will keep experiencing many other such miracles of Baba, but this one is my most memorable miracle. All the statues were distributed to Sai devotee's on the following Thursday. Dear devotees, this has taught me one thing that all we have to do is love Baba and He will continue to bless everyone like He blessed me. Om Sairam.



## Sai's blessings

By: Radhika Ramnath

Sai Baba gives me enormous strength and belief to achieve my goals. Each and every moment in my life Baba helps me and gives me lots of moral support and physical strength. I narrate the following incident of my husband's project work. We were in UK for the past one and a half years and returned back to India for good for my son's education. By God's grace we got his admission in a good school in the LKG grade. After we returned from UK for about 3 months there was no project work for my husband, because of which he was very depressed and disappointed. Since I have full trust in my Sai, I knew that He will surely show us the way out.

We waited for several days for any project work to come his way and I kept telling my Husband not to worry and have faith in Baba as He will certainly help. One fine day on a Thursday, we got a phone call from his boss and my Husband was finally called for an interview. We were really happy to hear from his boss and thought that Baba had showered His blessings on us. Both the telephonic interview on that day and subsequent personal interview on Monday was successful and with Sai's blessings he was appointed as project manager. God always shows the right path and the right direction. We have to trust in Him as He will certainly do the best for us when the right time comes. Sai is great and He loves us all and resides in the heart of His devotees. I thank Sai a lot for fulfilling our wishes and have no words to express my gratitude. Jai Sairam



## **Baba answers my prayers**

By: Shan Rajeswara

Dear Sai devotees, I would like to write something that happened to me few years back. I love Baba and He had helped me many times, but recently I felt that my prayers for my nephew's recovery from his ill health were not being heard. Then I thought Baba has forgotten us although I did not forget Him.

Once when I was working abroad, one my colleague went on a vacation and left his car in my custody. For many days I did not think about his car and one fine day when I remembered I took the car for a drive. After few days again I felt for another drive and realized that his car key went missing. I prayed a lot and kept searching for the key for about three days continuously and was much worried as my friend was returning back from his vacation the next day.

I usually never request Baba for small things and disturb Him, but that day I looked at His picture and begged Him for help. That night I told one of my other colleagues about the missing key, who casually mentioned to check with the laundry in case they found it in the pockets of my clothes sent for washing. I took his advice and next morning called the laundry and to my surprise they informed me that the key was found!! My joy knew no bounds. I thanked Baba from the core of my heart and this incident confirmed that He was listening to my prayers. Now, every Thursday I listen and sing along Baba Aarti from the CD and continue to pray to Baba for my nephew's speedy recovery.

### ***Another incident on 1 /11/ 12***

Every Thursdays while working on the Morning shift I used to play and listen to Baba's Kakad Aarti CD while driving my truck to work and the remaining three Aartis, I heard at my residence. Somehow due to cost cutting, the truck which I drove independently was now being shared with four other staff resulting that I could no longer move freely between work and home.

For 9 consecutive Thursdays I did could hear all four Aartis, while on the 10th Thursday, after listening to the morning Aarti, I realized that the truck was no longer available and was much concerned that how would I complete the noon Aarti, as I could neither play the CD nor could I go back home. I prayed to Baba to help me complete all the Aartis without interruption and to my surprise the next shift driver came back and informed that the truck was free to use. This is yet another small incident but shows that Baba continues to answer my prayers.





## My Shirdi Trip

By: Shan Rajeswara

20 March 2013 Wednesday – I arrived in Mumbai and after visiting Shiddi Vinayak, Mahalakshmi and Triyambakeshwar temple in Nasik; I reached Shirdi at about 9 pm. Before reaching Shirdi, I faced few language related problems on the way as I could converse only in English or Tamil. Somehow I met one person who understood me and guided me to the hotel where I stayed. He also promised to come next morning at 3.30 am and agreed to take me to the Samadhi Mandir for the morning Aarti.

The night went by and as promised he arrived in the morning and escorted me to the Mandir. On our way he made me buy few offerings such as Baba's dress, flowers etc. I thought this person might help me in getting a good darshan of Baba, but he left me in the normal darshan queue and took off. I got to attend the morning Aarti but was not satisfied as I couldn't get a closer and clear darshan of Baba, also all the things that he made me buy as offerings were brought back as those were not accepted in the Mandir during the morning Aarti time.

I came out a bit disappointed and thereafter went and saw all other places around the Mandir. I managed to go inside the Samadhi Mandir once again for the noon Aarti, but still could not get good darshan of Baba. On the same day, I decided to go for yet another darshan and stood in the normal darshan queue for Dhoop Aarti. This time too, I got Baba's darshan from a distance only as I stood really at the end of the main hall. I was once again disappointed and came out with heavy heart. Well that day went by and later that evening I got to see Baba's Palki, as on Thursday there is a Chaavdi procession which I was unaware of. I prayed to Baba and chanted 108 names and decided not to go in one more time for night Aarti, thinking I might deprive some other devotee of same.

Next morning on the 22nd March, I woke up and attended the morning Aarti from Chaavadi and after finishing the same went for a cup of coffee. There at the coffee stall I saw a Sadhu (saint) which looked like Sai Baba. He had beard like Baba and a big smile on his face, same as what I had seen in the Television Serial etc. I kept looking at him and he too smiled back at me. I offered him some coffee, but he declined and again smiled back at me. I got up and touched his feet as mark of my respect and he blessed me with both his arms. His touch was so amazing and powerful; it felt like 1000 volts current ran through my body. At that time I felt, that it was Baba himself giving me his live darshan.



Overjoyed with the blessing I received, I wanted to give this Sadhu a shawl and I ran to my hotel room to get one. But by the time I returned, I could not see him anywhere. The Sadhu had disappeared. The coffee stall guy also did not notice which direction he went. I went searching all around, but still could not find him. I thought this could have been my pure imagination only and I finally gave up the search.

Thereafter that day, I visited the Shani Sighnapur shrine through the sharing taxi. All the money I carried with me was spent in buying pooja materials and the remainder I put in the in the dakshina till before I left from there. Now I had no money to return to Shirdi. When I got back to the taxi, I saw a very pleasant person standing near our taxi with his assistant. To my surprise he spoke in English with me. We started talking to each other and I shared my morning experience with him. I casually mentioned to him that I had no money left with me and shall pay the taxi driver upon reaching my hotel room in Shirdi. Hearing this he told me that I need not worry as he will pay the driver on my behalf and I can settle with him later.

On arriving Shirdi, the moment we got off I was rushing to my hotel room to get the money but the gentleman told me not to rush, and to attend the Aarti first and later go to the hotel. I agreed and he took me inside the Mandir through the VVIP darshan as he was well connected and knew everyone there.

I stood right in front of Baba and got His closest darshan, as I longed for. Baba was smiling at me and I was very delighted to have finally got to stand right near Him. My heartfelt desire was fulfilled as this was by far the best darshan of Baba I ever had. Although I did not understand the language, but during the Aarti tears of devotion ran from my eyes and I kept thanking Baba for blessing me and for giving me His divine darshan.

After the Arati, I came out and touched the gentleman's feet and thanked him. He said all this was done by Baba. Then he took me for lunch, paid the bill and asked me to join him as he is going to Nasik immediately. I agreed, vacated my room joined him up to Nasik. When I wanted to pay him the money he spent for me, he refused to accept. I did not force him as I do not know what to do. Later I took the train to Mumbai and reached safely and got to the airport on time to board the plane.

*After the Arati, I came out and touched the gentleman's feet and thanked him. He said all this was done by Baba. Then he took me for lunch, paid the bill and asked me to join him as he is going to Nasik immediately.*



All I know of this incident is that Baba came himself to me twice that day. Once at the coffee stall in form of the Sadhu who blessed me and once again in form of the person who got me in the Samdhi Mandir to have the closest darshan of Baba. Thank you Baba and please keep that gentlemen happy and healthy!



# Bhajans & Poems



## भजन

By: ARUN SAXENA

सतरंगी इस दुनिया में देखा अजब नज़ारा -२

सृष्टि विधाता शिर्डी में आया ,बन कर साईं हमारा -२

दुखियों का दुःख हरने को ममता की छाँव लुटाने को -२

भेष बना कर फकीर का वो भिक्षा मांगने आया -२

सतरंगी इस दुनिया में देखा अजब नज़ारा -२

सृष्टि विधाता शिर्डी में आया ,बन कर साईं हमारा -२

श्रद्धा सबुरी मन में रख कर जो भी उस को पुकारे -२

सभी कष्ट उसके मिटे जो, साईं साईं पुकारे -२

सतरंगी इस दुनिया में देखा अजब नज़ारा -२

सृष्टि विधाता शिर्डी में आया ,बन कर साईं हमारा -२

भेद नहीं किसी जाती का, ना जन्तु ना जीव का -२

प्राणी जिसमे प्राण है वो सबका करता भला -२

सतरंगी इस दुनिया में देखा अजब नज़ारा -२

सृष्टि विधाता शिर्डी में आया ,बन कर साईं हमारा -२

चमत्कार ऐसे दिखलाता , माटी से रोग भगाता -२

तेल के बदले ,पानी से , पानी से दीप जलाता , अँधियारा दूर भगाता-२

सतरंगी इस दुनिया में देखा अजब नज़ारा -२

सृष्टि विधाता शिर्डी में आया ,बन कर साईं हमारा -२



## भजन - 2

By: ARUN SAXENA

साईं बाबा साईं बाबा साईं बाबा बोल २-  
साईं साईं साईं साईं साईं साईं बोल २-  
नाम बड़ा है यह अनमोल , सिर को झुका के साईं साईं बोल -2  
साईं बाबा साईं बाबा साईं बाबा बोल २-  
साईं साईं साईं साईं साईं साईं बोल २-

शिर्डी के दाता साईं दयाल , चोला फकीर का , हैं मालामाल २-  
पंचारती से आरती उतार , फूलों की भेंट साईं करें स्वीकार -2  
साईं बाबा साईं बाबा साईं बाबा बोल २-  
साईं साईं साईं साईं साईं साईं बोल २-

सूरज गोल चंदा गोल , ग्यारह वचन हैं अनमोल २-  
साईं देख रहे हैं तुझको , हाथ फैला के साईं साईं बोल २-  
साईं बाबा साईं बाबा साईं बाबा बोल २-  
साईं साईं साईं साईं साईं साईं बोल २-

हाथों को उठा जय घोष लगा , चरणों में साईं के शीश झुका २-  
चरणों में माथा रख , आँखों को खोल , साईं को देख , फिर साईं साईं बोल २-  
साईं बाबा साईं बाबा साईं बाबा बोल २-  
साईं साईं साईं साईं साईं साईं बोल २-



## आज गुरुवार है

By: निलेष बक्सी

ऊँ साई नमः साई नाथ की प्रेरणा से  
आज गुरुवार है , साई का दरवार है ।  
सच्चे मन से भक्ति करे जो, उनका बेड़ा पार है ॥  
साई दीन दुखियों के नाथ हैं, रहते उनके साथ हैं ।  
सच्चे मन से याद करे , उन्हें वों रखते अपने पास हैं ।  
आज गुरुवार है , .....  
मुसीबत में पड़ जाए जो भक्त, याद कर लो साई को उस वक्त।  
साई आ जाएंगे तेरे द्वार, कर देंगे तेरे बेड़ा पार ॥  
आज गुरुवार है , .....  
गुरुवार का रखते जो व्रत, साई उससे प्रसन्न रहते हर वक्त ।  
खिचड़ी का जो भोग लगावे, मन चाहा फल उसे मिल जाए ॥  
आज गुरुवार है , .....  
साई पर सबकी आस है, षिरडी जिनका निवास है ।  
सच्चे मन से जो आस लगाए, उसका बेड़ा पार है ॥  
आज गुरुवार है , .....  
साई हम सबके नाथ हैं, सभी भक्तों पर उनका हाथ है ।  
अन्तरमन से याद करो, और साई आपके पास है ।



## बारह भावना : हिंदी कविता

By: अशोक जैन (इंटरनेट से संकलित)

### अनित्य भावना:

राजा राणा छत्रपति, हाथिन के असवार ।  
मरना सबको एक दिन, अपनी अपनी बार ॥

### अशरण भावना:

दल बल देवी देवता, माता-पिता परिवार ।  
मरती विरियाँ जीव को, कोड़ न राखनहार ॥

### संसार भावना:

दाम बिना निर्धन दुखी, तृष्णा-वश धनवान ।  
कहूँ न सुख संसार में, सब जग देख्यो छान ॥

### एकत्व भावना:

आप अकेलो अवतरें मरै अकेलो होय ।  
यूँ कबहूँ इस जीव को, साथी सगा न कोय ॥

### अन्यत्व भावना:

जहाँ देह अपनी नहीं, तहाँ न अपनो कोय ।  
घर सम्पत्ति पर प्रकट ये, पर हैं परिजन लोय ॥

### अशुचि भावना:

दिपै चाम-चादर मढ़ी, हाड़ पीजरा देह ।  
भीतर या सम जगत में, और नहीं धन-गेह ॥





**आसव भावना:**

मोह-नीद के जोर, जगवाही घूमे सदा ।  
कर्म - चोर चहूँ ओर, सरवस लूँटे सुध नहीं ॥

**संवर भावना:**

सतगुरु देय जगाय, मोह-नीद जब उपशमै ।  
तब कछु बनै उपाय, कर्म-चोर आवत रुकै ॥

**निर्जरा भावना:**

ज्ञान-दीप तप-तैल भर, घर शौधे भ्रम छोर,  
या विध बिन निकसै नहीं, बैठे पूरब चोर ॥  
पंच महाव्रत संचरण समिति पंच परकार,  
प्रबल पंच इन्द्रिय विजय धार निर्जरा सार ॥

**लोक भावना:**

चौदह राजु उतंग नभ, लोक पुर-संठान ।  
तामैं जीव अनादि तैं, भरमत हैं बिन ज्ञान ॥

**बोधि-दुर्लभ भावना:**

धन-कन कंचन राज-सुख, सबहि सुलभ करि जान ।  
दुर्लभ है संसार में, एक जथारथ ज्ञान ॥

**धर्म भावना:**

जाँचे सुर-तरु देय सुख, चिंतत चिंता रैन ।  
बिन जाँचे बिन चिंतये, धर्म सकल सुख दैन ॥



## कबीर दास जी के दोहे

By: इंटरनेट से संकलित

**कहत सुनत सब दिन गए, उरझि न सुरझ्या मन.**

**कही कबीर चेत्या नहीं, अजहूँ सो पहला दिन.**

अर्थ : कहते सुनते सब दिन निकल गए, पर यह मन उलझ कर न सुलझ पाया. कबीर कहते हैं कि अब भी यह मन होश में नहीं आता. आज भी इसकी अवस्था पहले दिन के समान ही है.

**कबीर लहरि समंद की, मोती बिखरे आई.**

**बगुला भेद न जानई, हंसा चुनी-चुनी खाई.**

अर्थ : कबीर कहते हैं कि समुद्र की लहर में मोती आकर बिखर गए. बगुला उनका भेद नहीं जानता, परन्तु हंस उन्हें चुन-चुन कर खा रहा है. इसका अर्थ यह है कि किसी भी वस्तु का महत्व जानकार ही जानता है।

**जब गुण को गाहक मिले, तब गुण लाख बिकाई.**

**जब गुण को गाहक नहीं, तब कौड़ी बदले जाई.**

अर्थ : कबीर कहते हैं कि जब गुण को परखने वाला गाहक मिल जाता है तो गुण की कीमत होती है. पर जब ऐसा गाहक नहीं मिलता, तब गुण कौड़ी के भाव चला जाता है.

**कबीर कहा गरबियो, काल गहे कर केस.**

**ना जाने कहाँ मारिसी, कै घर कै परदेस.**

अर्थ : कबीर कहते हैं कि हे मानव ! तू क्या गर्व करता है? काल अपने हाथों में तेरे केश पकड़े हुए है. मालूम नहीं, वह घर या परदेश में, कहाँ पर तुझे मार डाले.

**पानी केरा बुदबुदा, अस मानुस की जात.**

**एक दिना छिप जाएगा, ज्यों तारा परभात.**



अर्थ : कबीर का कथन है कि जैसे पानी के बुलबुले, इसी प्रकार मनुष्य का शरीर क्षणभंगुर है। जैसे प्रभात होते ही तारे छिप जाते हैं, वैसे ही ये देह भी एक दिन नष्ट हो जाएगी।

**हाड़ जलै ज्यूं लाकड़ी, केस जलै ज्यूं घास.**

**सब तन जलता देखि करि, भया कबीर उदास.**

अर्थ : यह नश्वर मानव देह अंत समय में लकड़ी की तरह जलती है और केश घास की तरह जल उठते हैं. सम्पूर्ण शरीर को इस तरह जलता देख, इस अंत पर कबीर का मन उदासी से भर जाता है. —

**जो उग्या सो अन्तबै, फूल्या सो कुमलाहीं।**

**जो चिनिया सो ढही पड़े, जो आया सो जाहीं।**

अर्थ : इस संसार का नियम यही है कि जो उदय हुआ है, वह अस्त होगा। जो विकसित हुआ है वह मुरझा जाएगा. जो चिना गया है वह गिर पड़ेगा और जो आया है वह जाएगा.

**झूठे सुख को सुख कहे, मानत है मन मोद.**

**खलक चबैना काल का, कुछ मुंह में कुछ गोद.**

अर्थ : कबीर कहते हैं कि अरे जीव ! तू झूठे सुख को सुख कहता है और मन में प्रसन्न होता है? देख यह सारा संसार मृत्यु के लिए उस भोजन के समान है, जो कुछ तो उसके मुंह में है और कुछ गोद में खाने के लिए रखा है.

**ऐसा कोई ना मिले, हमको दे उपदेस.**

**भौ सागर में डूबता, कर गहि काटै केस.**

अर्थ : कबीर संसारी जनों के लिए दुखित होते हुए कहते हैं कि इन्हें कोई ऐसा पथप्रदर्शक न मिला जो उपदेश देता और संसार सागर में डूबते हुए इन प्राणियों को अपने हाथों से केश पकड़ कर निकाल लेता. —



# *Spiritual Articles*



## Sai - Other name of hope, faith and love

By: Sourav Bhattacharya

Sai is the other name of hope, faith and love. Wherever you go in India His image is in front of you with His ever charming smiling face, His serene sitting posture and above all, an all knowing compassionate look. The very first message you get whenever you look at Him - NO FEAR.

What an amazing acceptance I see throughout the world among all communities, all religion! How it's possible! It's possible because Sai came for that. Because Sai accepted everyone one in that one place! How wonderful! He has not instructed anyone to do something extraordinary, to leave what is natural for them. He only accepted everyone as they are. How easily He taught everyone one the true essence of religion in their own language (I don't mean verbal). We don't have a date to celebrate Sai's birthday specially. All Avatars' birthday or tithi is His birthday or tithi. Janmashtami or Ramnavami or 25th Dec. It doesn't matter whether it's Diwali or Eid. We have Sai. Someone experience Him as Ram, Someone as Shiva or Krishna. How we can limit the infinite! Sai is infinite.

Not only as embodiment of all previous Avatara, but also as all Gurus of all time. We have read how many devotees have seen their Guru in Him. Isn't it wonderful! We have heard from years from Saints about the oneness of God. But have we seen anyone in world spirituality to demonstrate it like Him. No. At least I don't know. Is there any other pilgrimage in the world where Hindu, Muslim, Sikh all stand for darshan in one single line? I don't know. Isn't it miracle! Obviously it is. How simply not only Sai preached but shown in life - SAB KA MALIK EK HAIN. A mantra of new era. He started a new era with this mantra.

Is there anything we can say as mission of Sai? Yes. It is all engulfing love. No discrimination. His love is for all lives in this world. Even by feeding a dog you can satisfy Sai. How wonderful teaching! That's His love for lizards, for a sick tiger. For all He is the supreme protector.

Sai knew that we wouldn't have enough time to read scriptures and find the path through it. So He brought to gems from all scriptures in the world - Shraddha and Saburi. Scriptures may differ in its philosophy. But in practice you will find hardly any other path to practice. These two wings are enough to fly in the sky of Sadhana which will takes us to the feet of lord. All other practices are useless if you don't have Shraddha and Saburi. These two are pillars of our spiritual life.

Sai is our eternal light. Always words will be not enough to describe Sai and His love. Oh Sai, please forgive my inadequacy. Oh Sai, only your devotees can know who you are, when you let them know by your grace. Oh Sai, you are my mantra,



you are my scripture. You are my path, you are my goal. You are my shelter, you are my only master. I know no one else. I don't want even your miracle, just let my soul live near your holy feet and die in your holy feet. Om Sai Om Sai Om Sai.



## Twelve Bhavna (Reflections or Thoughts)

By: Pravin K. Shah (submitted by: Ashok Jain)

A person's behavior and his actions are the reflection of his internal thoughts, day in and day out. To make room for pure thoughts, and to drive out the evil ones, Jainism recommends reflecting or meditating on the following twelve thoughts or Bhavnas.

The twelve Bhavnas described here are the subject matters of one's meditation, and how to occupy one's mind with useful, religious, beneficial, peaceful, harmless, spiritually advancing, karma preventing thoughts. The reflections are also called Anuprekshas, longings, thoughts, aspirations, or Bhavnas. Along with these bhavnas, emphasis is also laid on the following four virtues: Maitri (amity), Pramoda (appreciation/joy), Karuna (compassion) & Madhyastha (Equanimity and tolerance).

### 1. Anitya Bhavna - Impermanence of the world

Under this reflection, one thinks that in this world everything such as life, youth, wealth, and property are transient or subject to alteration. Nothing in the universe is permanent, even though the whole universe is permanent or constant. Spiritual values are therefore worth striving for as soul's ultimate freedom and stability. This will help to break all worldly attachments.

### 2. Asarana Bhavna - No one provides protection

Under this reflection, one thinks that he is helpless against death, old age, and disease. The only way he can conquer death and disease is by destroying all his karma. The soul (person) is his own savior, and to achieve the total freedom and enlightenment, one takes refuge to the true path of the religion and to the five benevolent personalities. They are Arihanta, Siddha, Acharya, Upadhyay and Sadhus or monks. The refuge to others is due to delusion, and must be avoided.

### 3. Samsara Bhavna - No permanent relationship in universe

Under this reflection, one thinks that the soul transmigrates from one life to the other and takes a birth in a human, animal, hellish, or heavenly body. The continual cycle of birth, life, and death is full of pain and miseries. He has not yet ended this cycle. There are no permanent



worldly relations like father, mother, friend, and foe. It is we who establish these relations and live accordingly.

This kind of thought will help minimize or stop any attachments to other living beings, or objects. The soul must achieve ultimate freedom from it, which is liberation or Moksha.

#### **4. Ekatva Bhavna - Solitude of the soul**

Under this reflection, one thinks that the soul is solitaire, and lonely in existence. The soul assumes birth alone, and departs alone from this world. The soul is responsible for its own actions and karmas. The soul will enjoy the fruits, and suffer the bad consequences of its own action alone. Such thoughts will stimulate his efforts to get rid of karmas by his own initiative and will lead religious life.

#### **5. Anyatva Bhavna - Separateness**

Under this reflection, one thinks that one's own soul is separate from any other objects or living beings of the world. Even his physical body is also not his. At the time of death, soul leaves the body behind. The body is matter, while the soul is all consciousness.

The soul therefore should not develop attachment for worldly objects, other living beings, or to his physical body. He should not allow himself to be controlled by desires, greed, and urges of his own physical body.

#### **6. Asuci Bhavna - Impureness of the body**

Under this reflection, one thinks about the constituent element of one's body. It is made of impure things like blood, bones, flesh, etc. It also generates impure things like perspiration, urine, and stool.

The soul, which resides within the body, remains unattached to the body. The soul is alone, pure, and liberated. The body ultimately becomes nonexistent, but the soul is eternal. Therefore emotional attachments to the body are useless.

#### **7. Asrava Bhavna - Influx of karma**

Under this reflection, one thinks about karma streaming into the soul. Every time he enjoys or suffers through his five senses (touch, taste, smell, sight, and hearing), he accumulates more karma. This thought will make him more careful, and will try to stop the influx of karmas.

#### **8. Samvara Bhavna - Stoppage of influx of karma**

Under this reflection, one thinks about stopping evil thoughts, and becomes





absorbed in achieving spiritual knowledge and meditation. This prevents the influx of karma.

### **9. Nirjara Bhavna - Shedding of karma**

Under this reflection, one thinks about the evil consequences of karma, and striving to destroy the previously acquired karma by austerity and meditation.

### **10. Loka Bhavna - Transitory of universe**

Under this reflection, one thinks about the real nature of this universe. Judging from the standpoint of substance, it is eternal but from the standpoint of modification it is transitory.

Thus all objects of the world come into existence and perish. This thought makes him understand the true nature of reality, which is necessary for right knowledge and faith.

### **11. Bodhi-durlabha Bhavna - Unattainability of right faith, knowledge, and conduct**

Under this reflection, one thinks that it is very difficult for the transmigrating soul to acquire right faith, right knowledge, and right conduct in this world. Therefore, when one has the opportunity to be a religious person, take the advantage of it to develop right religious talent. This thought will strengthen one's effort to attain right faith and knowledge, and live accordingly.

### **12. Dharma Bhavna - Unattainability of true preceptor, scriptures, and religion**

Under this reflection, one thinks that the true preceptor (teacher), religious scriptures, and religion are excellent shelters in this world full of agony. All other things lead to misery and suffering.



### 3 Stories on Karma

By: Ashok Jain (compiled from internet)

#### Story 1

An ordinary crow was flying over the chimney of a house when suddenly there was a burst of flame from the chimney that engulfed the crow and burnt it to death.

The Buddha saw that the crow, in a former birth, had been a farmer. He had owned a bull that was old and sick and of no further use to him. It was expensive to feed the bull that could no longer serve him. The ungrateful farmer had wrapped the bull in straw and set fire to it. It is the effects of this evil karma or action of the farmer that had resulted in his death by fire. For it was this same reason that farmer who had now been reborn as a crow.

#### Story 2

A captain, his wife and his men were at sea when the boat stalled. At that time the people were quite superstitious. When they were unable to start the boat it was decided that the cause was one of the passengers. In other words, one of them was the cause of the bad luck. They decided that all the people on the boat would draw straws and that the person with the shortest straw would be thrown overboard as a sacrifice. When they drew straws the shortest straw was drawn by the captain's wife. The dismayed captain held a second draw. When she again pulled the shortest straw the captain sadly commanded his men to throw her overboard. A heavy sack of sand was tied round her neck and she was thrown into the sea where she drowned.

The Buddha saw that the captain's wife had been a young lady. A certain stray dog had taken a liking to her and followed her around all the time, so much so that the villagers started to tease her about it. She tried unsuccessfully to stop the dog from following her, and finally when she could bear the teasing no more, tied a bag of sand around its neck and drowned it in the river. She did not know it at the time, but in a previous birth, the dog had been her husband, which was the reason it was fond of her. It was the effects of this evil karma or action that resulted in her death at sea by drowning.

#### Story 3

Five monks lived in a cave and spent their time in meditation. They usually came to the village for the meals, but there came a time when they were not seen by the villagers for a few days. Afraid that the monks had come to some harm, the villagers went to the cave to find that a rock slide had blocked the entrance. After digging and moving the fallen rocks, they finally managed to save the monks who were very weak, as they had been without food or



water for many days.

The Buddha saw that in a previous birth, the five monks were goatherds. They had been up in the mountains tending their goats when they had spotted a lizard in the crevice of a rock. In play, the goatherds decided to block the lizard's entrance by placing a big rock over the crevice. They then forgot about the lizard and continued their work. It was only a few days later that they remembered what they had done. They quickly took the rock out to let the weak, starving lizard slowly crawl out. It was the effects of this evil kamma, or action, of the goatherds that resulted in their discomfort and pain by the rock-fall in the cave.



## Spiritual Nectar

By: Ashok Jain (compiled from internet)

“As you love your own body, so regard everyone as equal to your own body. When the Supreme Experience supervenes, everyone’s service is revealed as one’s own service. Call it a bird, an insect, an animal or a man, call it by any name you please, one serves one’s own Self in every one of them.” - Sri Anandamayi Ma

“Egoless work is full of beauty, for it is not prompted by a desire for self-gratification. So long as the knots that constitute the ego are not unravelled, even though you intend to act impersonally, you will get hurt, and this will produce a change in the expression of your eyes and face, and be apparent in your whole manner.” - Sri Anandamayi Ma

“The universe is not for man alone, but is a theater of evolution for all living beings. Live and let live is its guiding principle. Ahimsa Parmo Dharmah- Non-injury is the highest religion” -- Virchand Raghavji Gandhi

“It is a friend's duty that he does not leave his friend in a difficult position but provide intimacy and support to him. In difficulty one who leaves is a false and the one not quitting is a true friend.” — Acharya Mahapragya

“The nights that have departed will never return. They have been wasted by those given to *adharma* (unrighteousness). The nights that have departed will never return. They are profitable for one who is given to *dharma* (righteousness).” -- Mahavira

“Those who are ignorant of the supreme purpose of life will never be able to attain nirvana (liberation) in spite of their observance of the vratas (vows) and niymas (rules) of religious conduct and practice of shila (celibacy) and tapas (penance).” -- Mahavira

“To kill any living being amounts to killing one self. Compassion to others is compassion to one's own self. Therefore one should avoid violence like poison and thorn (that cause pain).” -- Mahavira.

“Don't be proud if you gain. Nor be sorry if you lose.” – Mahavira

“You only lose what you cling to.” — Gautama Buddha

“You will not be punished for your anger; you will be punished by your anger.” – Buddha

“The secret of health for both mind and body is not to mourn for the past, nor to worry about



the future, but to live the present moment wisely and earnestly.” — Gautama Buddha

“Resolve to be tender with the young, compassionate with the aged, sympathetic with the striving and tolerant with the weak and wrong. Sometime in your life, you will have been all of these.” — Gautama Buddha

“Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned.” — Gautama Buddha



# साई सत्चारित्र जीवन में



## साई सत्चरित्र जीवन में : एक नया प्रयास, आपकी अपनी मैगज़ीन “समर्पण” द्वारा!

मेरे प्यारे भाइयों और बहनों, समर्पण के द्वारा हम साई-सत्चरित्र के किसी भी एक अध्याय को छापेंगे और हम आप सभी के विचार आमंत्रित करेंगे. आप हमें ये बता सकते हैं कि इस अध्याय से आपको क्या शिक्षा मिली और अगर आपका कोई अनोखा दृष्टिकोण है जो आप बांटना चाहते हैं तो आप हमें जरूर लिखें. हम सभी अच्छे लेख/विचारों को अप्रैल 2014 के संस्करण में छापेंगे. आप हिंदी या इंग्लिश में अपने लेख/विचार भेज सकते हैं. इस बार हमने पहला अध्याय रखा है, आप सबके लिए, इसे पढ़ें और हमें लिखें. भगवन बाबा आप पर अपनी कृपा बनाये रखें. ॐ साई राम!

### अध्याय 1 - गेहूँ पीसने वाला एक अद्भुत सन्त वन्दना-गेहूँ पीसने की कथा तथा उसका तात्पर्य ।

पुरातन पद्धति के अनुसार श्री हेमाडपंत श्री साई सत्चरित्र का आरम्भ वन्दना करते हैं ।

1. प्रथम श्री गणेश को साष्टांग नमन करते हैं, जो कार्य को निर्विध समाप्त कर उस को यशस्वी बनाते हैं कि साई ही गणपति हैं ।
2. फिर भगवती सरस्वती को, जिन्होंने काव्य रचने की प्रेरणा दी और कहते हैं कि साई भगवती से भिन्न नहीं हैं, जो कि स्वयं ही अपना जीवन संगीत बयान कर रहे हैं ।
3. फिर ब्रह्मा, विष्णु, और महेश को, जो क्रमशः उत्पत्ति, स्थिति और संहारकर्ता हैं और कहते हैं कि श्री साई और वे अभिन्न हैं । वे स्वयं ही गुरु बनकर भवसहगर से पार उतार देंगे ।
4. फिर अपने कुलदेवता श्री नारायण आदिनाथ की वन्दना करते हैं । जो कि कोकण में प्रगट हुए । कोकण वह भूमि है, जिसे श्री परशुरामजी ने समुद्र से निकालकर स्थापित किया था । तत्पश्चात् वे अपने कुल के आदिपुरुषों को नमन करते हैं ।
5. फिर श्री भारद्वाज मुनि को, जिनके गोत्र में उनका जन्म हुआ । पश्चात् उन ऋषियों को जैसे-याज्ञवल्क्य, भृगु, पाराशर, नारद, वेदव्यास, सनक-सनंदन,



सनत्कुमार, शुक, शौनक, विश्वामित्र, वसिष्ठ, वाल्मीकि, वामदेव, जैमिनी, वैशंपायन, नव योगींद, इत्यादि तथा आधुनिक सन्त जैसे-निवृत्ति, ज्ञानदेव, सोपान, मुक्ताबाई, जनार्दन, एकनाथ, नामदेव, तुकाराम, कान्हा, नरहरि आदि को नमन करते हैं ।

6. फिर अपने पितामह सदाशिव, पिता रघुनाथ और माता को, जो उनके बचपन में ही गत हो गई थीं । फिर अपनी चाची को, जिन्होंने उनका भरण-पोषण किया और अपने प्रिय ज्येष्ठ भ्राता को नमन करते हैं ।
7. फिर पाठकों को नमन करते हैं, जिनसे उनकी प्रार्थना है कि वे एकाग्रचित होकर कथामृत का पान करें ।
8. अन्त में श्री सच्चिदानंद सद्गुरु श्री साईनाथ महाराज को, जो कि श्री दत्तात्रेय के अवतार और उनके आश्रयदाता हैं और जो ब्रह्म सत्यं जगन्निमथ्या का बोध कराकर समस्त प्राणियों में एक ही ब्रह्म की व्याप्ति की अनुभूति कराते हैं ।

श्री पाराशर, व्यास, और शांडिल्य आदि के समान भक्ति के प्रकारों का संक्षेप में वर्णन कर अब ग्रंथकार महोदय निम्नलिखित कथा प्रारम्भ करते हैं ।

### गेहूँ पीसने की कथा

सन् 1910 में मैं एक दिन प्रातःकाल श्री साई बाबा के दर्शनार्थ मसजिद में गया । वहाँ का विचित्र दृश्य देख मेरे आश्चर्य का ठिकाना न रहा कि साई बाबा मुँह हाथ धोने के पश्चात चक्की पीसने की तैयारी करने लगे । उन्होंने फर्श पर एक टाट का टुकड़ा बिछा, उस पर हाथ से पीसने वाली चक्की में गेहूँ डालकर उन्हें पीसना आरम्भ कर दिया । मैं सोचने लगा कि बाबा को चक्की पीसने से क्या लाभ है । उनके पास तो कोई है भी नहीं और अपना निर्वाह भी भिक्षावृत्ति द्वारा ही करते हैं । इस घटना के समय वहाँ उपस्थित अन्य व्यक्तियों की भी ऐसी ही धोरणा थी । परंतु उनसे पूछने का साहस किसे था । बाबा के चक्की पीसने का समाचार शीघ्र ही सारे गाँव में फैल गया और उनकी यह विचित्र लीला देखने के हेतु तत्काल ही नर-नारियों की भीड़ मसजिद की ओर दौड़ पड़ी ।

उनमें से चार निडर स्त्रियाँ भीड़ को चीरता हुई ऊपर आई और बाबा को बलपूर्वक वहाँ से हटाकर हाथ से चक्की का खूँटा छीनकर तथा उनकी लीलाओं का





गायन करते हुये उन्होंने गेहूँ पीसना प्रारम्भ कर दिया ।

पहिले तो बाबा क्रोधित हुए, परन्तु फिर उनका भक्ति भाल देखकर वे शान्त होकर मुस्कराने लगे । पीसते-पीसते उन सित्रियों के मन में ऐसा विचार आया कि बाबा के न तो घरदार है और न इनके कोई बाल-बच्चे हैं तथा न कोई देखरेख करने वाला ही है । वे स्वयं भिक्षावृत्ति द्वारा ही निर्वाह करते हैं, अतः उन्हें भोजनादि के लिये आटे की आवश्यकता ही क्या है । बाबा तो परम दयालु हैं । हो सकता है कि यह आटा वे हम सब लोगों में ही वितरण कर दें । इन्हीं विचारों में मगन रहकर गीत गाते-गाते ही उन्होंने सारा आटा पीस डाला । तब उन्होंने चक्की को हटाकर आटे को चार समान भागों में विभक्त कर लिया और अपना-अपना भाग लेकर वहाँ से जाने को उद्यत हुई । अभी तक शान्त मुद्रा में निमग्न बाब तत्क्षण ही क्रोधित हो उठे और उन्हें अपशब्द कहने लगे- सित्रियों क्या तुम पागल हो गई हो । तुम किसके बाप का माल हड़पकर ले जा रही हो । क्या कोई कर्जदार का माल है, जो इतनी आसानी से उठाकर लिये जा रही हो । अच्छा, अब एक कार्य करो कि इस अटे को ले जाकर गाँव की मेंड़ (सीमा) पर बिखेर आओ ।

मैंने शिरडीवासियों से प्रश्न किया कि जो कुछ बाबा ने अभी किया है, उसका यथार्थ में क्या तात्पर्य है । उन्होने मुझे बतलाया कि गाँव में विषूचिका (हैजा) का जोरो से प्रकोप है और उसके निवारणार्थ ही बाबा का यह उपचार है । अभी जो कुछ आपने पीसते देखा था, वह गेहूँ नहीं, वरन विषूचिका (हैजा) थी, जो पीसकर नष्ट-भ्रष्ट कर दी गई है । इस घटना के पश्चात सचमुच विषूचिका की संक्रामकता शांत हो गई और ग्रामवासी सुखी हो गये ।

यह जानकर मेरी प्रसन्नता का पारावार न रहा । मेरा कौतूहल जागृत हो गया । मैं स्वयं से प्रश्न करने लगा कि आटे और विषूचिका (हैजा) रोग का भौतिक तथा पारस्परिक क्या सम्बंध है । इसका सूत्र कैसे ज्ञात हो । घटना बुदिगम्य सी प्रतीत नहीं होती । अपने हृत्तय की सन्तुष्टि के हेतु इस मधुर लीला का मुझे चार शब्दों में महत्व अवश्य प्रकट करना चाहिये । लीला पर चिन्तन करते हुये मेरा हृदय प्रफुलित हो उठा और इस प्रकार बाब का जीवन-चरित्र लिखने के लिये मुझे प्रेरणा मिली । यह तो सब लोगों को



विदित ही है कि यह कार्य बाबा की कृपा और शुभ आशीर्वाद से सफलतापूर्वक सम्पन्न हो गया ।

### आटा पीसने का तात्पर्य

शिरडीवासियों ने इस आटा पीसने की घटना का जो अर्थ लगाया, वह तो प्रायः ठीक ही है, परन्तु उसके अतिरिक्त मेरे विचार से कोई अन्य भी अर्थ है । बाब शिरडी में 60 वर्षों तक रहे और इस दीर्घ काल में उन्होंने आटा पीसने का कार्य प्रायः प्रतिदिन ही किया । पीसने का अभिप्राय गेहूँ से नहीं, वरन् अपने भक्तों के पापो, दुर्भाग्यों, मानसिक तथा शाश्वरिक तापों से था । उनकी चक्की के दो पाटों में ऊपर का पाट भक्ति तथा नीचे का कर्म था । चक्की का मुठिया जिससे कि वे पीसते थे, वह था ज्ञान । बाबा का दृढ़ विश्वास था कि जब तक मनुष्य के हृदय से प्रवृत्तियाँ, आसक्ति, घृणा तथा अहंकार नष्ट नहीं हो जाते, जिनका नष्ट होना अत्यन्त दुष्कर है, तब तक ज्ञान तथा आत्मानुभूति संभव नहीं हैं ।

यह घटना कबीरदास जी की उसके तदनरूप घटना की स्मृति दिलाती है । कबीरदास जी एक स्त्री को अनाज पीसते देखकर अपने गुरु निपतिनिरंजन से कहने लगे कि मैं इसलिये रुदन कर रहा हूँ कि जिस प्रकार अनाज चक्की में पीसा जाता है, उसी प्रकार मैं भी भवसागर रूपी चक्की में पीसे जाने की यातना का अनुभव कर रहा हूँ । उनके गुरु ने उत्तर दिया कि घबड़ाओ नहीं, चक्की के केन्द्र में जो ज्ञान रूपी दंड है, उसी को दृढ़ता से पकड़ लो, जिस प्रकार तुम मुझे करते देख रहे हो ष उससे दूर मत जाओ, बस, केन्द्र की ओप ही अग्रसर होते जाओ और तब यह निश्चित है कि तुम इस भवसागर रूपी चक्की से अवश्य ही बच जाओगे ।

॥ श्री सद्गुरु साईनाथार्पणमस्तु । शुभं भवतु ॥



## Articles are invited

Articles are invited for publication in April-2014 edition of Samarpan e-magazine. Please send your articles before 5<sup>th</sup> March, 2014.

Please follow below guidelines for submitting your articles for next edition of SAMARPAN.

1. Please give a suitable title and write your name or the name of the author (if you are not the author).
2. Please keep your articles in the range of 150 to 1500 words. Please provide enough details in your article about your experience.
3. Please do not type sentences all in capital (upper case).
4. Please do not use short forms (SMS style of writing)
  - Write “you” and not “u”
  - Write “because” and not “becoz”
  - Write “and” and not “n”
  - Please use full stop “.” and not “....”
5. Please write complete sentences in your article.
6. Please keep in mind following while writing “Sai Baba” in your article.
  - Sai Baba
  - Saibaba
  - Sai-Baba
  - ~~sai baba~~
  - ~~SAIBABA~~
  - ~~SAI BABA~~
7. Please do spell-check before you submit the article and correct all spelling mistakes.



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Please contact us at [mag@spiritualindia.org](mailto:mag@spiritualindia.org) if you have any questions.



## 11 promises of Shirdi Sai Baba

Whoever puts his feet on Shirdi soil, his sufferings would come to an end.

The wretched and miserable would rise into plenty of joy and happiness, as soon as they climb the steps of my Mosque.

I shall be ever active and vigorous even after leaving this earthly body.

My tomb shall bless and look to the needs of my devotees.

I shall be active and vigorous even from my tomb.

My mortal remains would speak from my tomb.

I am ever living to help and guide all, who come to me, who surrender to me and who seek refuge in me.

If you look at me I look at you.

If you cast your burden on me, I shall surely bear it.

If you seek my advice and help, it shall be given to you at once.

There shall be no want in the house of my devotees.

